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› Salter 9194 SV3R Bathroom Analyzer Scale User Manual

Salter 9194 SV3R

Salter 9194 SV3R Bathroom Analyzer Scale User Manual

Model: 9194 SV3R

INTRODUCTION

This manual provides comprehensive instructions for the Salter 9194 SV3R Bathroom Analyzer Scale. This elegant scale features a silver and glass platform, designed to provide accurate readings for various body metrics.

The Salter 9194 SV3R measures body weight, body fat, body water, muscle mass, bone mass, Body Mass Index (BMI), and Basal Metabolic Rate (BMR). It includes a 10-user memory function, allowing multiple individuals to track their data. Simply step onto the scale to initiate a measurement.



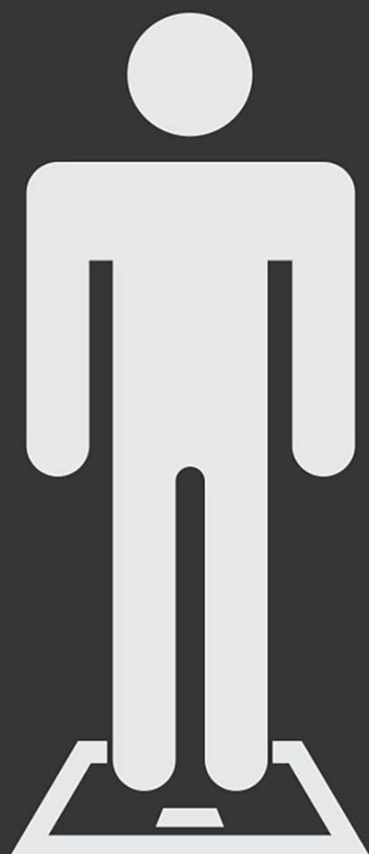
Image 1: The Salter 9194 SV3R Bathroom Analyzer Scale, featuring a sleek grey and silver design with a digital display.

KEY FEATURES

- **Comprehensive Body Analysis:** Measures body weight, body fat, body water, muscle mass, bone mass, BMI, and BMR.
- **User Memory:** Stores data for up to 10 users, enabling personalized tracking.
- **Athlete Mode:** Provides specialized readings for individuals with higher muscle mass.
- **Step-on Activation:** Automatically turns on and measures upon stepping on the platform.
- **Easy-to-Read Display:** Features a large, backlit LCD for clear visibility of readings.
- **Metric and Imperial Units:** Easily switch between kilograms (kg), stones (st), and pounds (lb).
- **Toughened Glass Platform:** Durable and easy to clean.
- **Carpet Feet Included:** Ensures accurate readings on uneven or carpeted surfaces.

MEASURES YOUR WEIGHT

plus...



Body Fat



Body Water



Muscle Mass



Bone Mass



BMI

Body Mass Index



BMR

Basal Metabolic Rate

Image 2: A visual representation of the various body metrics measured by the scale, including Body Fat, Body Water, Muscle Mass, Bone Mass, BMI, and BMR.

SETUP

1. **Unpack the Scale:** Carefully remove the scale from its packaging.
2. **Install Battery:** Open the battery compartment on the underside of the scale. Insert one CR2 battery, ensuring correct polarity (+/-). Close the compartment securely.
3. **Placement:** Place the scale on a firm, flat surface. If using on carpet or an uneven floor, attach the included carpet feet to the underside of the scale for stability and accuracy.
4. **Initial Power On:** Gently tap the center of the scale with your foot to turn it on. The display will show "0.0" or "CAL" briefly.
5. **Unit Selection:** On the underside of the scale, locate the unit switch (usually a button or slider). Select your preferred unit of measurement: kilograms (kg), stones (st), or pounds (lb).
6. **Set Up User Profile:**

- Press the 'User' button (often indicated by a person icon or 'P').
- Use the arrow buttons (< / >) to select a user number (P1-P10).
- Confirm your selection.
- Enter your personal data: gender, height, and age, using the arrow buttons to adjust values and the 'Set' or 'User' button to confirm each entry.
- If applicable, select 'Athlete Mode' if you engage in intense physical activity regularly.



Image 3: The scale display indicating "10 user memory" and "Child & Athlete mode" features.

OPERATING INSTRUCTIONS

1. Weighing Only:

- Step directly onto the scale.
- Stand still until your weight is displayed and locks.
- The scale will automatically turn off after a few seconds.

2. Body Analysis Measurement:

- Ensure your feet are clean and dry.
- Select your user profile by pressing the 'User' button and using the arrow keys to navigate to your number.
- Once your profile is selected, step onto the scale with bare feet, ensuring they are positioned on the metal electrodes.
- Stand still. The scale will first display your weight, then cycle through your body fat percentage, body water percentage, muscle mass, bone mass, BMI, and BMR.
- Allow the scale to complete the full cycle of readings before stepping off.

3. Switching Units:

- The unit switch is located on the underside of the scale.
- Toggle the switch to select between kilograms (kg), stones (st), or pounds (lb).



Image 4: A person's feet on the toughened glass platform of the scale, illustrating the "Step on for instant weight reading" feature.



Image 5: A close-up of the scale's easy-to-read backlit display, highlighting the option to switch between metric (kg) and imperial (st/lb) units.

MAINTENANCE

- **Cleaning:** Wipe the scale surface with a damp cloth and mild detergent. Do not use abrasive cleaners or immerse the scale in water.
- **Storage:** Store the scale in a cool, dry place. Avoid extreme temperatures and direct sunlight.
- **Battery Replacement:** Replace the battery when the low battery indicator appears on the display (often "Lo"). Ensure the scale is off before replacing the battery.
- **Avoid Impact:** Do not drop the scale or subject it to heavy impact, as this may damage the sensors.

TROUBLESHOOTING

Problem	Possible Cause	Solution
"Lo" displayed	Low battery.	Replace the CR2 battery.
"Err" displayed	Scale overloaded or unstable.	Ensure weight is within 180 kg limit. Place scale on a flat, hard surface. If on carpet, use carpet feet.
Inconsistent readings	Scale not on a flat surface, moved between readings, or initial calibration needed.	Ensure scale is on a stable, flat surface. Do not move the scale between measurements. For initial calibration, step on and off the scale once, then wait for it to turn off before taking a measurement.
Body analysis not working (weight only)	Bare feet not making contact with electrodes, or user profile not selected.	Ensure bare feet are positioned correctly on the metal electrodes. Select your user profile before stepping on the scale. Ensure feet are clean and dry.

SPECIFICATIONS

Feature	Detail
Model Number	9194 SV3R
Brand	Salter
Dimensions (L x W x H)	30 x 30 x 2.3 cm
Item Weight	1.9 Kilograms
Weight Limit	180 Kilograms
Material	Glass
Display Type	Backlit LCD
Special Features	Body Fat, Body Water, Muscle Mass, Bone Mass, BMI, BMR
Battery Requirement	1 x CR2 battery
User Memory	10 users

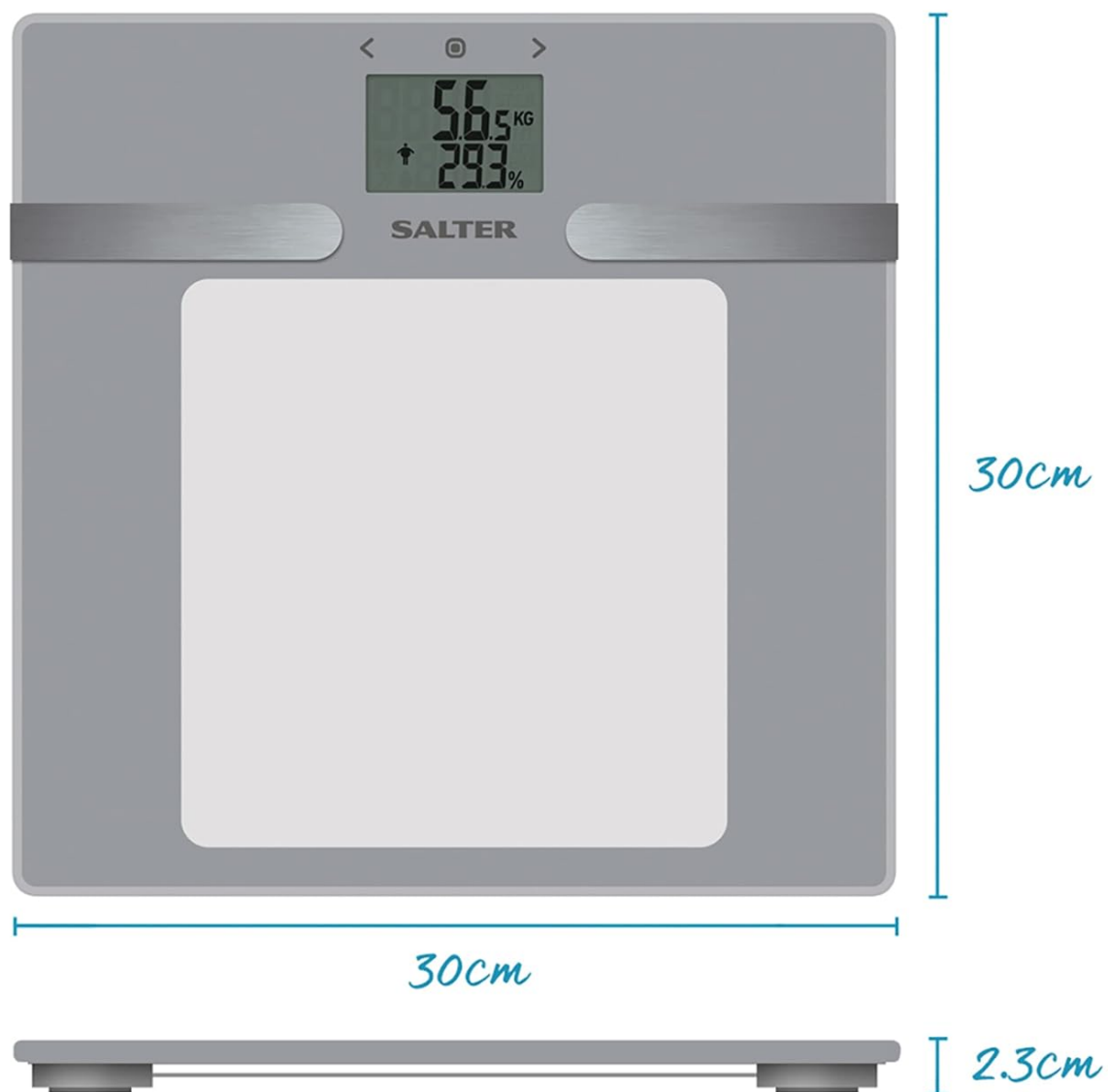


Image 6: A diagram illustrating the dimensions of the Salter 9194 SV3R scale: 30cm x 30cm x 2.3cm.

WARRANTY AND SUPPORT

The Salter 9194 SV3R Bathroom Analyzer Scale comes with a **15-year guarantee**. This warranty covers manufacturing defects under normal use. Please retain your proof of purchase for warranty claims.

For technical support, warranty claims, or further assistance, please contact Salter customer service. Refer to the official Salter website or product packaging for the most current contact information.



Image 7: The product packaging for the Salter Dashboard Analyser Scale, prominently displaying a "15 YEAR GUARANTEE" badge.

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