

[Manuals.plus](#) /

› [DonJoy](#) /

› DonJoy UltraSling III Shoulder Support Sling User Manual

DonJoy DJ141SB02-S

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Model: DJ141SB02-S

PRODUCT OVERVIEW

The DonJoy UltraSling III Shoulder Support Sling is designed to provide comfort and convenience for post-operative shoulder recovery. It features soft padded adjustable straps for a customized fit and a breathable inner lining that wicks away moisture and provides ventilation, promoting auxiliary air exchange to reduce the risk of secondary infections. A de-rotation strap securely holds the arm in a neutral position, preventing internal rotation and allowing for various positioning options based on post-operative requirements. Quick-release buckles and an easy-open front panel facilitate easy removal for exercise or therapy. This sling is universally designed for use on either the left or right arm.



Image: A man demonstrates the DonJoy UltraSling III Shoulder Support Sling. The sling is black, supporting his right arm, which is bent at the elbow and held close to his body. He is holding a small red ball in his hand, which is visible at the end of the sling. The sling features a broad shoulder strap and a main arm support section with textured padding. The "ULTRASLING III DONJOY" logo is visible on the sling.

KEY FEATURES

- **Adjustable Padded Straps:** Soft, padded straps ensure a customized and comfortable fit.

- **De-rotation Strap:** Connects to the sling to prevent internal rotation, maintaining the arm in a neutral position.
- **Quick Release Buckles:** Facilitate easy application and removal for therapy or exercise.
- **Breathable Inner Lining:** Wicks away moisture and provides ventilation, reducing the risk of secondary infections.
- **Universal Fit:** Designed to be worn on either the left or the right arm.

INDICATIONS FOR USE

The DonJoy UltraSling III is ideal for post-operative treatment following various shoulder procedures and conditions, including:

- Rotator cuff repairs
- Bankart procedures
- Capsular shifts
- Glenohumeral (GH) dislocation/subluxation
- Soft tissue repairs/strains

SETUP AND ADJUSTMENT

Follow these steps to properly fit and adjust your DonJoy UltraSling III:

1. **Prepare the Sling:** Ensure all straps are unbuckled and the sling is laid out flat. Identify the main arm pouch, the shoulder strap, and the de-rotation strap.
2. **Position the Arm:** Gently place the affected arm into the main arm pouch, ensuring the elbow is comfortably seated at the back of the pouch and the hand extends to the front opening.
3. **Secure the Shoulder Strap:** Place the padded shoulder strap over the unaffected shoulder and bring it across the back to connect to the buckle on the main arm pouch. Adjust the length of the strap to ensure the arm is supported at a comfortable angle, typically with the elbow at a 90-degree bend.
4. **Attach the Waist Strap (if applicable):** Some configurations may include a waist strap for additional stability. If present, wrap it around your torso and secure it to the main arm pouch, ensuring a snug but not overly tight fit.
5. **Adjust the De-rotation Strap:** The de-rotation strap is designed to prevent internal rotation. Attach it to the appropriate loop on the sling and secure it around your waist or torso as instructed by your healthcare provider to maintain the desired arm position.
6. **Check for Comfort and Fit:** Ensure the sling feels secure and comfortable. There should be no excessive pressure points, and the arm should be adequately immobilized. Adjust straps as needed. The quick-release buckles allow for easy removal and reapplication for therapy or hygiene.

Consult your healthcare professional for specific fitting instructions tailored to your condition.

CARE AND MAINTENANCE

Proper care will extend the life of your UltraSling III and maintain hygiene:

- **Cleaning:** Hand wash the sling in cold water with mild soap. Do not use bleach or harsh detergents.
- **Drying:** Air dry completely. Do not machine dry or expose to direct heat.
- **Storage:** Store in a cool, dry place away from direct sunlight when not in use.
- **Inspection:** Regularly inspect the sling for any signs of wear, tear, or damage to straps, buckles, or fabric. Discontinue use if damage is observed and contact your supplier or healthcare provider.

TROUBLESHOOTING

If you encounter issues with your UltraSling III, consider the following:

- **Discomfort or Pressure Points:**
 - Re-adjust the shoulder strap and arm pouch to ensure even weight distribution.
 - Ensure the elbow is fully seated in the back of the pouch.
 - Check that no fabric is bunched or twisted.
- **Sling Slipping or Not Staying in Place:**
 - Tighten the shoulder strap and de-rotation strap slightly, ensuring it is snug but not restrictive.
 - Verify all buckles are securely fastened.
- **Skin Irritation:**
 - Ensure the breathable lining is clean and dry.
 - Wear a thin, breathable garment underneath the sling to create a barrier.
 - If irritation persists, consult your healthcare provider.

For persistent issues or concerns, contact your healthcare provider or the manufacturer.

SPECIFICATIONS

Brand	DonJoy
Model Number	DJ141SB02-S
Size	Small (as per current product variant)
Item Weight	0.45 Kilograms
Item Dimensions (LxWxH)	12.7 x 10.5 x 8.8 inches
Manufacturer	DJO Global
Specific Uses For Product	Rotator Cuff, Holding, Shoulder Support
Universal Fit	Yes (Left or Right Arm)

WARRANTY AND SUPPORT

For specific warranty information regarding your DonJoy UltraSling III, please refer to the documentation included with your product or contact DJO Global directly. For product support, technical assistance, or to report any issues, please reach out to the manufacturer or your medical equipment supplier.

Additional resources, including a PDF user manual, may be available from the manufacturer's website or your point of purchase. The user manual for this product is also available as a PDF document: [DonJoy UltraSling III User Manual \(PDF\)](#).

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question