

## Fossil FTJ50001-Parent

# Fossil Q Dreamer Activity Tracker User Manual

Model: FTJ50001-Parent

## 1. INTRODUCTION

The Fossil Q Dreamer is a sophisticated activity tracker designed to seamlessly integrate into your daily life. This device combines the elegance of a traditional bracelet with the functionality of a modern wearable, tracking your daily steps and calories burned. It also provides filtered notifications from your connected smartphone, keeping you informed without constant screen interaction.

This manual provides essential information for setting up, operating, maintaining, and troubleshooting your Fossil Q Dreamer activity tracker.

## 2. WHAT'S IN THE Box

Upon unboxing your Fossil Q Dreamer, please verify that all components are present:

- Fossil Q Dreamer Activity Tracker (Stainless Steel Bracelet with Leather Strap)
- Charging Cradle
- USB Charging Cable
- Quick Start Guide (not included in this manual)



Image: The Fossil Q Dreamer activity tracker, featuring a stainless steel bar and a black leather strap.



Image: The charging cradle and USB cable included with the Fossil Q Dreamer.

## 3. SETUP

### 3.1 Charging Your Device

1. Connect the USB charging cable to the charging cradle.
2. Plug the other end of the USB cable into a powered USB port (e.g., computer, wall adapter).
3. Place your Fossil Q Dreamer tracker into the charging cradle, ensuring the charging contacts align. The device will indicate charging status.
4. Allow the device to charge fully before first use. Charging time may vary.



Image: The charging cradle and USB cable, demonstrating the components used for charging the device.

## 3.2 App Installation and Pairing

1. Download the official **Fossil Q App** from your smartphone's app store (available for iOS and Android devices).
2. Open the Fossil Q App and follow the on-screen instructions to create an account or log in.
3. Ensure your smartphone's Bluetooth is enabled.
4. Within the app, select the option to add a new device and choose the Fossil Q Dreamer.
5. Follow the app's prompts to pair your tracker with your smartphone. This typically involves confirming a code or pressing a button on the tracker.
6. Once paired, the app will guide you through initial setup, including personal profile information for accurate activity tracking.

## 4. OPERATING YOUR DEVICE

### 4.1 Activity Tracking

The Fossil Q Dreamer automatically tracks your daily activity, including steps taken and calories burned. Wear the device comfortably on your wrist for accurate data collection. Data is synchronized with the Fossil Q App on your smartphone, where you can view your progress, set goals, and analyze trends.



Image: The Fossil Q Dreamer activity tracker worn on a wrist, demonstrating its intended use.

## 4.2 Notifications

Once paired with your smartphone, the Fossil Q Dreamer can provide filtered notifications for calls, texts, and app alerts. You can customize which notifications you receive through the Fossil Q App. The tracker uses subtle vibrations or light patterns to alert you, allowing for discreet awareness without needing to check your phone.

## 4.3 Compatibility

The Fossil Q Dreamer is compatible with smartphones running Android and iOS operating systems. Ensure your device meets the minimum operating system requirements specified in the Fossil Q App's description.

## 5. MAINTENANCE

### 5.1 Cleaning

- **Stainless Steel:** Wipe the stainless steel components with a soft, damp cloth. For stubborn marks, a mild soap solution can be used, followed by thorough drying. Avoid abrasive cleaners.
- **Leather Strap:** Clean the leather strap with a dry, soft cloth. For light stains, a slightly damp cloth can be used, but avoid saturating the leather. Allow it to air dry completely. Avoid harsh chemicals or excessive moisture, which can damage the leather.
- Ensure the charging contacts on the tracker and cradle are clean and free of debris for optimal charging.

## 5.2 Battery Care

To maximize battery life, avoid exposing the device to extreme temperatures. Charge the device regularly, but avoid leaving it fully discharged for extended periods. If storing the device for a long time, ensure it has a partial charge (around 50%) to prevent battery degradation.

## 5.3 Strap Replacement

The Fossil Q Dreamer is compatible with Fossil Q Reveler 12mm straps. If you wish to replace the strap, ensure the new strap is of the correct width and designed for easy interchangeability.

## 6. TROUBLESHOOTING

If you encounter issues with your Fossil Q Dreamer, try the following steps:

- **Device Not Responding:** Ensure the device is charged. Place it on the charging cradle to see if it powers on.
- **Not Tracking Activity:** Verify the device is worn correctly on your wrist. Check the Fossil Q App to ensure it is connected and synchronized. Try restarting the app.
- **Not Receiving Notifications:** Confirm Bluetooth is enabled on your phone and the tracker is paired. Check notification settings within the Fossil Q App and your phone's system settings to ensure permissions are granted.
- **Connection Issues:** Try turning Bluetooth off and on again on your phone. If issues persist, unpair the device from the Fossil Q App and your phone's Bluetooth settings, then re-pair it following the setup instructions.
- **App Issues:** Ensure your Fossil Q App is updated to the latest version. If the app is unresponsive, force close it and reopen. As a last resort, uninstall and reinstall the app.

For persistent issues, refer to the online support resources on the official Fossil website.

## 7. SPECIFICATIONS

Feature	Detail
Model Number	FTJ50001-Parent
Item Weight	0.2 ounces

Material	Leather
Metal Type	Stainless-steel
Clasp Type	Buckles
Compatibility	Android and iOS operating systems

## 8. WARRANTY AND SUPPORT

### 8.1 Warranty Information

Fossil products are typically covered by a limited warranty against defects in materials and workmanship. The specific warranty period and terms may vary by region and product. Please refer to the warranty card included with your purchase or visit the official Fossil website for detailed warranty information.

### 8.2 Customer Support

For further assistance, technical support, or service inquiries, please visit the official Fossil support website or contact Fossil customer service. You can find contact information and frequently asked questions (FAQs) on their website:

[Visit Fossil Official Website](#)

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