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Abbott Freestyle Lancing Device II

Abbott Freestyle Lancing Device II User Manual

Brand: Abbott | **Model:** Freestyle Lancing Device II

INTRODUCTION

The Abbott Freestyle Lancing Device II is designed for comfortable and convenient blood sampling, primarily for blood glucose monitoring. This manual provides detailed instructions to ensure safe and effective use of your lancing device.

IMPORTANT SAFETY INFORMATION

- This lancing device is intended for **single-patient use only**. Do not share the device with others.
- Always use a **new, sterile lancet** for each test to prevent infection.
- Dispose of used lancets and test strips properly in a sharps container or according to local regulations.
- Keep the device and all components out of reach of children.
- Consult your healthcare professional for proper training and guidance on blood glucose monitoring.

PACKAGE CONTENTS

Your Abbott Freestyle Lancing Device II package typically includes:

- Freestyle Lancing Device II
- Sterile Lancets (initial supply, e.g., 10 lancets)
- Carrying Case (may vary by kit)
- User Manual

Note: Blood glucose meters and test strips are sold separately and are required for complete blood glucose monitoring.

SETUP

1. Prepare the Lancing Device:

Unscrew the cap from the lancing device. The cap is typically gray and located at the tip of the

device.



Image: The Abbott Freestyle Lancing Device II, demonstrating the cap removal for lancet insertion.

2. Insert a New Lancet:

Take a new, sterile lancet. Insert the lancet firmly into the lancet holder until it is fully seated. Twist off the round protective cap from the lancet and save it for safe disposal of the used lancet.

3. Replace the Cap:

Carefully replace the lancing device cap. Ensure it clicks securely into place.

4. Adjust Penetration Depth:

Rotate the adjustable comfort dial on the lancing device cap to select the desired penetration depth. Settings typically range from 1 (shallowest) to 5 (deepest), with half-stop increments for fine-tuning. Start with a shallower setting (e.g., 2) and adjust as needed to obtain a sufficient blood sample.

OPERATING INSTRUCTIONS

1. Load the Lancing Device:

Pull back the sliding barrel until it clicks. This cocks the device, preparing it for lancing. The release button will now be visible or extended.

2. Select Puncture Site:

Wash your hands with warm, soapy water and dry them thoroughly. Choose a clean, dry fingertip, preferably on the side, to minimize discomfort.

3. Perform the Lancing:

Place the lancing device firmly against the chosen puncture site. Press the release button to activate the lancet. The lancet will quickly prick your skin and retract.

4. Obtain Blood Sample:

Gently squeeze your finger from the base towards the puncture site to form a small drop of blood. Do not squeeze excessively, as this can dilute the sample. Apply the blood drop to your test strip as instructed by your blood glucose meter's manual.

5. Eject Used Lancet:

Carefully remove the lancing device cap. Place the protective cap (saved from step 2 of Setup) on a flat surface and carefully push the exposed lancet needle into it. Alternatively, use the lancet ejector mechanism if available on your device model. Dispose of the capped lancet in a sharps container.

MAINTENANCE

- **Cleaning:** Wipe the exterior of the lancing device with a damp cloth. Do not immerse the device in water or any cleaning solution.
- **Storage:** Store the lancing device and lancets in a cool, dry place, away from direct sunlight and extreme temperatures. Keep them in their original packaging or the provided carrying case.

TROUBLESHOOTING

- **Insufficient Blood Sample:** If you do not get enough blood, try increasing the penetration depth setting on the comfort dial. Ensure the lancing device is held firmly against the skin.
- **Painful Lancing:** If lancing is too painful, try a shallower penetration depth setting. Ensure you are lancing on the side of your fingertip, which typically has fewer nerve endings.
- **Device Malfunction:** If the lancing device does not function correctly, ensure a lancet is properly inserted and the device is cocked. If issues persist, contact Abbott customer service.

SPECIFICATIONS

Feature	Detail
Product Name	Freestyle Lancing Device II
Manufacturer	Abbott
Lancet Compatibility	Freestyle Lancets (e.g., 28 Gauge)
Penetration Depth Settings	Adjustable (typically 1-5 with half-stop increments)
Dimensions	Approximately 4.65 x 2.99 x 0.87 inches
Weight	Approximately 1.13 ounces
ASIN	B01BL3WEC6

WARRANTY AND SUPPORT

For warranty information, product support, or to order replacement parts, please contact Abbott customer service directly. Refer to the packaging or Abbott's official website for the most current contact details.