Fresh FMW-28ECGB

Fresh FMW-28ECGB Microwave Oven with Grill User Manual

1. Introduction

This manual provides essential information for the safe and efficient operation of your Fresh FMW-28ECGB Microwave Oven with Grill. Please read these instructions thoroughly before using the appliance and retain them for future reference.

2. Important Safety Instructions

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and injury to persons:

- Read all instructions before using the appliance.
- Do not attempt to operate this oven with the door open as this can result in harmful exposure to microwave energy.
- Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- Do not operate the oven if it is damaged. It is particularly important that the oven door closes properly and that there is no damage to the: (1) door (bent), (2) hinges and latches (broken or loosened), (3) door seals and sealing surfaces.
- The oven should not be adjusted or repaired by anyone except properly qualified service personnel.
- Liquids or other foods must not be heated in sealed containers since they are liable to explode.
- Only use utensils that are suitable for use in microwave ovens.
- When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.
- If smoke is observed, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
- Do not overcook food.
- Do not use corrosive chemicals or vapors in this appliance.
- This appliance is designed for heating food. It is not designed for industrial or laboratory use.

3. Product Overview

The Fresh FMW-28ECGB is a 28-liter microwave oven with an integrated grill function, designed for versatile cooking. Below is an illustration of the appliance and a description of its main components.



Front view of the Fresh FMW-28ECGB Microwave Oven, showcasing its silver door, black casing, and control panel with an LED display and various function buttons.

Control Panel Functions:

- **LED Display:** Shows cooking time, power level, and other indicators.
- **Microwave Button:** Selects microwave cooking mode and power levels.
- **Grill/Combi Button:** Activates grill or combination cooking modes.
- **Weight/Defrost Button:** Initiates defrosting by weight.
- **Time/Defrost Button:** Initiates defrosting by time.
- **Clock/Kitchen Timer Button:** Sets the clock or functions as a kitchen timer.
- **Stop/Clear Button:** Stops cooking, clears settings, or cancels a program.
- **Start/+30Sec/Auto Menu Button:** Starts cooking, adds 30 seconds of express cooking, or selects auto cooking programs.
- **Time/Weight/Auto Menu Knob:** Used to adjust time, weight, or navigate auto menu options.

4. Setup and Installation

Unpacking:

Carefully remove the microwave oven from its packaging. Remove all packing materials, including any protective film on the oven surfaces. Check the oven for any damage, such as dents or a misaligned door. Do not operate the oven if it is damaged.

Placement:

- Place the oven on a flat, stable surface that can support its weight and the heaviest food likely to be cooked in it.
- Ensure adequate ventilation. Leave a minimum of 20 cm (8 inches) of space above the oven, 10 cm (4 inches) at the rear, and 5 cm (2 inches) on each side.
- Do not block air vents.
- Keep the oven away from heat sources, steam, or splashing liquids.
- Do not place the oven near a radio or TV, as microwave operation may cause interference.

Electrical Connection:

Plug the oven into a properly installed and grounded wall outlet. Ensure the voltage and frequency match the specifications on the rating label of the oven.

Initial Setup:

Before first use, clean the interior with a damp cloth. Place the turntable and roller ring inside the oven cavity.

5. Operating Instructions

Setting the Clock:

1. Press the **Clock/Kitchen Timer** button once.
2. Turn the **Time/Weight/Auto Menu** knob to set the hour.
3. Press the **Clock/Kitchen Timer** button again.
4. Turn the **Time/Weight/Auto Menu** knob to set the minutes.
5. Press the **Clock/Kitchen Timer** button to confirm.

Basic Microwave Cooking:

1. Place food in a microwave-safe container on the turntable. Close the door.
2. Press the **Microwave** button repeatedly to select the desired power level (e.g., P100 for 100% power, P80 for 80% power). There are 8 power levels available.
3. Turn the **Time/Weight/Auto Menu** knob to set the cooking time (up to 95 minutes).
4. Press the **Start/+30Sec/Auto Menu** button to begin cooking.

Grill Cooking:

1. Place food on the grill rack (if provided) in a heat-resistant dish. Close the door.
2. Press the **Grill/Combi** button once for grill mode (G-1).
3. Turn the **Time/Weight/Auto Menu** knob to set the grilling time.
4. Press the **Start/+30Sec/Auto Menu** button to begin grilling.

Combination Cooking:

This oven offers combination cooking modes (microwave + grill) for faster and crispier results.

1. Place food in a suitable container. Close the door.
2. Press the **Grill/Combi** button repeatedly to select the desired combination mode (e.g., C-1, C-2).
3. Turn the **Time/Weight/Auto Menu** knob to set the cooking time.
4. Press the **Start/+30Sec/Auto Menu** button to begin.

Defrosting by Weight:

1. Place the frozen food in the oven. Close the door.
2. Press the **Weight/Defrost** button.
3. Turn the **Time/Weight/Auto Menu** knob to select the food weight.
4. Press the **Start/+30Sec/Auto Menu** button to start defrosting.

Defrosting by Time:

1. Place the frozen food in the oven. Close the door.
2. Press the **Time/Defrost** button.
3. Turn the **Time/Weight/Auto Menu** knob to set the defrosting time.
4. Press the **Start/+30Sec/Auto Menu** button to start defrosting.

Auto Cooking Menu:

The oven features pre-programmed settings for various food types.

1. Place the food in the oven. Close the door.
2. Press the **Start/+30Sec/Auto Menu** button repeatedly to cycle through the auto menu options.
3. Turn the **Time/Weight/Auto Menu** knob to select the quantity or weight if prompted.
4. Press the **Start/+30Sec/Auto Menu** button to confirm and start cooking.

Express Cook (+30 Sec):

For quick heating at full power, simply press the**Start/+30Sec/Auto Menu** button. Each press adds 30 seconds of cooking time at 100% microwave power.

Cooking End Signal:

The oven will emit an audible signal when the cooking cycle is complete.

6. Maintenance and Cleaning

Regular cleaning and proper maintenance will ensure the longevity and efficient operation of your microwave oven.

General Cleaning:

- Always unplug the oven from the power outlet before cleaning.
- Clean the oven cavity after every use with a damp cloth. For stubborn stains, a mild detergent can be used.
- The outer surfaces should be cleaned with a damp cloth. Do not allow water to enter the ventilation openings.
- The door and door seals should be cleaned frequently with a soft, damp cloth to remove any spills or splatters.
- The glass turntable and roller ring can be washed in warm soapy water or in a dishwasher. Ensure they are completely dry before placing them back in the oven.
- Do not use abrasive cleaners, steel wool, or harsh chemicals on any part of the microwave oven.

7. Troubleshooting

If you encounter issues with your microwave oven, refer to the following common problems and solutions:

Problem	Possible Cause	Solution

Problem	Possible Cause	Solution
Oven will not start	Power cord not plugged in; Door not closed properly; Fuse blown or circuit breaker tripped.	Ensure power cord is securely plugged in; Close the door firmly; Check household fuse or reset circuit breaker.
Food not heating	Incorrect cooking time/power level set; Door not closed properly; Microwave-safe dish not used.	Adjust cooking time and power level; Ensure door is fully closed; Use only microwave-safe cookware.
Turntable not rotating	Turntable or roller ring not correctly placed; Debris under turntable.	Re-position turntable and roller ring; Clean the area beneath the turntable.
Sparking inside oven	Metal or foil in oven; Utensils not microwave-safe; Food splatters.	Remove any metal objects; Use only microwave-safe dishes; Clean oven interior thoroughly.

If the problem persists after attempting these solutions, please contact qualified service personnel.

8. Specifications

Feature	Specification
Model	FMW-28ECGB
Capacity	28 Liters
Microwave Output Power	900 Watts
Grill Power	1000 Watts
Energy Use	1000 Watts (Total Power Consumption)
Installation Type	Countertop
Special Features	Defrost, Timer, LED Display, Auto Cooking Menu, 30 Sec Express Cook
Color	Black
Inner Material Type	Metal
Item Weight	16.4 Kilograms
Included Components	Grill Rack

9. Warranty and Support

For warranty information or technical support, please refer to the warranty card included with your product or contact Fresh customer service. Keep your purchase receipt as proof of purchase.

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