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› Russell Hobbs Health Blender - RHB400 User Manual

Russell Hobbs RHB400

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Model: RHB400

INTRODUCTION

Thank you for choosing the Russell Hobbs Health Blender RHB400. This versatile appliance is designed to simplify your kitchen tasks, functioning as a juicer, smoothie maker, and grinder. With its powerful motor and durable components, it allows for efficient preparation of various foods and beverages. Please read this manual thoroughly before first use to ensure safe operation and optimal performance.

IMPORTANT SAFETY INFORMATION

Always follow basic safety precautions when using electrical appliances to reduce the risk of fire, electric shock, and/or injury to persons.

- Read all instructions before using the appliance.
- Do not immerse the motor base in water or any other liquid.
- Ensure the appliance is unplugged from the power outlet when not in use, before assembling or disassembling parts, and before cleaning.
- Avoid contact with moving parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been dropped or damaged in any manner.
- The appliance features safety locks. Ensure all parts are correctly assembled and locked into place before operation.
- Do not use attachments not recommended or sold by the manufacturer.
- This appliance is for household use only.
- Keep hands and utensils out of the container while blending to prevent the possibility of severe injury to persons or damage to the blender.
- Never add hot liquids to the blender.

PRODUCT OVERVIEW

The Russell Hobbs Health Blender RHB400 comes with several components designed for various blending and grinding tasks.



Figure 1: Overview of the Russell Hobbs Health Blender RHB400 and its included accessories. This image displays the main motor unit, a large blending jar, multiple personal blending cups with different colored lids (red, yellow, green, blue), and a grinding attachment.

Components:

- **Motor Base:** The main unit housing the 400W motor and control dial.
- **Large Blending Jar:** For larger batches of smoothies, juices, or soups.
- **Personal Blending Cups (4):** Smaller jars with lids for individual servings, ideal for on-the-go.
- **Detachable Blade Assembly:** Universal blade for blending and juicing.
- **Grinding Attachment:** For grinding dry ingredients like spices or coffee beans.

- **Lids:** For sealing jars and cups.

Control Dial:

- **"0" (Off):** Turns the appliance off.
- **"P" (Pulse):** Provides short bursts of power for controlled blending or chopping.
- **"1" (Low Speed):** For softer ingredients or lighter blending tasks.
- **"2" (High Speed):** For harder ingredients or more intensive blending.



Figure 2: The main motor unit of the Russell Hobbs Health Blender with a personal blending cup securely attached. This view highlights the control dial with 'P' (Pulse), '0' (Off), '1' (Low Speed), and '2' (High Speed) settings, along with the Russell Hobbs logo.

SETUP

Before first use, unpack all components and wash all removable parts (jars, lids, blade assembly) in warm, soapy water. Rinse thoroughly and dry.

1. Place the motor base on a clean, dry, and stable surface.
2. Ensure the control dial is set to "0" (Off) before plugging in the appliance.
3. Prepare your ingredients. Cut larger fruits and vegetables into smaller pieces (approx. 1-inch cubes) to facilitate blending.
4. Attach the desired blade assembly to the bottom of the blending jar or personal cup by twisting it clockwise until secure.
5. Place the assembled jar/cup onto the motor base, aligning the tabs on the jar with the slots on the base. Twist clockwise until it locks securely into place. The safety lock mechanism will prevent operation if not properly secured.



Figure 3: The Russell Hobbs Health Blender assembled with the large blending jar. This configuration is suitable for preparing larger quantities of blended items.

OPERATING INSTRUCTIONS

Blending (Smoothies, Juices, Soups):

1. Add ingredients to the blending jar or personal cup. Do not exceed the MAX fill line. For best results, add liquids first, then soft ingredients, and finally harder ingredients or ice.
2. Securely attach the blade assembly to the jar/cup.
3. Place the assembled jar/cup onto the motor base and twist to lock.
4. Plug the appliance into a 220-volt power outlet.
5. Turn the control dial to the desired speed ("1" or "2") or use the "P" (Pulse) setting for short bursts.
6. Blend until desired consistency is achieved. Do not operate continuously for more than 1 minute to prevent overheating. Allow the motor to rest for 10-15 minutes between cycles if blending for extended periods.
7. Once blending is complete, turn the dial to "0" (Off) and unplug the appliance.
8. Remove the jar/cup from the motor base by twisting counter-clockwise. Carefully remove the blade assembly.

Grinding (Spices, Coffee Beans):

1. Use the dedicated grinding attachment for this function.
2. Add dry ingredients to the grinding cup. Do not overfill.
3. Securely attach the blade assembly to the grinding cup.
4. Place the assembled grinding cup onto the motor base and twist to lock.
5. Plug the appliance into a 220-volt power outlet.
6. Turn the control dial to "2" (High Speed) or use "P" (Pulse) for controlled grinding.
7. Grind until desired consistency is achieved. Monitor closely to avoid over-grinding.
8. Once grinding is complete, turn the dial to "0" (Off) and unplug the appliance.
9. Remove the grinding cup from the motor base and carefully remove the blade assembly.

MAINTENANCE AND CLEANING

Regular cleaning ensures the longevity and hygienic operation of your Russell Hobbs Health Blender.

1. Always unplug the appliance before cleaning.
2. **Motor Base:** Wipe the motor base with a damp cloth. Do not immerse the motor base in water or any other liquid.
3. **Jars, Cups, Lids, and Blade Assembly:** These parts are detachable for easy cleaning. Wash them in warm, soapy water immediately after use to prevent food from drying on. Rinse thoroughly and dry.
4. For stubborn residue, fill the jar/cup with warm water and a drop of dish soap, attach the blade assembly, and run the blender on "1" or "P" for a few seconds. Then rinse.
5. Store the appliance in a dry place.

TROUBLESHOOTING

If you encounter issues with your Russell Hobbs Health Blender, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Blender does not turn on.	<ul style="list-style-type: none"> Not plugged in. Jar/cup not properly locked onto the base (safety lock engaged). Control dial not set to a speed or pulse. Overheating protection activated. 	<ul style="list-style-type: none"> Ensure the power cord is securely plugged into a working outlet. Twist the jar/cup clockwise until it clicks into place. Turn the dial to "1", "2", or "P". Unplug and let the unit cool down for 15-20 minutes.
Ingredients are not blending smoothly.	<ul style="list-style-type: none"> Too little liquid. Overfilled jar/cup. Ingredients are too large or too hard. 	<ul style="list-style-type: none"> Add more liquid. Reduce the amount of ingredients. Cut ingredients into smaller pieces. Use the pulse function to break down larger chunks.
Loud noise or strange odor during operation.	<ul style="list-style-type: none"> Overloaded motor. Foreign object in the blade. 	<ul style="list-style-type: none"> Turn off, unplug, and reduce ingredients. Turn off, unplug, and check for any foreign objects. Do not attempt to remove objects while the unit is plugged in.

SPECIFICATIONS

- **Model:** RHB400
- **Brand:** Russell Hobbs
- **Power:** Max 400 W
- **Voltage:** 220 Volts
- **Number of Speeds:** 2 (plus Pulse)
- **Special Features:** Safety Lock, Detachable Blades, LED indicators
- **Included Components:** Motor Base, Large Blending Jar, 4 Personal Blending Cups, Blade Assembly, Grinding Attachment, Lids.
- **Weight:** Approximately 2 kg 840 g

WARRANTY AND SUPPORT

Russell Hobbs products are manufactured to strict quality standards. In the unlikely event of a defect arising within the warranty period, please contact Russell Hobbs customer service.

Please retain your purchase receipt as proof of purchase. This warranty does not cover accidental damage, misuse, or commercial use.

For further assistance or to inquire about warranty details, please visit the official Russell Hobbs website or contact their customer support line.

Online Support: [Visit the Russell Hobbs Store on Amazon](#)



