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## nodpod B01E7YKAL8

# Nodpod Gentle Pressure Sleep Mask Instruction Manual

Model: B01E7YKAL8

## INTRODUCTION

The Nodpod Gentle Pressure Sleep Mask is designed to provide a calming, weighted sensation over your eyes, promoting relaxation and aiding in sleep. Its unique design offers light-blocking comfort without the need for straps, making it suitable for various sleeping positions.

## PRODUCT OVERVIEW AND FEATURES

The Nodpod sleep mask incorporates several features to enhance your sleep experience:

- **Gentle Weighted Design:** The mask features a signature four-pod design that applies evenly distributed, gentle pressure to the eyes, which can help quiet the mind.
- **Light Blocking:** Designed to block out light effectively, assisting in deeper and more restful sleep.
- **Strap-Free Comfort:** Eliminates the discomfort of straps or Velcro, allowing for flexible positioning.
- **Dual-Sided Material:** One side is made of breathable jersey cotton, and the other is plush microfleece, offering different tactile sensations.
- **Freezer Friendly:** Can be cooled in a freezer to provide soothing comfort, particularly for headache relief.
- **OEKO-TEX Certified:** All materials are certified, ensuring they are gentle on the skin and free from harmful substances.





The Nodpod Gentle Pressure Sleep Mask unrolled, showcasing its four-pod design, alongside its cylindrical packaging.

# Why a weighted sleep mask?



## NATURALLY CALMS

Overactive minds



## 3 MINUTE MAGIC

Feel the Deep Touch Pressure magic within minutes



## NODPOD'S SIGNATURE

Four pod design targets key pressure points for optimal relaxation



An illustration detailing the benefits of a weighted sleep mask, such as calming overactive minds and providing deep touch pressure for relaxation.

## SETUP

1. Remove the Nodpod Gentle Pressure Sleep Mask from its packaging.

## OPERATING INSTRUCTIONS

To use your Nodpod sleep mask:

1. Lay the mask gently over your eyes. The four-pod design is intended to rest comfortably across your eye area.
2. For side-sleeping, position the last two pods over your eyes and rest your head over the hollow ends of the mask.
3. For upright use (e.g., while sitting), pull a corner of the mask through the designated slit to secure it around your head.
4. For a cooling sensation or headache relief, place the mask in the freezer for a short period before applying it to your eyes.

The mask will remain soft and flexible.

## MEET Nodpod

All the natural  
stress-reducing  
benefits of a weighted  
blanket in a strap-free  
sleep mask.



A user demonstrating the Nodpod sleep mask in use, draped comfortably over the eyes.

# Nodpod has you covered in all sleeping positions



## Side-Sleeping

Use the last two pods  
over your eyes and  
rest your head over  
the hollow ends.



## Upright Use

Pull the corner through  
the slit and secure.

Visual instructions for positioning the Nodpod mask for both side-sleeping and upright use.

## CARE AND MAINTENANCE

Proper care ensures the longevity of your Nodpod sleep mask:

- To clean the mask, use a soft, damp cloth with a mild detergent.
- **Do not machine wash or submerge the mask in water.**
- Air dry the mask completely after cleaning to maintain its integrity.
- Store the mask in a cool, dry place when not in use.

## SAFETY INFORMATION

- Avoid using the Nodpod sleep mask in high heat environments or near heat sources.
- Ensure the mask is dry before use, especially if it has been cooled in the freezer.

## SPECIFICATIONS

| Attribute       | Detail                             |
|-----------------|------------------------------------|
| Brand           | nodpod                             |
| Model Number    | B01E7YKAL8                         |
| Material        | Cotton (Black Onyx Cotton variant) |
| Special Feature | Complete Blackout                  |
| Age Range       | Adult                              |

## LEGAL DISCLAIMER

Statements regarding this product have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is intended for general wellness and relaxation purposes only.

### ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

**Name**

Anonymous

**Email**

you@example.com

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**Question**

Example: How do I reset this device or fix this error?

**Details**

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question