Beurer 163387

Beurer XL Cuff Instruction Manual

Model: 163387

1. Introduction

This instruction manual provides essential information for the proper use and maintenance of your Beurer XL Cuff. Please read these instructions carefully before first use and keep them for future reference. This cuff is designed as an accessory for specific Beurer blood pressure monitors.

2. Product Overview

The Beurer XL Cuff is an accessory designed to provide accurate blood pressure measurements for individuals with an upper arm circumference between 35 and 44 cm. It connects to compatible Beurer blood pressure monitors to facilitate the measurement process.



Image: The Beurer XL Cuff, a grey fabric cuff with a blue band and air tube, designed for upper arm blood pressure measurement.

3. Compatibility

The Beurer XL Cuff is specifically designed for use with the following Beurer blood pressure monitor models:

- Beurer BM 45
- Beurer BM 49
- Beurer BM 55
- Beurer BM 75
- Beurer BM 85



Image: An example of a compatible Beurer blood pressure monitor, displaying a digital reading.

4. Setup

Before taking a measurement, ensure the cuff is correctly connected to your Beurer blood pressure monitor.

1. **Unpack the Cuff:** Carefully remove the XL cuff from its packaging.
2. **Connect the Air Tube:** Locate the air tube connector on your Beurer blood pressure monitor. Insert the air tube from the XL cuff firmly into this connector until it clicks into place. Ensure a secure connection to prevent air leakage during measurement.
3. **Inspect the Cuff:** Before each use, visually inspect the cuff for any signs of damage, such as cracks in the tubing or tears in the fabric. Do not use a damaged cuff.

5. Operating Instructions (Cuff Placement)

Correct cuff placement is crucial for accurate blood pressure readings. Follow these steps for proper application:

1. **Prepare for Measurement:** Sit comfortably with your back supported and your feet flat on the floor. Rest your arm on a table so that the cuff will be at heart level. Avoid talking or moving during the measurement.
2. **Position the Cuff:** Slide the cuff onto your bare upper arm. The lower edge of the cuff should be approximately 2-3

cm (0.8-1.2 inches) above your elbow joint. The air tube should run down the center of your arm, aligned with your middle finger.

3. **Secure the Cuff:** Wrap the cuff snugly around your upper arm. The hook-and-loop fastener should be secure but not overly tight. You should be able to fit two fingers comfortably between the cuff and your arm.
4. **Align the Artery Mark:** Ensure the artery mark (usually an arrow or circle on the cuff) is positioned over your brachial artery, which is typically on the inside of your arm.
5. **Start Measurement:** Once the cuff is correctly positioned, follow the instructions for your specific Beurer blood pressure monitor to begin the measurement process.

6. Maintenance and Care

Proper maintenance ensures the longevity and accuracy of your Beurer XL Cuff.

- **Cleaning:** To clean the cuff, gently wipe the surface with a soft, slightly damp cloth. Do not wash the cuff in a washing machine or immerse it in water. Do not use abrasive cleaners or solvents.
- **Storage:** Store the cuff in a clean, dry place at room temperature. Avoid direct sunlight, extreme temperatures, and high humidity. Do not fold the air tube sharply or place heavy objects on the cuff, as this can damage the tubing.
- **Disinfection:** If disinfection is required, consult your blood pressure monitor's manual or contact Beurer customer service for appropriate methods.

7. Troubleshooting

If you encounter issues with your Beurer XL Cuff, consider the following common problems and solutions:

- **Cuff Not Inflating:**
  - Ensure the air tube is securely connected to the blood pressure monitor.
  - Check the air tube for any kinks, twists, or damage. Straighten or replace if necessary.
  - Verify that the cuff is properly wrapped around the arm and the hook-and-loop fastener is secure.
- **Inaccurate Readings:**
  - Ensure the cuff size is appropriate for your arm circumference (35-44 cm). An incorrect size can lead to inaccurate readings.
  - Verify correct cuff placement on the upper arm, 2-3 cm above the elbow, with the artery mark aligned.
  - Ensure you are relaxed and still during the measurement process.
  - Check if your blood pressure monitor is functioning correctly with another cuff (if available) or consult its specific troubleshooting guide.
- **Cuff Discomfort:**
  - Ensure the cuff is not applied too tightly. It should be snug but allow two fingers to fit underneath.
  - If discomfort persists, consult a healthcare professional.

For issues not listed here, please refer to your blood pressure monitor's instruction manual or contact Beurer customer support.

8. Specifications

Feature	Detail
Product Name	Beurer XL Cuff

Feature	Detail
Model Number	163387
Compatible Models	Beurer BM 45, BM 49, BM 55, BM 75, BM 85
Arm Circumference	35 - 44 cm (13.8 - 17.3 inches)
Material	Durable, Reusable fabric
Net Product Weight	Approx. 221 grams (0.49 lbs)
Package Dimensions	24.38 x 15.24 x 4.06 cm (9.6 x 6.0 x 1.6 inches)

9. Safety Information

- Always use the cuff as directed in this manual and your blood pressure monitor's manual.
- Do not attempt to repair or modify the cuff yourself. Contact authorized service personnel for repairs.
- Keep the cuff out of reach of children and pets.
- Do not use the cuff if it is damaged or shows signs of wear.
- Consult a healthcare professional for interpretation of blood pressure readings and before making any medical decisions.

10. Warranty and Support

For warranty information, technical support, or service inquiries regarding your Beurer XL Cuff, please refer to the warranty card included with your original blood pressure monitor or visit the official Beurer website. You may also contact Beurer customer service directly for assistance.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question