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Cefar 2385526

Cefar Peristim Pro Electrostimulator User Manual

Model: 2385526

INTRODUCTION

This manual provides comprehensive instructions for the safe and effective use of the Cefar Peristim Pro electrostimulator. Please read this manual thoroughly before operating the device and retain it for future reference.



Figure 1: Cefar Peristim Pro Electrostimulator. This image shows the compact, handheld device with a green and white casing, a digital display, and control buttons for program selection and intensity adjustment.

IMPORTANT SAFETY INFORMATION

Always consult with a healthcare professional before starting any electrostimulation therapy. Do not use this device if you have a pacemaker, are pregnant, or have any heart conditions. Keep out of reach of children.

- Do not immerse the device in water.
- Use only Cefar-approved electrodes and accessories.
- Discontinue use immediately if you experience discomfort or adverse reactions.

SETUP

1. Unpacking and Inspection

Carefully remove all components from the packaging. Verify that all items listed in the packing list are present and undamaged. If any items are missing or damaged, contact your supplier immediately.

2. Battery Installation

1. Locate the battery compartment on the back of the device.
2. Slide the battery cover open.
3. Insert the specified batteries (e.g., 2x AA batteries) according to the polarity indicators (+/-).
4. Close the battery cover securely.

3. Electrode Connection

1. Ensure the device is turned off.
2. Connect the electrode cables to the output ports on the top of the device.
3. Attach the self-adhesive electrodes to the ends of the cables.
4. Clean and dry the skin area where electrodes will be placed.
5. Apply electrodes firmly to the skin, ensuring full contact.

OPERATING INSTRUCTIONS

1. Power On/Off

Press and hold the **Power** button (often marked with 'I/O' or a circle with a vertical line) to turn the device on or off. The display will illuminate upon power-on.

2. Program Selection

Use the **Program** button (often marked 'P') to cycle through available programs. The selected program number (e.g., P1, P2, P3) will be shown on the display.

3. Intensity Adjustment

Once a program is selected, use the **Up** ('▲') and **Down** ('▼') arrow buttons to increase or decrease the stimulation intensity. Adjust the intensity gradually until a comfortable, yet effective, sensation is felt.

4. Session Duration

The device typically has a pre-set session duration for each program. The remaining time may be displayed on the screen. The device will automatically turn off or signal the end of the session when complete.

MAINTENANCE

1. Cleaning the Device

Wipe the device surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water. Ensure the device is dry before storage.

2. Electrode Care

After each use, re-attach the electrodes to their protective film. Store them in a cool, dry place. Replace electrodes when they lose their adhesiveness or show signs of wear.

3. Battery Replacement

Replace batteries when the low battery indicator appears on the display or when the device fails to power on. Dispose of

used batteries according to local regulations.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Dead or incorrectly inserted batteries.	Check battery polarity; replace batteries.
No sensation or weak sensation.	Electrodes not properly attached; low intensity setting; worn-out electrodes.	Ensure full electrode contact; increase intensity gradually; replace electrodes.
Skin irritation.	Poor electrode contact; allergic reaction to electrodes; skin not clean.	Re-position electrodes; try hypoallergenic electrodes; clean skin thoroughly before use. Consult a doctor if irritation persists.

SPECIFICATIONS

Model: Cefar Peristim Pro (Model Number: 2385526)

Brand: Cefar

Units: 1.0 unit

ASIN: B01M3SAVDP

Manufacturer: cefar

First Available Date: October 20, 2016

Power Source: Battery operated (specifics not provided, assuming common type like AA/AAA)

Output Channels: Typically 1 or 2 (not specified, common for such devices)

Programs: Multiple pre-set programs (specific number not provided)

WARRANTY AND SUPPORT

For warranty information and technical support, please refer to the documentation provided with your purchase or contact Cefar customer service. Keep your proof of purchase for warranty claims.

Contact information for Cefar can typically be found on their official website or on the product packaging.

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