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› Homedics Massage Comfort Cushion with Heat (Model BKP-110) Instruction Manual

## Homedics BKP-110

# Homedics Massage Comfort Cushion with Heat (Model BKP-110) Instruction Manual

Model: BKP-110

## 1. INTRODUCTION AND OVERVIEW

The Homedics Massage Comfort Cushion with Heat (Model BKP-110) is designed to provide a relaxing and invigorating massage experience. This portable cushion features five vibrating motors and an optional soothing heat function to help alleviate tension in your back muscles. It is suitable for use in various settings, including your home or office chair, and includes necessary adapters for convenience.

Please read this instruction manual thoroughly before using the product to ensure safe and proper operation.

## 2. IMPORTANT SAFETY INSTRUCTIONS

**When using electrical products, especially when children are present, basic safety precautions should always be followed, including the following:**

- **READ ALL INSTRUCTIONS BEFORE USING.**
- **DANGER:** To reduce the risk of electrocution:
  - Always unplug the appliance from the electrical outlet immediately after using and before cleaning.
  - Do not reach for an appliance that has fallen into water. Unplug it immediately.
  - Do not use while bathing or in a shower.
  - Do not place or store appliance where it can fall or be pulled into a tub or sink.
  - Do not place in or drop into water or other liquid.
- **WARNING:** To reduce the risk of burns, fire, electric shock, or injury to persons:
  - An appliance should never be left unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts or attachments.
  - Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.

- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by Homedics.
  - Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return it to a Homedics Service Center for examination and repair.
  - Keep cord away from heated surfaces.
  - Never use while sleeping or fall asleep while using the massager.
  - Never drop or insert any object into any opening.
  - Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
  - Do not use on or near eyes or other highly sensitive areas.
- This product is not intended for medical use. It is intended only to provide a luxurious massage.
  - Consult your doctor before using this product if you are pregnant, have a pacemaker, or have any concerns regarding your health.
  - Never use on swollen or inflamed areas or skin eruptions.
  - Do not use this product as a substitute for medical attention.
  - Never use this product while driving.

**Note:** The generic "ingredients" warning from the product data has been adapted into general safety instructions relevant for an electrical massage device. It is crucial to provide actual safety warnings for such products.

### 3. PRODUCT FEATURES

- **Invigorating Massage:** Equipped with five motors that deliver a vibrating massage to help relieve tension in back muscles.
- **Soothing Heat:** An optional heat setting enhances the massage experience, providing warmth to tired muscles.
- **Portable Design:** The cushion includes adapters for versatile use, allowing it to be used in office chairs, at home, or in a vehicle.
- **Customized Settings:** Integrated controls enable selection of heat, high or low intensity levels, and three massage zones (upper, middle, and lower back) for a personalized massage.



## INTEGRATED CONTROLS

Turn on and off, add soothing heat,  
or adjust the speed with ease

Image: The Homedics Massage Comfort Cushion with Heat, illustrating the vibration massage feature with concentric circles indicating massage zones.

### 4. SETUP INSTRUCTIONS

1. **Unpack:** Carefully remove the massage cushion from its packaging.
2. **Placement:** Place the cushion on the desired chair or seat. Ensure it is securely positioned and does not slip during use. The cushion is designed to fit most chairs.
3. **Power Connection:**
  - **For Home/Office Use:** Connect the AC adapter to the cushion's power input, then plug the AC adapter into a standard electrical outlet.
  - **For Vehicle Use:** Connect the car adapter (if included) to the cushion's power input, then plug the car adapter into your vehicle's 12-volt accessory outlet.
4. **Secure Straps (if applicable):** Some models may include straps to secure the cushion to a chair. Adjust these straps for a snug fit.



Image: A hand holding the car power adapter, demonstrating the portability feature for vehicle use.

## 5. OPERATING INSTRUCTIONS

The Homedics Massage Comfort Cushion features an integrated control panel for easy operation. The controls are typically located on the side of the cushion.



## SOOTHING HEAT

Relaxes tense back muscles

Image: A close-up view of the integrated control panel, showing the power, heat, and intensity buttons.

1. **Power On/Off:** Press the **Power button** (usually indicated by a circle with a vertical line) to turn the massage cushion on. Press it again to turn the unit off.
2. **Vibration Intensity:** Press the **H/L button** to switch between high (H) and low (L) vibration intensity levels.
3. **Soothing Heat:** Press the **Heat button** (usually indicated by three wavy lines) to activate the soothing heat function. Press it again to turn the heat off. The heat function operates in conjunction with the vibration massage.
4. **Massage Zones:** The cushion provides massage to three zones: upper, middle, and lower back. The controls allow you to select specific zones or all zones simultaneously, depending on the model. Refer to the icons on the control panel for zone selection.

**Automatic Shut-off:** For your safety and convenience, the unit may be equipped with an automatic shut-off feature after a certain period of continuous use (e.g., 15 minutes). If the unit shuts off, simply press the power button again to resume operation.

## 6. MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your massage cushion.

- **Cleaning:**

- Always unplug the unit before cleaning.
- Wipe the cushion with a soft, slightly damp cloth.
- Do not use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish, or paint thinner to clean the unit.
- Do not immerse the unit in water or any other liquid.

- **Storage:**

- Store the appliance in its box or a safe, dry, cool place.
- Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface.
- To avoid breakage, do not wrap the power cord around the unit.

## 7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Unit does not turn on.	Not properly plugged in; power outlet not functioning.	Ensure power adapter is securely connected to the cushion and plugged into a working electrical outlet. Test the outlet with another device.
Heat function is not working.	Heat button not activated; unit may require a few minutes to warm up.	Press the heat button. Allow 5-10 minutes for the heat to become noticeable. Ensure the unit is powered on.
Vibration is too weak or too strong.	Incorrect intensity setting.	Press the H/L button to adjust between high and low intensity levels.
Unit automatically shuts off.	Automatic shut-off feature activated.	This is a safety feature. Simply press the power button again to restart the massage.

## 8. SPECIFICATIONS

Specification	Detail
Model Number	BKP-110
Brand	Homedics
Product Dimensions (L x W x H)	38.58" x 18.11" x 1.38" (98 cm x 46 cm x 3.5 cm)
Item Weight	1.43 Pounds (0.65 kg)
Power Source	Corded Electric
Massage Therapy Technique	Vibration
Special Features	Heat, Speed Control (High/Low)
Target Use Body Part	Back
Color	Black
UPC	031262068477, 789542910496



## 2 SPEEDS TO MEET YOUR NEEDS

Choose between high or  
low intensity

Image: A diagram illustrating the dimensions of the massage cushion, showing its height and width.

## 9. WARRANTY AND SUPPORT

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Homedics provides a limited warranty on its products. For detailed warranty information, including terms and conditions, please refer to the warranty card included with your product or visit the official Homedics website. For technical support, replacement parts, or any questions regarding your Homedics Massage Comfort Cushion, please contact Homedics Customer Service. Contact information can typically be found on the product packaging or the official Homedics website.

**Website:** [www.homedics.com](http://www.homedics.com)

