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> UltraCare PRO Combo3 Plus Instruction Manual

## UltraCare PRO Combo3 Plus

# UltraCare PRO Combo3 Plus Instruction Manual

Portable IFT Physiotherapy Machine with Advanced TENS & EMS

## 1. INTRODUCTION

The UltraCare PRO Combo3 Plus is a versatile 4-in-1 physiotherapy device designed for pain relief and muscle strengthening. It integrates Interferential Therapy (IFT), Transcutaneous Electrical Nerve Stimulation (TENS), Electrical Muscle Stimulation (EMS), and Russian Current Stimulation (RUSS) into a single, portable unit. This manual provides essential information for safe and effective operation of your device.

# INDIA'S Only

**IFT | EMS | TENS | RUSS** Therapy Device

**102** TREATMENT PROGRAMS

**30** TENS Programs

Transcutaneous Electrical Nerve Stimulation for joint, muscle & nerve pain relief

**21** EMS Programs

Electrical Muscle Stimulation for muscle strengthening



IFT Programs **30**

Interferential Therapy (Advanced TENS) for deeper relief

RUSS Programs **21**

Russian Stimulation for muscle strengthening and muscle re-education

Image: The UltraCare PRO Combo3 Plus device highlighting its 102 treatment programs across IFT, TENS, EMS, and RUSS modalities.

## 2. SAFETY INFORMATION

Please read all safety warnings and instructions carefully before using the device. Improper use can lead to injury or device malfunction.

- Do not use if you have a pacemaker, implanted defibrillator, or other metallic or electronic implanted devices.
- Consult a physician before use if you have any pre-existing medical conditions, including but not limited to heart disease, epilepsy, cancer, or are pregnant.
- Do not apply electrodes over open wounds, rashes, swollen, red, infected, or inflamed areas.
- Keep out of reach of children.
- Do not use while driving or operating heavy machinery.
- Avoid placing electrodes on the head, neck, or across the chest.
- Discontinue use immediately if you experience any adverse reactions and consult a medical professional.

### 3. PACKAGE CONTENTS

Verify that all items are present in your package:

- 1 x UltraCare PRO Combo3 Plus Device
- 2 x Lead Wires (42 inches)
- 4 x Reusable Electrode Pads (4x4 cm)
- 1 x Hard Protective Carrying Case
- 1 x User Manual
- 1 x Rechargeable 9 Volt Battery



Image: A visual representation of the accessories included with the Combo3 Plus device, such as electrode pads, lead wires, and the carrying case.

### 4. PRODUCT OVERVIEW

The Combo3 Plus features a user-friendly interface with a large LCD display and intuitive controls.



Image: The main product image showing the UltraCare PRO Combo3 Plus device with its LCD screen, control buttons, and connected electrode pads.

### Key Features:

- **4-in-1 Modalities:** IFT, TENS, EMS, RUSS.
- **Rechargeable:** Built-in rechargeable battery for convenience.
- **Large LCD Display:** Clear visibility of settings and programs.
- **Adjustable Modes & Programs:** Customize therapy based on needs.
- **Lock Facility:** For safety during use.

# FEATURES



Image: An infographic detailing the key features of the Combo3 Plus, such as its 4-in-1 modalities, rechargeable nature, and large LCD display.

## 5. SETUP

### 5.1. Battery Installation/Charging

1. Open the battery compartment on the back of the device.
2. Insert the provided 9V rechargeable battery, ensuring correct polarity.
3. Close the battery compartment.
4. Connect the USB charging cable to the device and a suitable USB power source (e.g., wall adapter, computer USB port) to charge the battery before first use. The charging indicator will show the charging status.

### 5.2. Connecting Lead Wires and Electrode Pads

1. Insert the pin connectors of the lead wires into the output jacks (CH1 and CH2) on the top of the device.
2. Attach the snap connectors at the other end of the lead wires to the electrode pads. Ensure a secure connection.
3. Peel the electrode pads from their protective liner. Retain the liner for storage.

## 6. OPERATING INSTRUCTIONS

### 6.1. Powering On/Off

- To power on, press and hold the Power button until the LCD screen illuminates.
- To power off, press and hold the Power button until the screen turns off.

### 6.2. Selecting Therapy Mode

The Combo3 Plus offers four therapy modes: IFT, TENS, EMS, and RUSS. Use the mode selection buttons to cycle through the available therapies.

### 6.3. Adjusting Intensity

Each channel (CH1 and CH2) has independent intensity controls. Use the '+' and '-' buttons for each channel to increase or decrease the intensity. Start with the lowest intensity and gradually increase until a comfortable sensation is felt.

### 6.4. Program Selection and Customization

The device comes with pre-set programs for various conditions. Refer to the detailed program list in the included user manual for specific settings. Some programs allow adjustment of parameters like frequency, pulse width, and treatment time.

### 6.5. Applying Electrode Pads

Clean and dry the skin area where electrodes will be placed. Apply the electrode pads firmly to the skin. Ensure good contact for effective therapy. Refer to the application guidelines for recommended placement for different body parts.

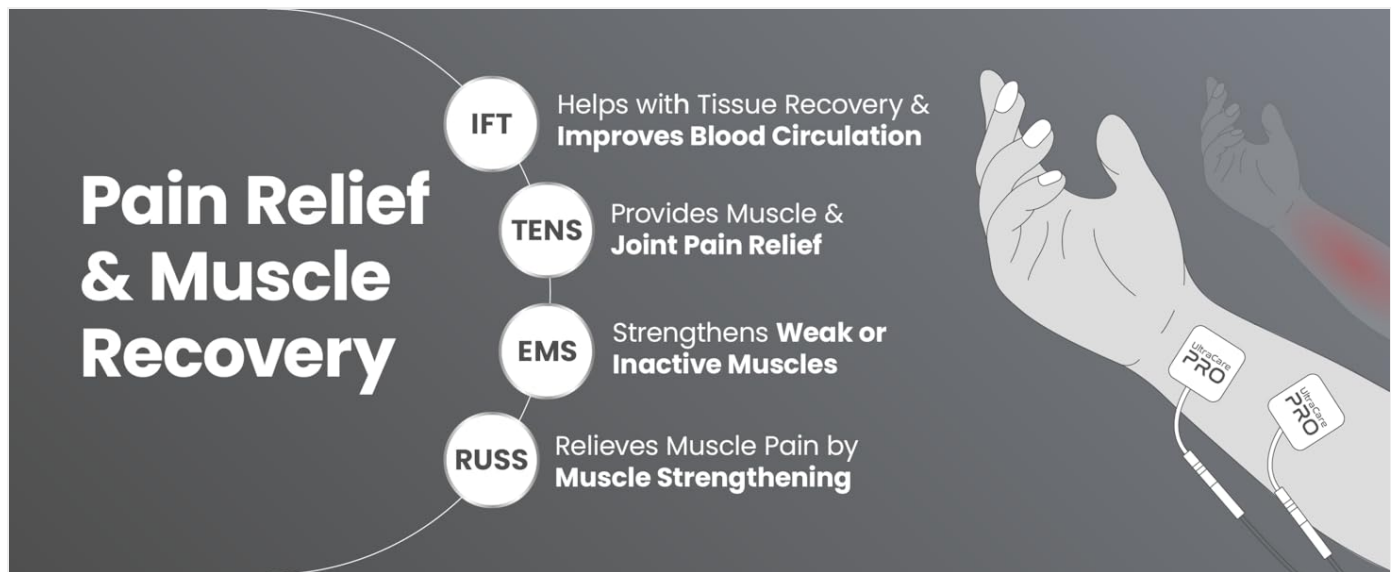


Image: A diagram illustrating proper electrode pad placement for various pain relief and muscle recovery applications.

## 7. APPLICATION GUIDELINES

The UltraCare PRO Combo3 Plus is helpful for:

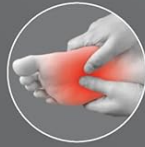
- Relieving Joint & Muscle Pain
- Relieving Swelling & Inflammation
- Muscle Recovery & Strengthening
- Sports Injury Relief
- Relieving Post Surgery Pain
- Improving Muscle Force

- Relieving Nerve Pain

# HELPFUL IN



Relieving Joint  
& Muscle Pain



Relieving Swelling  
& Inflammation



Muscle Recovery  
& Strengthening



Sports  
Injury Relief



Relieving Post  
Surgery Pain



Improving  
Muscle Force



Relieving  
Nerve Pain



Image: An infographic listing various conditions and benefits for which the UltraCare PRO Combo3 Plus can be used, such as muscle pain, swelling, and sports injuries.

## 8. MAINTENANCE

### 8.1. Cleaning the Device

- Wipe the device with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Ensure the device is powered off and disconnected from any power source before cleaning.

### 8.2. Electrode Pad Care

- After each use, reattach the electrode pads to their protective liner to preserve their adhesive quality.
- If pads lose adhesiveness, gently wipe the adhesive surface with a damp cloth and let air dry. Replace pads when they no longer stick.

### 8.3. Storage

- Store the device and accessories in the provided hard protective carrying case.
- Store in a cool, dry place away from direct sunlight and extreme temperatures.

## 9. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or battery not installed correctly.	Charge the battery or ensure it is correctly installed.
No sensation or weak sensation.	Electrode pads not making good contact, low intensity, or worn-out pads.	Ensure pads are firmly applied, increase intensity, or replace pads.
Screen is dim or flickering.	Low battery.	Recharge the device battery.
Device heats up during use.	Normal operation for extended periods, or high intensity.	This can be normal. If excessive, reduce intensity or take a break.

## 10. SPECIFICATIONS

- **Model Name:** Combo3 Plus
- **Dimensions:** 13.5 x 6.9 x 3.2 cm
- **Weight:** 920 g
- **Power Source:** Rechargeable 9V Battery
- **Therapy Modes:** IFT, TENS, EMS, RUSS
- **Manufacturer:** Zealmax Innovations Pvt. Ltd.
- **Country of Origin:** China

## 11. WARRANTY AND SUPPORT

The UltraCare PRO Combo3 Plus comes with a 1-year warranty provided by Zealmax Innovations Pvt. Ltd. This warranty is non-transferable and valid for 1 year from the original date of purchase. It applies only to the device itself; accessories are not covered under warranty.

### Customer Support:

For any queries, support, or warranty claims, please contact:

**Phone:** +91 8799695599 or 095121 08456

**Email:** info@ultracarepro.in

**Operating Hours:** Monday to Saturday, 10 AM to 7 PM (IST)

# CLAIM YOUR WARRANTY



## CUSTOMER SUPPORT



095121 08456



[info@ultracarepro.in](mailto:info@ultracarepro.in)

{ MON to SAT  
10AM to 7PM }

Image: Information regarding the 1-year warranty and contact details for UltraCare PRO customer support.