

[Manuals.plus](#) /

› [KEDSUM](#) /

› KEDSUM Dual Channel Rechargeable TENS Unit Instruction Manual

KEDSUM B01D11VV8Y

KEDSUM Dual Channel Rechargeable TENS Unit Instruction Manual

Brand: KEDSUM | **Model:** B01D11VV8Y

1. INTRODUCTION

The KEDSUM Dual Channel Rechargeable TENS Unit is an electronic pulse massager designed for pain relief therapy. It utilizes Transcutaneous Electrical Nerve Stimulation (TENS) technology to deliver electrical pulses through electrode pads placed on the skin, targeting underlying nerve fibers. This device aims to alleviate discomfort, reduce muscle tension, and improve overall well-being.

2. IMPORTANT SAFETY INFORMATION

Read all instructions carefully before use.

- Consult your physician before using this device, especially if you have pre-existing medical conditions, are pregnant, have a pacemaker, or any other implanted medical device.
- Do not use on broken skin, open wounds, or over areas of swelling, redness, skin eruptions, or inflammation.
- Do not use while driving, operating machinery, or during any activity where involuntary muscle contractions could put you at risk.
- Keep out of reach of children.
- Discontinue use if you experience any adverse reactions or discomfort and consult a healthcare professional.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

3. PACKAGE CONTENTS

Verify that all items are present in your package:

- 1 x KEDSUM Dual Channel TENS Unit
- 8 x 2"x2" Electrode Pads

- 8 x 2"x4" Electrode Pads
- 1 x Big Pads Holder
- 3 x Electrode Wires
- 1 x AC Adapter
- 1 x USB Cable
- 1 x User Manual
- 1 x Storage Bag

4. PRODUCT OVERVIEW & FEATURES

The KEDSUM TENS Unit offers a versatile and portable solution for muscle stimulation and pain relief. Key features include:

- **24 Preprogrammed Modes:** A wide selection of massage modes to suit various needs.
- **Dual Channel Control:** Allows for simultaneous treatment of two different body areas or two users with independent intensity settings.
- **20 Intensity Levels:** Adjustable intensity to customize your therapy experience.
- **Time Control:** Adjustable session duration from 10 to 60 minutes (default 20 minutes).
- **Rechargeable Battery:** Built-in internal battery provides up to 10 hours of continuous use.
- **Animated Backlit LCD Display:** Easy-to-read screen showing mode, intensity, and timer, visible in various lighting conditions.
- **Reusable TENS Pads:** Durable electrode pads designed for multiple uses (20-30 times), thicker for better adhesion.

Up to 24 Massage Modes Choice

24 preprogrammed massage modes and dual channel control, turns out more than 1 choice is available for each of the modes.



Pocket Size



24 Modes



Steady Current



USB Rechargeable



20 Intensity



10h Usage



Figure 1: KEDSUM TENS Unit displaying its 24 massage modes, 20 intensity levels, USB rechargeable feature, 10-hour usage, and pocket size design.



Figure 2: Visual representation of the KEDSUM TENS Unit's application for pain relief in different body areas, including neck, waist, arms, elbows, knuckles, knees, and ankles.

Independent A/B Button Control Dual Channels

Designed with "A" and "B" button, you can enjoy two different modes with two different strength at the same time.



Channel:A

Mode:Tuina

Intensity:Level 4



Channel:B

Mode:Cupping

Intensity:Level 4

Figure 3: Illustration of the independent A/B dual channel control, allowing different modes and strengths for separate body areas simultaneously.

Mini Simple Unit, Enjoy Your Life Easily



Figure 4: Examples of the KEDSUM TENS Unit's convenient and portable use in daily life, such as at home, in the office, or during travel.

Applicable User



Office worker



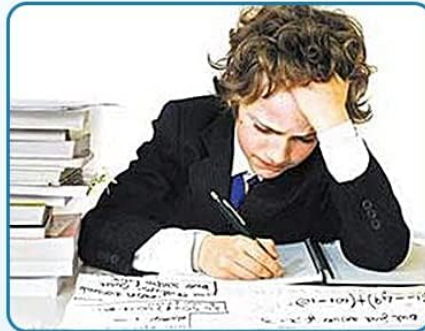
Driver



Labor



Housekeeping crowd



Student



Housewife



Excessive Exercise



Family



Parents

Figure 5: Depiction of various applicable users for the KEDSUM TENS Unit, ranging from professionals to individuals with active lifestyles or those seeking general relaxation.

5. SETUP INSTRUCTIONS

Follow these steps to set up your KEDSUM TENS Unit:

1. **Charge the Device:** Connect the USB cable to the TENS unit and a power source (AC adapter or USB port). The battery indicator on the screen will show charging status.
2. **Prepare Electrode Pads:** Carefully peel off the transparent protective film from the electrode pads. Ensure your skin is clean and dry before application.
3. **Connect Wires to Pads:** Attach the electrode wires to the metal buttons on the pads. Each wire typically has two connectors for two pads.
4. **Apply Pads to Skin:** Place the electrode pads firmly on the desired treatment area(s) of your body. Ensure good contact with the skin.
5. **Connect Wires to Device:** Plug the other end of the electrode wires into the output ports (A and/or B) on the top of the

TENS unit.

6. **Power On:** Slide the ON/OFF switch located on the top side of the device to the 'ON' position. The screen will illuminate.

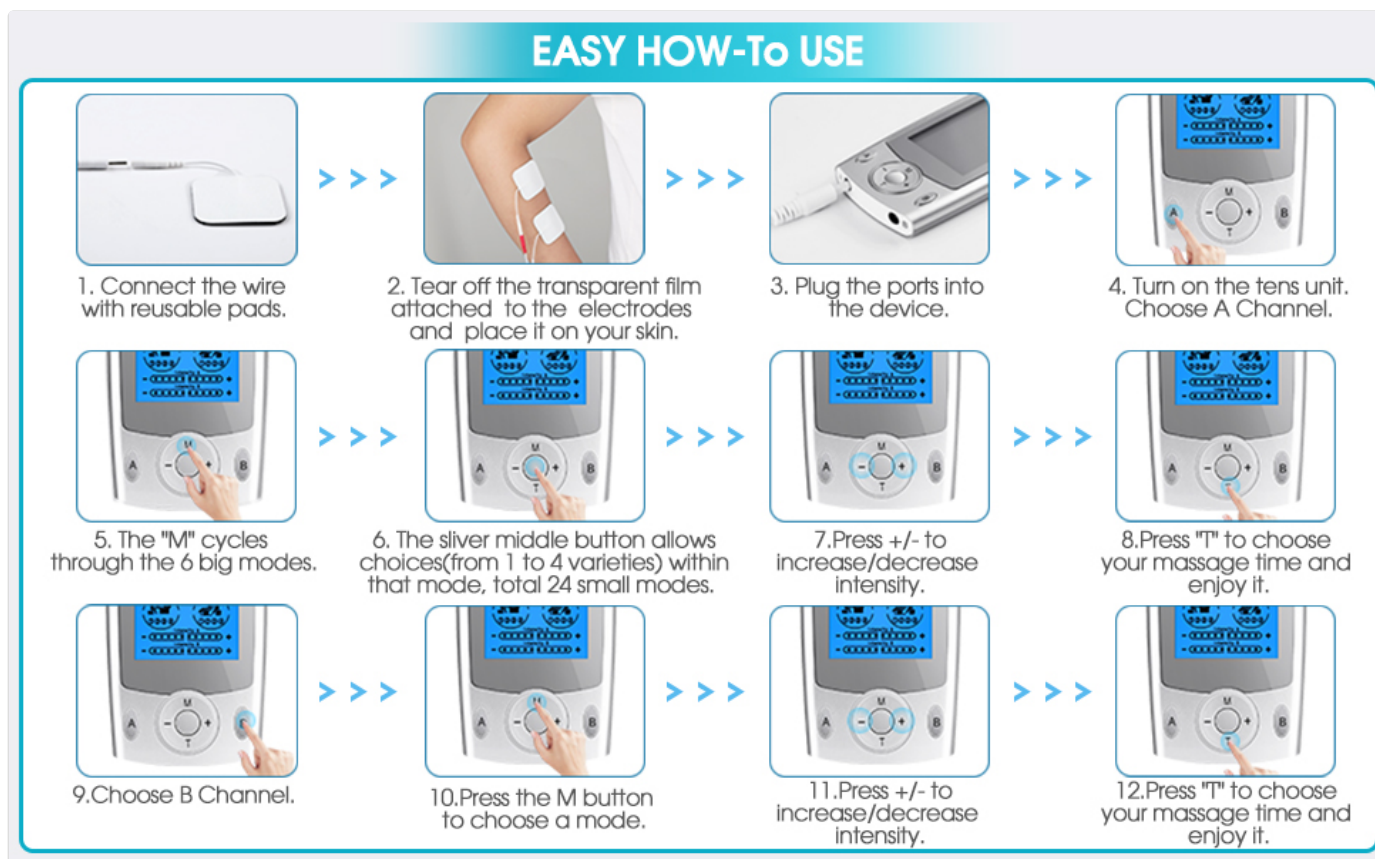


Figure 6: Detailed visual guide for setting up and operating the KEDSUM TENS Unit, from connecting pads to adjusting settings.

Video 1: An instructional video from KEDSUM demonstrating the setup and basic operation of the TENS unit, including connecting wires, applying pads, and navigating the device's interface.

6. OPERATING INSTRUCTIONS

Once the device is powered on and pads are applied:

1. **Select Channel:** Press the 'A' or 'B' button to select the channel you wish to adjust. The selected channel will be highlighted on the screen.
2. **Choose a Mode:** Press the 'M' button to cycle through the 24 available massage modes. Each press will advance to the next mode. The icons on the screen represent different massage techniques (e.g., tapping, acupuncture, cupping, Shiatsu, knocking).
3. **Adjust Intensity:** Use the '+' and '-' buttons to increase or decrease the intensity level (0-20) for the selected channel. Start with a low intensity and gradually increase until you feel a comfortable, yet effective, sensation.
4. **Set Timer:** Press the 'T' button to adjust the treatment duration. Options typically range from 10 to 60 minutes. The default timer is 20 minutes.
5. **Lock Function:** Some models may include a lock function to prevent accidental changes to settings during use. Refer to your manual for specific instructions.
6. **Switch Off:** Before removing pads or moving them to a different area, always slide the ON/OFF switch to the 'OFF' position to prevent sudden electrical pulses.

7. MAINTENANCE

Proper maintenance ensures the longevity and effectiveness of your TENS unit:

- **Cleaning the Device:** Wipe the main unit with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Caring for Electrode Pads:** After each use, place the pads back onto the provided pads holder or the transparent film. Adding a few drops of water to the adhesive side can help maintain their stickiness and prolong their lifespan. Store them in a cool, dry place.
- **Storage:** Store the TENS unit and all accessories in the provided storage bag when not in use, away from direct sunlight and extreme temperatures.

8. TROUBLESHOOTING

If you encounter issues with your KEDSUM TENS Unit, refer to the following common solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or device is off.	Charge the device fully. Ensure the ON/OFF switch is in the 'ON' position.
No sensation or weak sensation.	Pads not properly attached, low intensity, or worn-out pads.	Ensure pads are firmly on the skin. Increase intensity gradually. Replace old pads with new ones. Check electrode wire connections.
Screen is dim or unresponsive.	Low battery or device malfunction.	Charge the device. If the problem persists, contact customer support.
Pads do not stick well.	Skin is oily/dirty, pads are dry, or pads are old.	Clean skin before application. Add a few drops of water to the pads. Replace pads if they are no longer adhesive.

9. SPECIFICATIONS

- **Item Model Number:** No Model (B01D11VV8Y)
- **Manufacturer:** KEDSUM
- **Package Dimensions:** 5.67 x 3.03 x 2.99 inches
- **Item Weight:** 14.07 ounces
- **Date First Available:** March 16, 2016

10. WARRANTY & SUPPORT

For warranty information or customer support, please refer to the contact details provided in your product packaging or visit the official KEDSUM website. Keep your purchase receipt for any warranty claims.

11. IMPORTANT DISCLAIMERS

Actual product packaging and materials may contain more and different information than what is shown on our website. We recommend that you do not rely solely on the information presented and that you always read labels, warnings, and directions before using or consuming a product. Please see our full disclaimer below. Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question