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> [Nutricost](#) /

> Nutricost TMG (Trimethylglycine) 750mg, 120 Capsules Instruction Manual

Nutricost SUVELAM

Nutricost TMG (Trimethylglycine) 750mg

INSTRUCTION MANUAL

Introduction

This manual provides essential information for the proper use and understanding of Nutricost TMG (Trimethylglycine) 750mg capsules. Please read all instructions carefully before use. This product is a dietary supplement intended to support general wellness.



Image: Front view of the Nutricost TMG 750mg bottle, displaying the brand name, product name, dosage, and capsule count.

Important Safety Information

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if the safety seal is broken or missing.

Storage: Store in a cool, dry place.

Ingredients

Each capsule contains:

- Trimethylglycine (TMG) (betaine anhydrous): 750mg

Other ingredients: Gelatin capsule, magnesium stearate (vegetable source).

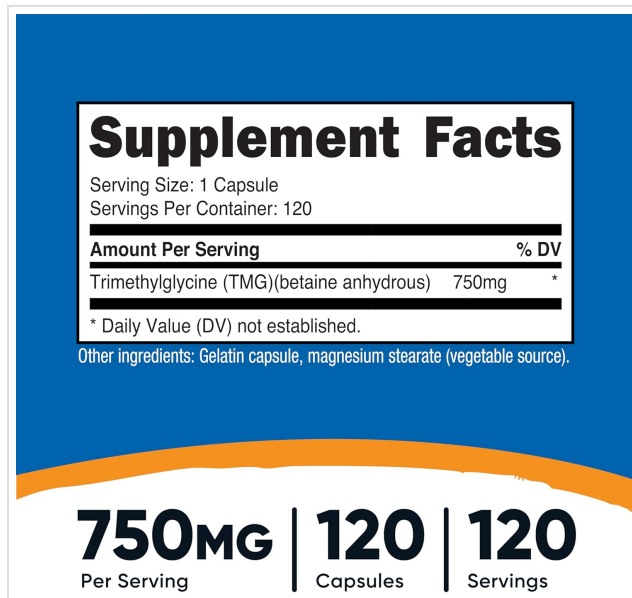


Image: Supplement Facts label showing serving size, amount per serving (750mg Trimethylglycine), and other ingredients.

Directions for Use (Operating)

As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional. Do not exceed the recommended dosage without consulting a healthcare provider.

Quality Assurance and Product Features

Nutricost TMG 750mg capsules are manufactured with a commitment to quality:

- **Non-GMO:** This product is free from genetically modified organisms.
- **Gluten-Free:** Suitable for individuals avoiding gluten.
- **Third-Party Tested:** Ensures product purity and potency.
- **GMP Compliant Facility:** Manufactured in a facility adhering to Good Manufacturing Practices.



Image: Graphic displaying Nutricost quality seals for Non-GMO, Gluten-Free, Third Party Tested, and GMP Compliant.

Product Specifications

Specification	Detail
Item Model Number	SUVELAM
Product Dimensions	2.52 x 2.52 x 4.57 inches
Item Weight	5 Ounces
Unit Count	120 Count
Item Form	Capsule
Manufacturer	Nutricost
UPC	0810014679518

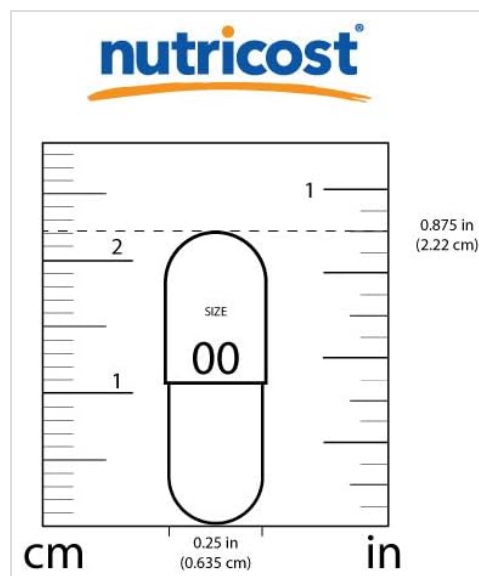


Image: Diagram illustrating the physical dimensions of a size '00' capsule, which is the typical size for this product.

Troubleshooting and Common Concerns

Odor: Trimethylglycine (TMG), also known as betaine, can naturally have a distinct odor, sometimes described as fishy. This is normal for the pure form of the ingredient and does not indicate a spoiled or defective product.

Adverse Reactions: If you experience any adverse reactions or discomfort after taking this supplement, discontinue use immediately and consult your healthcare professional.

Effectiveness: Individual results may vary. If you have concerns about the product's effectiveness for your specific health goals, consult with a healthcare professional.

Warranty and Support

Nutricost products are manufactured to high-quality standards. Specific warranty details for dietary supplements are typically not provided as they are consumable goods. For any product-related inquiries or support, please contact Nutricost directly.

- **Website:** [nutricost.com](https://www.nutricost.com)
- **Email:** support@nutricost.com
- **Phone:** (866) 438-3694

Legal Disclaimer

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
