

Tupperware 67zu

Tupperware Microwave Rice Cooker (Model 67zu) Instruction Manual

For models: 67zu

INTRODUCTION

The Tupperware Microwave Rice Cooker is designed to simplify the process of cooking rice in a microwave oven, ensuring consistent results with minimal mess. Its unique double cover system is engineered to collect foam generated during cooking, channeling it into a recessed area and then draining it back into the base. This design helps keep your microwave clean and prevents spills.

This manual provides essential information for the safe and effective use of your Tupperware Microwave Rice Cooker, Model 67zu. Please read all instructions carefully before first use.



Image: The Tupperware Microwave Rice Cooker, assembled and ready for use.

PRODUCT COMPONENTS

Your Tupperware Microwave Rice Cooker consists of three main parts:

1. **Base:** The main container where rice and water are placed. It features a maximum fill line for both rice and water.
2. **Inner Cover:** This cover fits directly over the base and helps manage steam and foam during cooking.
3. **Outer Cover:** This cover locks onto the base, securing the inner cover and providing handles for safe handling.



Image: The Tupperware Microwave Rice Cooker disassembled, showing its three main components: the base, the inner cover, and the outer cover.

SETUP

Before using your Microwave Rice Cooker for the first time, wash all components (base, inner cover, and outer cover) thoroughly with warm, soapy water. Rinse well and dry completely. This ensures cleanliness and removes any manufacturing residues.

OPERATING INSTRUCTIONS

Follow these steps for cooking rice in your Tupperware Microwave Rice Cooker:

1. **Measure Rice:** Add your desired amount of rice to the base. Refer to the markings on the outside of the base for maximum rice fill.
2. **Add Water:** Pour the appropriate amount of water into the base. The general guideline for many types of rice is a 1:2 ratio (1 part rice to 2 parts water), but always check the specific instructions for your rice type. Ensure the water level does not exceed the maximum fill line indicated on the base.
3. **Optional:** Add a small amount of salt or oil if desired.
4. **Assemble:** Place the inner cover onto the base, then position the outer cover over the inner cover. Align the handles of the outer cover with the handles on the base and press down to lock them securely. The handles should fold down and lock onto the base, providing a solid grip.
5. **Microwave:** Place the assembled rice cooker into your microwave oven.



Image: A person carefully placing the assembled Tupperware Microwave Rice Cooker into a microwave oven.

6. **Set Cooking Time and Power:** Cooking times and power levels vary depending on your microwave's wattage and the type/quantity of rice. As a general starting point for 1 cup of rice and 2.25 cups of water:

- Cook on HIGH power for 5 minutes.
- Reduce power to 30% and continue cooking for 45 minutes.

Always refer to your microwave's specific instructions and adjust cooking times and power levels as needed to achieve desired results. Do not open the microwave during the cooking process.

7. **Rest:** Once cooking is complete, carefully remove the rice cooker from the microwave using the handles. Allow it to rest for 5-10 minutes with the covers still on. This allows the rice to absorb any remaining moisture and finish steaming.
8. **Serve:** Carefully unlock and remove the outer and inner covers. Fluff the rice with a fork and serve.



Image: The Tupperware Microwave Rice Cooker containing freshly cooked rice, with its covers partially removed.

MAINTENANCE AND CARE

- **Cleaning:** The Tupperware Microwave Rice Cooker is dishwasher safe. For hand washing, use warm water and mild dish soap. Avoid abrasive cleaners or scouring pads that could scratch the plastic.
- **Storage:** Ensure all components are clean and dry before storing. Store assembled or nested to save space.
- **Reheating:** Leftover rice or grains can be stored in the refrigerator within the rice cooker and reheated in the microwave. Ensure the covers are properly placed for reheating.
- **Note:** The cover is not liquid-tight, so avoid tilting the cooker when it contains liquids.

TROUBLESHOOTING

- **Rice Boils Over:** This usually indicates too much water, too much rice, or too high a power setting for too long. Ensure you do not exceed the MAX fill lines for rice and water. Adjust microwave power and cooking time.
- **Rice is Undercooked/Hard:** The rice may need more water or a longer cooking time. Ensure the

covers are securely locked during cooking to retain steam.

- **Rice is Mushy:** This suggests too much water or overcooking. Reduce the amount of water or shorten the cooking time.
- **Uneven Cooking:** Ensure the rice is spread evenly in the base before cooking. Some microwaves may require a brief stir halfway through cooking, though the double cover system is designed to minimize this need.

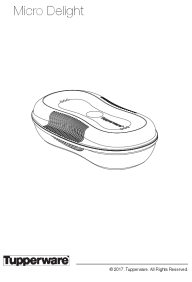

SPECIFICATIONS






Brand	Tupperware
Model Name	Microwave Rice Maker
Model Number	67zu
Capacity	2.2 Liters (approximately 12 cups cooked rice)
Product Dimensions	6.2"D x 8"W x 9.8"H
Material	Plastic
Special Features	Dishwasher Safe, Lightweight, Non-Stick, Steam Vent
Product Care Instructions	Dishwasher Safe

WARRANTY AND SUPPORT

For information regarding product warranty, returns, or technical support, please contact Tupperware customer service directly or refer to the official Tupperware website. Keep your purchase receipt as proof of purchase.

Related Documents - 67zu

	<p>Tupperware Micro Delight: Easy Microwave Omelet Maker</p> <p>Learn how to prepare perfect omelets, frittatas, and more with the Tupperware Micro Delight microwave cooker. Includes usage instructions, safety tips, and warranty information.</p>
	<p>Tupperware Smart Multi-Cooker: User Manual and Cooking Guide</p> <p>Explore the Tupperware Smart Multi-Cooker, a versatile microwave appliance for steaming, cooking rice, grains, and pasta. This guide offers detailed instructions, cooking charts, and safety tips for healthy, efficient meal preparation.</p>

 <p>Breakfast Maker Instructions</p> <p>Cooking Instructions & Safety</p> <ul style="list-style-type: none"> Remove top from Tupperware Breakfast Maker. For cooking, carefully place eggs inside, inside the Tupperware Breakfast Maker, ensuring the opening facing upward. Do not add water with water (1/2 cup). Cook eggs for 10-12 minutes. If scrambled eggs are desired, no inserts are needed. After cooking, carefully open a small hole in the lid and use a spoon to stir the eggs. If powdered eggs are desired, add one egg (one ounce) to the mixture. Cook for 10-12 minutes. <p>Tupperware</p>	<p>Tupperware Microwave Breakfast Maker Recipes and Instructions</p> <p>Discover a collection of easy and delicious recipes for the Tupperware Microwave Breakfast Maker. This guide includes instructions for various breakfast dishes, snacks, and desserts, perfect for quick microwave cooking.</p>
<p>Micro Healthy Delight</p>  <p>Tupperware</p> <p>Micro Healthy Delight</p>  <p>Tupperware</p> <p>© 2017 Tupperware, Inc. All Rights Reserved.</p>	<p>Tupperware Micro Healthy Delight: Microwave Cookware Guide</p> <p>Discover how to prepare healthy and delicious meals with the Tupperware Micro Healthy Delight. This guide provides essential cooking instructions, safety precautions, and warranty information for optimal use in your microwave.</p>
 <p>Recipes & Cooking Guide</p> <p>Ingredients:</p> <ul style="list-style-type: none"> 2 Eggs 1/2 cup Milk 1/2 cup Sugar 1/2 cup Oil 1/2 cup Vanilla <p>Instructions:</p> <ol style="list-style-type: none"> 1. Preheat the microwave to 2000 watts. 2. Crack the eggs into the bowl. 3. Add the milk, sugar, oil, and vanilla. 4. Stir the mixture with a spoon. 5. Microwave for 2-3 minutes. 6. Let the mixture cool for 5 minutes. 7. Serve the mixture. <p>Warranty:</p> <p>Tupperware warrants that the product is free from defects in material and workmanship for a period of one year from the date of purchase.</p>	<p>Tupperware Microwave Breakfast Maker with Inserts: Recipes & Cooking Guide</p> <p>A comprehensive guide to the Tupperware Microwave Breakfast Maker, offering cooking instructions, safety guidelines, and a wide array of recipes for omelets, French toast, desserts, and more, designed for quick and easy microwave preparation.</p>
<p>Tupperware WOW POP Microwave Popcorn Maker</p>  <p>Tupperware</p> <p>© 2017 Tupperware, Inc. All Rights Reserved.</p>	<p>Tupperware WOW POP Microwave Popcorn Maker Instructions</p> <p>User guide and safety instructions for the Tupperware WOW POP Microwave Popcorn Maker, detailing usage, cleaning, and warranty information.</p>