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› Roscoe Thera-Med King Dual Moist Dry Heating Therapy Pad Instruction Manual

Roscoe Medical BAL1224

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Model: BAL1224

INTRODUCTION

Thank you for choosing the Roscoe Thera-Med King Dual Moist Dry Heating Therapy Pad. This manual provides important information for the safe and effective use of your heating pad. Please read all instructions carefully before use and retain this manual for future reference.

The Thera-Med professional dual moist-dry heating pad offers dual mode (moist/dry) heat options for optimal therapy. Its four heat settings allow you to control your own therapy with a simple press of a button. The moist heat option provides deep penetrating relief from sore, stiff muscles, while the dry option provides a comforting warm treatment. The unique pad design delivers a consistent therapeutic heat in the recommended range and eliminates any spikes to maintain an even comfortable level at all times. For added safety, the auto shut-off feature turns the pad off after 40 minutes of use. The removable ultra-soft cover is machine washable.

SAFETY INFORMATION

WARNING: To reduce the risk of burns, electric shock, fire, and injury, this product must be used in accordance with the following instructions:

- Always unplug the heating pad when not in use.
- Keep the pad away from open flames and heat sources.
- Do not use the pad if the cord is damaged.
- Always follow the manufacturer's instructions for use and care.
- Keep the pad out of reach of children and pets.
- Consult a doctor before use if you are pregnant, have a heart condition, or any other medical condition.
- Do not use the pad while sleeping or taking medication that causes drowsiness.
- Do not use on infants, invalids, or a sleeping or unconscious person.
- Do not use on sensitive skin areas or in the presence of poor circulation.
- Never use pins or other metallic fasteners with this appliance.
- Never pull this pad by the supply cord.

- Do not use this pad with liniment, salve, or ointment preparations that contain heat-producing ingredients, as skin burns could result.
- Do not fold, sit on, or crush the pad during use.
- Do not use this pad in an oxygen-enriched environment or near equipment that stores or emits oxygen.

INDICATIONS FOR USE

The Roscoe Thera-Med King Dual Moist Dry Heating Therapy Pad is intended for temporary relief of minor aches and pains associated with:

- Muscle aches
- Joint stiffness
- Menstrual cramps
- General pain relief

SETUP AND PREPARATION

1. **Unpack the Heating Pad:** Carefully remove the heating pad, controller, and ultra-soft cover from the packaging. Inspect all components for any signs of damage. Do not use if damaged.
2. **Attach the Cover:** Place the ultra-soft machine washable cover over the heating pad. Ensure it is securely fitted.
3. **Connect to Power:** Plug the heating pad's cord into a standard 120V AC electrical outlet. Ensure the connection is firm.
4. **For Moist Heat Therapy:**
 - Locate the sponge insert (if provided, or use a damp cloth).
 - Lightly dampen the sponge with water. Do not soak.
 - Insert the damp sponge into the designated pocket within the heating pad cover, or place it directly on the pad before applying the cover. Ensure no excess water is present.
5. **For Dry Heat Therapy:** No special preparation is needed. Ensure the sponge insert is removed or dry if you intend to use dry heat.



Image: The Roscoe Thera-Med King Dual Moist Dry Heating Therapy Pad, showing the pad, controller, and a blue sponge insert. The pad is light blue with a white cover, and the controller is white with a simple switch and LED indicators.

OPERATING INSTRUCTIONS

1. **Power On:** After plugging in the pad, use the ergonomically designed hand controller to turn on the device. The controller features a simple one-button operation.
2. **Select Heat Setting:** Press the button on the controller to cycle through the four available heat settings:

- **Warm**
- **Low**
- **Medium**
- **High**

The color-coded LED indicator on the controller will illuminate to show the currently selected heat level.

3. **Apply to Area:** Position the heating pad on the desired area of the body. Ensure the pad is flat and not folded or bunched up.
4. **Automatic Shut-Off:** For safety, the heating pad is equipped with an automatic shut-off feature that will turn the pad off after approximately 40 minutes of continuous use. If further therapy is desired, simply turn the pad back on and select your preferred heat setting.
5. **Power Off:** To turn off the heating pad, cycle through the heat settings until the LED indicator is off, or simply unplug the unit from the electrical outlet.



Image: A woman is shown lying on her side, with the Roscoe Thera-Med heating pad placed on her lower back. She is holding the white controller in her hand, demonstrating typical use.

MAINTENANCE AND CARE

- **Cleaning the Cover:** The ultra-soft cover is machine washable. Remove the cover from the heating pad before washing. Wash on a gentle cycle with cold water. Tumble dry on low heat or air dry. Do not bleach or iron.
- **Cleaning the Pad:** The heating pad itself should not be submerged in water. If cleaning is necessary, wipe the surface with a damp cloth and mild detergent. Ensure the pad is completely dry before reattaching the cover or storing.
- **Storage:** When not in use, store the heating pad in a cool, dry place. Avoid folding the pad tightly or placing heavy objects on it, which could damage the internal heating elements.
- **Cord Care:** Regularly inspect the power cord for any signs of damage, fraying, or exposed wires. If any damage is found, discontinue use immediately and contact customer support.

TROUBLESHOOTING

- **Pad not heating:**
 - Ensure the power cord is securely plugged into a working electrical outlet.
 - Check if the controller is turned on and a heat setting is selected (LED indicator should be lit).
 - The auto shut-off feature may have activated. Turn the pad off and then back on.
- **Pad feels too hot or not hot enough:**
 - Adjust the heat setting using the controller.
 - Ensure the pad is not folded or bunched, which can concentrate heat.
 - For moist heat, ensure the sponge is adequately damp, not overly wet or dry.
- **LED indicator not lighting up:**
 - Verify the pad is plugged in and receiving power.
 - If the pad is not heating and the LED is off, the unit may be faulty. Discontinue use.

If you experience any issues not covered here, or if troubleshooting steps do not resolve the problem, please contact Roscoe Medical customer support for assistance.

SPECIFICATIONS

- **Model Number:** BAL1224
- **Product Dimensions:** 12 x 7 x 3 inches (approximate)
- **Item Weight:** 1.6 Pounds
- **Material:** Sponge, Polyester
- **Special Features:** Automatic Shut Off, Dual Moist/Dry Heat
- **Heat Settings:** Warm, Low, Medium, High
- **Auto Shut-Off:** 40 minutes
- **Cord Length:** 8-foot extra long cord
- **Power:** Standard 120V AC

WARRANTY AND SUPPORT

For warranty information or technical support, please contact Roscoe Medical directly. Keep your purchase receipt as proof of purchase for any warranty claims.

Manufacturer: Balego (for Roscoe Medical)

Please visit the official Roscoe Medical website or contact their customer service for the most up-to-date support information.

LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is intended for temporary relief of minor aches and pains. Consult a healthcare professional for persistent or severe pain.

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