

Taylor 75284012

Taylor Digital Body Weight Scale Model 75284012 User Manual

Your guide to setting up, operating, and maintaining your Taylor Digital Body Weight Scale.

1. PRODUCT OVERVIEW

The Taylor Digital Body Weight Scale Model 75284012 is designed to provide accurate body weight measurements. It features a durable tempered glass platform, a clear blue backlit LCD display, and a high capacity of 440 lbs (200 kg).



Figure 1.1: Front view of the Taylor Digital Body Weight Scale Model 75284012. This image shows the scale's white tempered glass platform and the blue backlit digital display.

2. SETUP AND INITIAL USE

2.1 Battery Installation

1. Locate the battery compartment on the underside of the scale.
2. Open the battery compartment cover.
3. Insert **3 AAA batteries**, ensuring correct polarity (+/-).
4. Close the battery compartment cover securely.



Figure 2.1: Underside of the scale showing the battery compartment. This image illustrates where to insert the 3 AAA batteries.

2.2 Placement

For accurate readings, place the scale on a hard, flat surface. Avoid carpets or uneven flooring, as this can affect measurement precision.

2.3 Unit Selection

The scale can display weight in pounds (lb), kilograms (kg), or stones (st). To change the unit, locate the unit switch button on the underside of the scale, usually near the battery compartment. Press this button to toggle between the available units.

3. OPERATING INSTRUCTIONS

3.1 Taking a Measurement

1. Ensure the scale is on a flat, stable surface.
2. Gently step onto the scale with bare feet. The scale features **Instant On technology**, activating automatically upon stepping on it.
3. Stand still and centered on the platform.

4. Your weight will be displayed on the **3.2" x 2" blue backlit LCD readout**. The reading will lock for approximately 10 seconds before the scale automatically turns off to conserve battery life.



Figure 3.1: Illustration of a user stepping onto the scale. The scale activates instantly to provide a measurement.

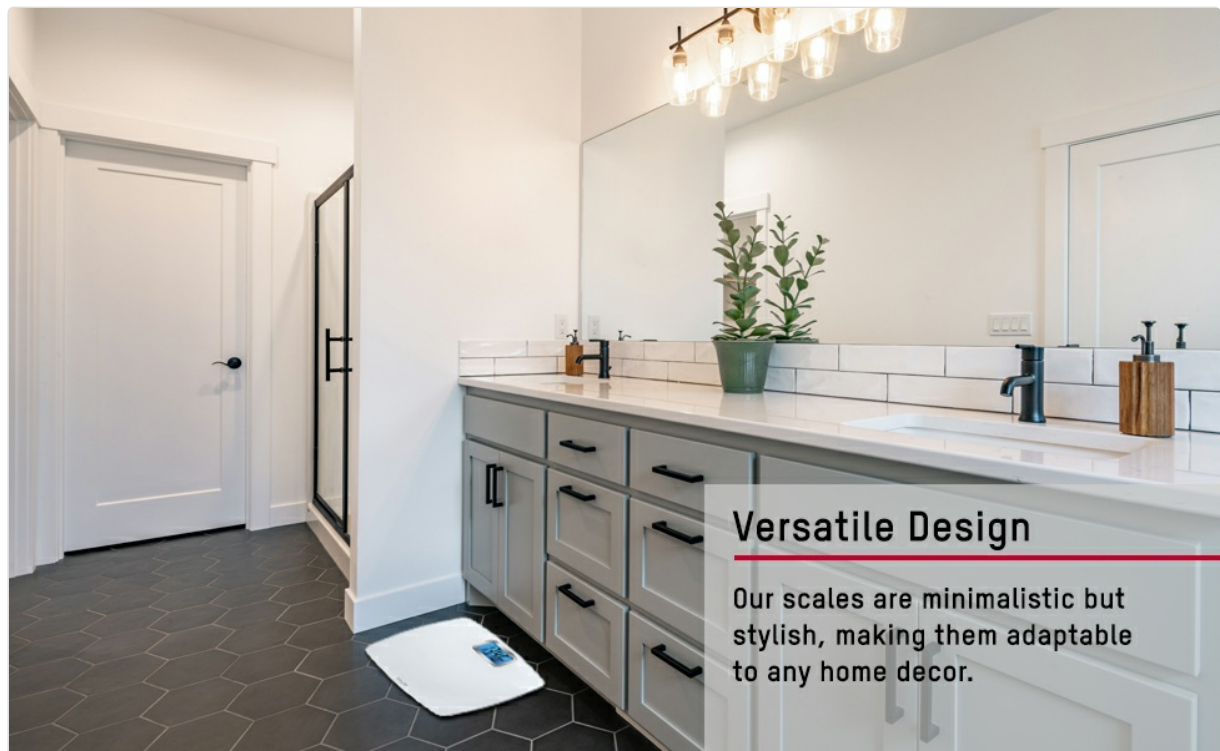


Figure 3.2: Close-up view of the scale's large blue backlit LCD display, showing a clear weight reading.

4. MAINTENANCE

4.1 Cleaning

The scale features a sleek tempered glass surface that is easy to clean. Use a damp cloth and mild detergent to wipe the surface. Avoid abrasive cleaners or harsh chemicals, as these may damage the finish or electronic components. Do not immerse the scale in water.

4.2 Storage

Store the scale in a dry place at room temperature. Avoid extreme temperatures or high humidity. Do not place heavy objects on the scale when not in use.

5. TROUBLESHOOTING

- **Inaccurate or Inconsistent Readings:**
 - Ensure the scale is placed on a hard, flat, and level surface. Carpets or uneven floors can cause discrepancies.
 - Make sure to step onto the scale gently and stand still. Shifting weight can affect the reading.
 - If multiple readings vary significantly, try removing the batteries for 10 seconds and then reinserting them to reset the scale.
- **"Lo" or No Display:**
 - This indicates low battery power. Replace all 3 AAA batteries with new ones.
- **"Err" Message:**
 - This typically means the maximum weight capacity (440 lbs / 200 kg) has been exceeded.
 - It can also indicate an unstable reading. Step off the scale, wait a few seconds, and then step back on.

6. SPECIFICATIONS

Feature	Detail
Model Number	75284012
Capacity	440 lbs (200 kg / 31 st 6 lb)
Increments	0.2 lb (0.1 kg)
Platform Dimensions	12.25" x 13.5"
Display	3.2" x 2" Blue Backlit LCD
Power Source	3 x AAA Batteries (included)
Special Features	Instant On Technology, Auto Shut-Off, Four Precision Sensors
Material	Tempered Glass Platform
Color	Pure White

7. WARRANTY AND SUPPORT

This Taylor Digital Body Weight Scale Model 75284012 is backed by a**5-year limited warranty**. For warranty claims or technical support, please contact Taylor customer service. Our USA-based design, marketing, engineering, and customer service teams are dedicated to providing assistance. For more information or to contact support, please visit the official Taylor website or refer to the contact details provided in your product packaging.

Related Documents - 75284012

<div data-bbox="126 320 300 593"> <div>TAYLOR</div> <div>Body Fat Analyzer and Scale</div> <div>Leading the Way in Accuracy™</div> <div> <p><small>Check out the award-winning Taylor Precision Products, Smart Scale Body Fat Analyzer and Scale (Model 5743) for accurate body fat, body water, muscle mass, and BMI readings. Please read the instruction manual carefully before use. Keep these instructions handy for future reference.</small></p> <p>INTRODUCTION</p> <p>How Taylor's Body Fat Analyzer and Scale Works</p> <p>Body fat is measured using BIA (Bioelectrical Impedance Analysis) technology. This technology sends a safe, low-level electrical current through the body to measure body fat. The electrical current travels through the body's water content, which is proportional to the amount of lean tissue in the body. The more lean tissue, the more water, and the more water, the more electrical current. This gives you a more accurate reading of your overall health and fitness.</p> <p>NOTE: This instrument is a personal device and should be used by a single person. It is not intended to be used by multiple people. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age. It is not intended to be used by people who are taking medication. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age.</p> <p>While this analyzer will work accurately as a scale for weight and give you accurate body fat readings for a variety of people, it is not intended for use by pregnant women or children under the age of 18 (see Caution).</p> </div> <div>Instruction Manual</div> </div>	<div data-bbox="341 392 1461 539"> <p>Taylor Body Fat Analyzer and Scale 5743 Instruction Manual</p> <p>Comprehensive user manual for the Taylor Body Fat Analyzer and Scale (Model 5743). Learn how to use Bioelectrical Impedance Analysis (BIA) technology, set up your scale, take readings, understand results, and find troubleshooting tips and warranty information.</p> </div>
<div data-bbox="126 663 300 801"> <div>TAYLOR</div> <div>Body Composition Scale</div> <div>5721F</div> <div> <p><small>Check out the award-winning Taylor Precision Products, Smart Scale Body Composition Scale (Model 5721F) for accurate body fat, body water, muscle mass, and BMI readings. Please read the instruction manual carefully before use. Keep these instructions handy for future reference.</small></p> <p>INTRODUCTION</p> <p>How Taylor's Body Composition Scale Works</p> <p>Body composition is measured using BIA (Bioelectrical Impedance Analysis) technology. This technology sends a safe, low-level electrical current through the body to measure body fat, body water, muscle mass, and BMI. The electrical current travels through the body's water content, which is proportional to the amount of lean tissue in the body. The more lean tissue, the more water, and the more water, the more electrical current. This gives you a more accurate reading of your overall health and fitness.</p> <p>NOTE: This instrument is a personal device and should be used by a single person. It is not intended to be used by multiple people. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age. It is not intended to be used by people who are taking medication. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age.</p> <p>While this analyzer will work accurately as a scale for weight and give you accurate body fat readings for a variety of people, it is not intended for use by pregnant women or children under the age of 18 (see Caution).</p> </div> <div>Instruction Manual</div> </div>	<div data-bbox="341 654 1461 801"> <p>Taylor 5721F Body Composition Scale: User Manual and Specifications</p> <p>Comprehensive guide for the Taylor 5721F Body Composition Scale, covering setup, usage, features, maintenance, troubleshooting, and product specifications. Learn how to measure body fat, body water, and BMI.</p> </div>
<div data-bbox="126 846 300 985"> <div>TAYLOR</div> <div>Body Composition Smart Scale with Bluetooth®</div> <div>5324506KHL</div> <div> <p><small>Check out the award-winning Taylor Precision Products, Smart Scale Body Composition Smart Scale with Bluetooth® (Model 5324506KHL) for accurate body fat, body water, muscle mass, and BMI readings. Please read the instruction manual carefully before use. Keep these instructions handy for future reference.</small></p> <p>INTRODUCTION</p> <p>How Taylor's Body Composition Smart Scale with Bluetooth® Works</p> <p>Body composition is measured using BIA (Bioelectrical Impedance Analysis) technology. This technology sends a safe, low-level electrical current through the body to measure body fat, body water, muscle mass, and BMI. The electrical current travels through the body's water content, which is proportional to the amount of lean tissue in the body. The more lean tissue, the more water, and the more water, the more electrical current. This gives you a more accurate reading of your overall health and fitness.</p> <p>NOTE: This instrument is a personal device and should be used by a single person. It is not intended to be used by multiple people. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age. It is not intended to be used by people who are taking medication. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age.</p> <p>While this analyzer will work accurately as a scale for weight and give you accurate body fat readings for a variety of people, it is not intended for use by pregnant women or children under the age of 18 (see Caution).</p> </div> <div>Instruction Manual</div> </div>	<div data-bbox="341 840 1461 994"> <p>Taylor 5324506KHL Body Composition Smart Scale with Bluetooth® - User Manual & Warranty</p> <p>Comprehensive guide for the Taylor 5324506KHL Body Composition Smart Scale. Learn how to set up, use, and troubleshoot your scale, connect with the AFit Health app, and understand its features and warranty.</p> </div>
<div data-bbox="126 1032 300 1326"> <div>TAYLOR</div> <div>Body Composition Scale</div> <div>5721F</div> <div> <p><small>Check out the award-winning Taylor Precision Products, Smart Scale Body Composition Scale (Model 5721F) for accurate body fat, body water, muscle mass, and BMI readings. Please read the instruction manual carefully before use. Keep these instructions handy for future reference.</small></p> <p>INTRODUCTION</p> <p>How Taylor's Body Composition Scale Works</p> <p>Body composition is measured using BIA (Bioelectrical Impedance Analysis) technology. This technology sends a safe, low-level electrical current through the body to measure body fat, body water, muscle mass, and BMI. The electrical current travels through the body's water content, which is proportional to the amount of lean tissue in the body. The more lean tissue, the more water, and the more water, the more electrical current. This gives you a more accurate reading of your overall health and fitness.</p> <p>NOTE: This instrument is a personal device and should be used by a single person. It is not intended to be used by multiple people. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age. It is not intended to be used by people who are taking medication. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age.</p> <p>While this analyzer will work accurately as a scale for weight and give you accurate body fat readings for a variety of people, it is not intended for use by pregnant women or children under the age of 18 (see Caution).</p> </div> <div>Quick Use Guide</div> </div>	<div data-bbox="341 1124 1461 1240"> <p>Taylor 5721F Body Composition Scale Quick Use Guide</p> <p>A quick guide for setting up and using the Taylor 5721F Body Composition Scale, including user profile setup and measurement instructions.</p> </div>
<div data-bbox="126 1370 300 1509"> <div>TAYLOR</div> <div>Body Composition Scale</div> <div>5790F</div> <div> <p><small>Check out the award-winning Taylor Precision Products, Smart Scale Body Composition Scale (Model 5790F) for accurate body fat, body water, muscle mass, and BMI readings. Please read the instruction manual carefully before use. Keep these instructions handy for future reference.</small></p> <p>INTRODUCTION</p> <p>How Taylor's Body Composition Scale Works</p> <p>Body composition is measured using BIA (Bioelectrical Impedance Analysis) technology. This technology sends a safe, low-level electrical current through the body to measure body fat, body water, muscle mass, and BMI. The electrical current travels through the body's water content, which is proportional to the amount of lean tissue in the body. The more lean tissue, the more water, and the more water, the more electrical current. This gives you a more accurate reading of your overall health and fitness.</p> <p>NOTE: This instrument is a personal device and should be used by a single person. It is not intended to be used by multiple people. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age. It is not intended to be used by people who are taking medication. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age.</p> <p>While this analyzer will work accurately as a scale for weight and give you accurate body fat readings for a variety of people, it is not intended for use by pregnant women or children under the age of 18 (see Caution).</p> </div> <div>Quick Use Guide</div> </div>	<div data-bbox="341 1370 1461 1518"> <p>Taylor 5790F Body Composition Scale Quick Use Guide</p> <p>Concise guide to operating the Taylor 5790F Body Composition Scale, covering setup, personal data entry, and understanding results for body fat, body water, muscle mass, and BMI. Includes customer service information.</p> </div>
<div data-bbox="126 1572 300 1787"> <div>TAYLOR</div> <div>Body Fat Scale</div> <div>5593</div> <div> <p><small>Check out the award-winning Taylor Precision Products, Smart Scale Body Fat Scale (Model 5593) for accurate body fat, body water, muscle mass, and BMI readings. Please read the instruction manual carefully before use. Keep these instructions handy for future reference.</small></p> <p>INTRODUCTION</p> <p>How Taylor's Body Fat Scale Works</p> <p>Body fat is measured using BIA (Bioelectrical Impedance Analysis) technology. This technology sends a safe, low-level electrical current through the body to measure body fat. The electrical current travels through the body's water content, which is proportional to the amount of lean tissue in the body. The more lean tissue, the more water, and the more water, the more electrical current. This gives you a more accurate reading of your overall health and fitness.</p> <p>NOTE: This instrument is a personal device and should be used by a single person. It is not intended to be used by multiple people. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age. It is not intended to be used by people who are taking medication. It is not intended to be used by people who are pregnant or who are taking medication. It is not intended to be used by people who are under 18 years of age or who are over 65 years of age.</p> <p>While this analyzer will work accurately as a scale for weight and give you accurate body fat readings for a variety of people, it is not intended for use by pregnant women or children under the age of 18 (see Caution).</p> </div> <div>Quick Use Guide and FAQs</div> </div>	<div data-bbox="341 1635 1461 1749"> <p>Taylor Body Fat Scale Quick Use Guide and FAQs</p> <p>Quick use guide and frequently asked questions for the Taylor Body Fat Scale (models 5593, 5594). Covers setup, weight-only operation, body fat/water analysis, and memory functions.</p> </div>



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The Taylor Advantage Best Quality: Precision measurement has been the exclusive focus of our busine ... cent Extra large 12.25 x 13.5 tempered glass platform 3.2 x 2 readout with blue backlight Item **#75284012** 9857 Digital Scale Capacity: 330 lb/150 kg SuperBrite™ red LED display Ribbed textured ma...

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