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TGuard AeroThumb

TGuard AeroThumb Thumb Sucking Prevention Kit Instruction Manual

Model: AeroThumb (Medium) | For Ages 5-6, 40-70 lbs

1. INTRODUCTION

The TGuard AeroThumb Thumb Sucking Prevention Kit is designed to help children discontinue thumb sucking habits. This kit provides a comfortable and effective solution to support healthy oral development. This manual provides essential information for the proper use, care, and maintenance of your AeroThumb kit.



Image 1: TGuard AeroThumb Kit Contents. This image displays the complete TGuard AeroThumb kit. It features the clear plastic thumb guard worn on a child's hand, a box indicating '95% effective for 30 days' and 'Made in USA, FDA Listed', a roll of colorful wristbands, a sheet of star stickers, and a small instruction booklet. The guard is designed to prevent thumb sucking.

Kit Contents:

- AeroThumb Guard (Medium size)
- InstaLock System for secure fitting
- 30 Colorful Wristbands
- Progress Reward Chart with Stickers
- Instruction Booklet

2. IMPORTANT SAFETY INFORMATION

Please read all directions carefully before using the TGuard AeroThumb. The device is safe when the correct size is used and it is applied properly.

- The device **MUST** be removed daily.
- Inspect the skin underneath and around the device daily for any signs of irritation or chafing.
- If any irritation or chafing is present, discontinue use and contact the manufacturer for assistance. This is not a normal occurrence.
- Do not use if the child has open wounds, cuts, or skin conditions on the hand or thumb.

3. SIZING GUIDE

Selecting the correct size is crucial for the effectiveness and comfort of the AeroThumb. The most accurate way to determine the appropriate size is by the child's weight, rather than age alone.

SIZING

Sizing can be a tricky matter and it's very important to get the right size in order to have a successful treatment. We recommend the table below for most children.



The weight chart is the most accurate way to gauge sizing, and we recommend purchasing based off a child's weight, rather than their age.

teguard[®]

Image 2: TGuard AeroThumb Sizing Chart. This chart illustrates three sizes: Small (S) for ages 2-4, under 40 lbs; Medium (M) for ages 5-6, 40-70 lbs; and Large (L) for ages 7+, over 70 lbs. The chart emphasizes that weight is the most accurate factor for sizing.

AeroThumb Sizing Recommendations

Size	Recommended Age	Recommended Weight
Small	2-4 years old	Under 40 lbs
Medium	5-6 years old	40-70 lbs

Size	Recommended Age	Recommended Weight
Large	7+ years old	Over 70 lbs

For a detailed sizing guide and additional information, please refer to the official PDF [AeroThumb Sizing Guide PDF](#).

4. SETUP AND APPLICATION

Follow these steps to properly set up and apply the TGuard AeroThumb:

1. **Select the Correct Size:** Ensure you are using the appropriate size AeroThumb based on the sizing guide.
2. **Prepare the Guard:** Before first use, wash the AeroThumb guard with warm water and mild soap, then pat dry.
3. **Position the Guard:** Place the AeroThumb over the child's thumb, ensuring it covers the entire thumb and extends slightly onto the hand. The wider part of the guard should be towards the wrist.
4. **Attach a Wristband:** Choose one of the colorful wristbands. Thread it through the slots on the AeroThumb guard and around the child's wrist.
5. **Secure with InstaLock System:** Use the InstaLock system to fasten the wristband securely. The fit should be snug enough to prevent removal but not so tight as to cause discomfort or restrict circulation. You should be able to slide one finger comfortably under the wristband.
6. **Check for Comfort:** Ask the child if the guard feels comfortable and if they can move their fingers freely. Adjust as needed.

DESIGNED TO BE EFFECTIVE, YET COMFORTABLE



VENTILATED

Air vents provide a consistently cool and moisture-free environment throughout the thumb sucking treatment.



COMFORTABLE

Flexible, ergonomic shape ensures your child stops the thumb sucking habit in the most comfortable way possible.



FUN

Kids love to choose a different multi-colored lockband every day! Each kit contains 30 wristbands in various colors.



SECURE

Instalocks not only simplify adjustment, but provide a peace-of-mind that the device is locked and cannot be removed.



Image 3: AeroThumb Features and Application. This image highlights the design features of the TGuard AeroThumb, including its ventilated design, comfortable fit, colorful wristbands, and the secure InstaLock system used for application.

5. OPERATING INSTRUCTIONS

The TGuard AeroThumb is designed for consistent use to effectively break the thumb sucking habit.

- **Wear Duration:** The device should be worn daily during times when the child typically sucks their thumb. This

includes during the day and overnight.

- **Treatment Period:** The typical treatment period is approximately 30 days. Consistent use during this period is key to success.
- **Daily Removal and Inspection:** Remove the AeroThumb daily for cleaning and to inspect the child's skin for any irritation. Reapply after cleaning and inspection.
- **Encouragement:** Utilize the included progress reward chart and stickers to encourage the child and celebrate milestones.

**Designed to help your children
break free from thumb sucking.**



Image 4: Child Engaged in Activity with AeroThumb. This image shows a child wearing the TGuard AeroThumb while coloring, illustrating that the device allows for normal daily activities without hindrance.

6. MAINTENANCE AND CLEANING

Proper cleaning ensures hygiene and extends the life of your AeroThumb guard.

1. **Daily Cleaning:** Remove the guard daily.

2. **Wash:** Wash the AeroThumb guard with warm water and a mild, non-abrasive soap.
3. **Rinse:** Rinse thoroughly to remove all soap residue.
4. **Dry:** Gently tap off excess water and pat dry with a clean cloth or allow to air dry completely before reapplying.



Image 5: AeroThumb Cleaning Steps. This image provides a visual guide for cleaning the TGuard AeroThumb, showing the three steps: washing with warm water and mild soap, tapping off excess water, and patting dry.

7. TROUBLESHOOTING

- **Skin Irritation/Chafing:** If you observe any redness, irritation, or chafing on the child's skin, remove the device immediately. Ensure the device is the correct size and not applied too tightly. Contact the manufacturer for further assistance.
- **Device Removal by Child:** If the child is able to remove the device, check the tightness of the wristband. The InstaLock system should provide a secure fit. Ensure the wristband is snug but not uncomfortable. Re-evaluate the sizing if the child consistently removes it.
- **Lack of Progress:** Consistent wear is essential. Ensure the device is worn during all typical thumb-sucking times. Reinforce positive behavior with the reward chart. If after the recommended 30-day period there is no significant change, consult with a pediatrician or dental professional.

8. SPECIFICATIONS

Feature	Detail
Product Name	TGuard AeroThumb Thumb Sucking Prevention Kit

Feature	Detail
Model	AeroThumb (Medium)
ASIN	B01LDGILNM
Material	Medical-grade materials (No latex, phthalates, or BPA)
Dimensions (Product)	6 x 4 x 2.9 inches
Weight (Product)	4.59 ounces
Intended Use	Thumb sucking deterrence
Age Range	Kid (specifically 5-6 years for Medium size)
Manufacturer	Stop Thumb Sucking Treatment Kits
Origin	Made in the USA

9. WARRANTY AND SUPPORT

For any questions, concerns, or assistance regarding your TGuard AeroThumb product, please contact the manufacturer directly.

If you experience any issues such as irritation or product malfunction, refer to the troubleshooting section or reach out to customer support for guidance.

Manufacturer: Stop Thumb Sucking Treatment Kits

For support, please visit the [TGuard Store on Amazon](#) or consult the contact information provided with your product packaging.