

Jalie 3355

Jalie Sewing Pattern 3355: Sweatshirt, Hoodie & Sweat Pants Instruction Manual

Your guide to creating comfortable and stylish garments for the entire family.

1. INTRODUCTION

This manual provides instructions for utilizing Jalie Sewing Pattern 3355, designed for creating a variety of comfortable garments including sweatshirts, hoodies, and sweat pants. This pattern is suitable for individuals of all ages, encompassing kids, teenagers, men, and women, with a comprehensive range of 27 sizes. Adherence to these instructions will facilitate the successful completion of your sewing project.

2. PATTERN OVERVIEW

Jalie Pattern 3355 offers versatile designs for three distinct garment types:

- **Sweatshirt:** A classic crew-neck design, ideal for everyday wear.
- **Hoodie:** Features a hood and optional front pocket, providing additional warmth and style.
- **Sweat Pants:** Comfortable pull-on pants with an elastic waistband, suitable for lounging or active use.

The pattern includes pieces and instructions for all 27 sizes, ensuring a fit for various body types within the specified age groups.



Figure 1: Jalie Sewing Pattern 3355 packaging. This image displays the front of the pattern envelope, illustrating the various garment styles that can be created with this pattern, including a sweatshirt, a hoodie, and sweat pants. It also indicates the brand 'Jalie' and the pattern number '3355'.

3. MATERIALS REQUIRED

Before beginning your project, ensure you have the following materials:

- **Fabric:** Appropriate knit fabrics such as fleece, sweatshirt fleece, French terry, or interlock knit. Refer to the pattern envelope for specific yardage requirements based on garment type and size.
- **Ribbing:** For cuffs, neckbands, and waistbands, if not using self-fabric.
- **Thread:** All-purpose polyester thread matching your fabric color.
- **Elastic:** For sweat pants waistband (width and length specified in pattern).
- **Drawstring/Cord:** Optional, for hoodies or sweat pants.
- **Eyelets/Grommets:** Optional, for drawstring openings.
- **Sewing Machine:** Equipped with a ballpoint or stretch needle.
- **Basic Sewing Supplies:** Fabric scissors, pins, measuring tape, seam ripper, iron, pressing cloth, and marking tools.

4. SIZING AND ADJUSTMENTS

Accurate sizing is crucial for a well-fitting garment. Jalie patterns are known for their extensive size range. Follow

these steps:

1. **Take Measurements:** Measure the intended wearer's chest, waist, and hip circumference. For sweat pants, also measure inseam.
2. **Consult Size Chart:** Compare measurements to the size chart provided within the pattern instructions. Select the size that most closely matches the wearer's measurements. If between sizes, consider blending sizes or choosing the larger size for a looser fit.
3. **Pattern Adjustments:** If necessary, make adjustments to the pattern pieces for length or width before cutting. Instructions for common adjustments are typically included in the pattern guide.

5. CUTTING INSTRUCTIONS

Proper fabric preparation and cutting are essential for successful garment construction.

1. **Pre-wash Fabric:** Wash and dry your fabric according to its care instructions to pre-shrink it.
2. **Press Fabric:** Iron the fabric smoothly to remove wrinkles.
3. **Lay Out Pattern Pieces:** Refer to the cutting layout diagrams in the pattern instructions. These diagrams show how to arrange pattern pieces efficiently on your fabric, respecting the grainline and nap (if applicable).
4. **Pin and Cut:** Securely pin pattern pieces to the fabric. Cut accurately along the designated lines. Transfer all pattern markings (notches, dots, etc.) to your fabric using chalk or fabric markers.

6. SEWING INSTRUCTIONS

This section provides a general overview of the assembly process. Always refer to the detailed, step-by-step instructions provided with your Jalie Pattern 3355 for precise guidance.

6.1. Sweatshirt Assembly

1. Sew shoulder seams.
2. Attach sleeves to armholes.
3. Sew side seams and underarm seams in one continuous step.
4. Prepare and attach neckband.
5. Prepare and attach cuffs to sleeves.
6. Hem the bottom edge.

6.2. Hoodie Assembly

1. Follow steps 1-3 for sweatshirt assembly.
2. Construct the hood pieces and attach them to the neckline.
3. If applicable, construct and attach the front pocket.
4. Prepare and attach cuffs to sleeves.

5. Hem the bottom edge.
6. Insert drawstring into hood casing (if desired).

6.3. Sweat Pants Assembly

1. Sew front and back crotch seams.
2. Sew inseam.
3. Sew side seams.
4. Create casing for elastic waistband and insert elastic.
5. Hem leg openings or attach ribbing cuffs.
6. Insert drawstring (if desired).

7. CARE AND MAINTENANCE

To ensure the longevity of your handmade garments, follow these general care instructions. Always refer to the care instructions of your specific fabric for best results.

- **Washing:** Machine wash cold with like colors. Use a gentle cycle.
- **Drying:** Tumble dry low or lay flat to dry to prevent shrinking and maintain fabric integrity.
- **Ironing:** Iron on a low setting if necessary, avoiding direct heat on any embellishments or elastic.
- **Bleaching:** Do not bleach.

8. TROUBLESHOOTING

Encountering issues during sewing is common. Here are some general tips:

- **Poor Stitch Quality:** Check your sewing machine's tension settings, ensure the needle is new and appropriate for knit fabric (ballpoint/stretch), and re-thread the machine.
- **Fabric Stretching/Wavy Seams:** Use a walking foot or differential feed on a serger. Avoid pulling the fabric while sewing.
- **Garment Fit Issues:** Double-check your measurements against the pattern's size chart. Consider making a muslin (test garment) from inexpensive fabric before cutting into your final fabric.
- **Difficulty with Ribbing:** Ensure ribbing is cut correctly and stretched evenly when attaching to the garment.

9. SPECIFICATIONS

- **Brand:** Jalie

- **Pattern Number:** 3355
- **Garment Types:** Sweatshirt, Hoodie, Sweat Pants
- **Sizes Included:** 27 sizes
- **Target Audience:** Kids, Teenagers, Men, Women
- **Recommended Fabric:** Knit fabrics (e.g., fleece, French terry, interlock knit)

10. WARRANTY AND SUPPORT

Jalie patterns are designed with precision and care. If you encounter any issues or have questions regarding Jalie Sewing Pattern 3355, please refer to the contact information provided on the pattern envelope or visit the official Jalie website for support resources. While specific warranty details for sewing patterns are not typically provided, Jalie aims to ensure customer satisfaction with their products.

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