

Chattanooga 1031EA

Theratherm Heating Pad Instruction Manual

MODEL: 1031EA

Manufactured by Chattanooga

Important Safety Information

Always use the heating pad on a flat, stable surface. Do not leave the heating pad unattended while in use. Keep the heating pad away from flammable materials. Do not use the heating pad if it is damaged or shows signs of wear. Consult a doctor before use if you are pregnant, have a heart condition, or any other medical condition. Keep out of reach of children.

Indications for Use

General pain relief and discomfort.

Setup

Unpack the Theratherm Heating Pad and all its components. Ensure all parts are present and undamaged. Connect the power cord to the heating pad and then to a standard electrical outlet. Place the heating pad on a clean, flat, and stable surface.



Image: Theratherm Heating Pad 1031EA. This image shows the heating pad laid flat, ready for use, with its digital control unit visible.

Operating Instructions

1. Place the heating pad on a flat, stable surface.
2. Select the desired temperature (88-166°F) and treatment time (1-60 minutes) using the programmable digital hand control.
3. Position the pad on the desired area of the body.
4. Do not leave the heating pad unattended while in use.
5. Keep the heating pad away from flammable materials.
6. Do not use the heating pad if it is damaged or shows signs of wear.
7. Consult a doctor before use if you are pregnant, have a heart condition, or any other medical condition.
8. Keep out of reach of children.
9. After use, allow the pad to cool before storing it in a dry place.
10. Clean the pad as needed, following the manufacturer's instructions.

Maintenance

Regularly inspect the heating pad and its cord for any signs of wear, cuts, or damage. If any damage is found, discontinue use immediately and contact customer support. Clean the flannel cover according to the manufacturer's instructions, typically by hand washing with mild soap and air drying. Ensure the pad is completely dry before storage or next use. Store the heating pad in a cool, dry place away from direct sunlight and extreme temperatures.

Troubleshooting

- **Pad not heating:** Ensure the power cord is securely plugged into both the pad and the electrical outlet. Check if the outlet is functional. Verify that the digital control is set to an active temperature and time.
- **Digital control not responding:** Unplug the unit from the power source, wait 30 seconds, and plug it

back in. If the issue persists, contact customer support.

- **Uneven heating:** Ensure the pad is laid flat and not folded or bunched during use. If uneven heating continues, discontinue use and contact support.

Specifications

Feature	Detail
Brand	Chattanooga
Model Number	1031EA
Dimensions	14 X 14 Inch
Heat Activation Type	Electrically Heated
Material	Flannel Cover
Target Area	General Purpose
Usage	Reusable
Number of Settings	8
Temperature Range	88 to 166 Degrees Fahrenheit
Treatment Time Duration	1 to 60 minutes

Warranty and Support

This product comes with a limited manufacturer's warranty. For specific warranty details, please refer to the documentation included with your purchase or visit the Chattanooga official website. For technical support, replacement parts, or warranty claims, please contact Chattanooga customer service.

Legal Disclaimer

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.