

Scarpa 70036

Scarpa Men's Instinct Climbing Shoes User Manual

Model: **70036** | Brand: **Scarpa**

1. INTRODUCTION

The Scarpa Men's Instinct Climbing Shoes are engineered for high-performance climbing, offering precision, sensitivity, and power. Designed for various climbing disciplines, these shoes feature advanced materials and construction to enhance your climbing experience. This manual provides essential information for the proper setup, use, maintenance, and care of your Scarpa Instinct climbing shoes to ensure their longevity and optimal performance.

Please read this manual thoroughly before using your shoes for the first time. Proper care and understanding of the product will maximize its lifespan and your climbing efficiency.

2. SETUP AND INITIAL FIT

Achieving the correct fit is crucial for climbing shoes. The Scarpa Instinct is designed for a snug, performance fit. While some discomfort is normal initially, severe pain indicates an incorrect size.

2.1 Lacing and Adjustment

- **Lace-Up System:** The Instinct features a lace-up closure system for a customizable and secure fit. Ensure laces are evenly tightened across the foot.
- **Heel Fit:** The heel cup should fit snugly without any dead space or excessive pressure points.
- **Toe Position:** Your toes should be slightly curled or flat against the end of the shoe, without being painfully cramped.

2.2 Breaking In

New climbing shoes often require a break-in period. Wear them for short periods during easy climbs or warm-ups. The synthetic upper and rubber sole will gradually conform to your foot shape, improving comfort and performance.



Figure 1: Side view of the Scarpa Instinct climbing shoe, showcasing its aggressive profile and lacing system.

3. OPERATING INSTRUCTIONS (CLIMBING TECHNIQUES)

The Scarpa Instinct is designed to excel in various climbing scenarios. Understanding basic climbing techniques will help you leverage the shoe's features.

3.1 Edging

The shoe's stiff sole and precise toe allow for excellent edging on small footholds. Place the very edge of the sole on the hold, applying pressure through your big toe.

3.2 Smearing

For friction-dependent climbing on slab or smooth surfaces, use the full contact area of the sole. Apply even pressure to maximize grip.

3.3 Heel Hooking

The tensioned heel rand and rubberized heel cup provide secure heel hooking capabilities. Ensure the heel is fully engaged with the hold for maximum purchase.



Figure 2: Top-down view of the Scarpa Instinct climbing shoe, highlighting the lacing and toe box design.

4. MAINTENANCE AND CARE

Proper maintenance extends the life of your climbing shoes and maintains their performance.

4.1 Cleaning

- **Rubber:** Clean the rubber soles regularly with a damp cloth to remove dirt, chalk, and grime. This restores friction. Do not use harsh chemicals.
- **Upper:** As per manufacturer's care instructions, the shoes are "Hand Wash Only". Use a mild soap and water solution for the synthetic upper. Avoid submerging the entire shoe.
- **Drying:** Air dry your shoes away from direct sunlight or heat sources. Stuffing them with newspaper can help absorb moisture and maintain shape.

4.2 Storage

Store your climbing shoes in a cool, dry place. Avoid leaving them in hot cars or direct sunlight for extended periods, as this can degrade the rubber and adhesives.

4.3 Resoling

When the sole rubber wears thin, especially at the toe, consider resoling by a professional climbing shoe repair service. Resoling can significantly extend the life of your shoes.

5. TROUBLESHOOTING

Common issues and their potential solutions:

- **Issue:** Shoes feel too tight or uncomfortable after break-in.
Solution: Ensure you have the correct size. If discomfort persists, the shoe might not be suitable for your foot shape. Consider trying a different model or size.
- **Issue:** Loss of grip on rock/holds.
Solution: Clean the rubber soles thoroughly. Ensure no residue (e.g., chalk, dirt) is present. Check for excessive wear on the rubber; resoling may be necessary.
- **Issue:** Odor.
Solution: Air dry shoes thoroughly after each use. Use shoe deodorizers or natural remedies like cedar inserts. Avoid storing them in sealed bags when damp.
- **Issue:** Premature wear on specific areas.
Solution: This can indicate improper footwork or excessive dragging. Focus on precise foot placements and lifting your feet rather than dragging.

6. SPECIFICATIONS

| Feature | Detail |
|-------------------|----------------|
| Manufacturer | Scarpa |
| Model Number | 70036 |
| Outer Material | Synthetic |
| Inner Material | Manmade |
| Sole Material | Synthetic |
| Care Instructions | Hand Wash Only |

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|----------------------|----------------------------|
| Shipping Dimensions | 45 x 36 x 24 cm; 440 grams |
| First Available Date | March 2, 2017 |

7. WARRANTY AND SUPPORT

Scarpa products are manufactured to high standards and are covered by a manufacturer's warranty against defects in materials and workmanship. For specific warranty details, claims, or technical support, please refer to the official Scarpa website or contact their customer service directly.

You can typically find support information and contact details on the official Scarpa website:

www.scarpa.com