

## DJO DJ141SB02-S

# DonJoy UltraSling III Shoulder Support Sling Instruction Manual

Model: DJ141SB02-S

## INTRODUCTION

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This manual provides instructions for the proper use, care, and maintenance of the DonJoy UltraSling III Shoulder Support Sling. This device is designed to provide comfortable and secure support for the shoulder and arm during recovery.



Image 1: The DonJoy UltraSling III Shoulder Support Sling in use, demonstrating its design and how it supports the arm and shoulder.

## INDICATIONS FOR USE

The DonJoy UltraSling III Shoulder Support Sling is intended for post-operative treatment following various shoulder procedures and injuries. Consult with a healthcare professional for specific guidance.

- Rotator cuff repairs
- Bankart procedures
- Capsular shifts
- Glenohumeral (GH) dislocation/subluxation

- Soft tissue repairs/strains

## KEY FEATURES

- Soft padded adjustable straps for a customized fit and comfort.
- De-rotation strap to prevent internal rotation and securely hold the arm in a neutral position.
- Quick-release buckles and an easy-open front panel for convenient removal during exercise or therapy.
- Breathable inner lining that wicks away moisture and provides ventilation, promoting auxiliary air exchange.
- Universal fit, allowing use on either the left or the right arm.

## SIZING INFORMATION

To ensure proper fit, measure from the elbow crease to the base of the index finger. The UltraSling III is designed for universal fit, suitable for both left and right arms.

Sizing	
Sizes Available: S, M L , XL	
(Measure elbow crease to base of index finger, fits right or left arm)	
Size	
S	Up to 11" (28 cm)
M	11"-13" (28-33 cm)
L	13"-15" (33-38 cm)
XL	Above 15" (Above 38 cm)

Image 2: Sizing chart detailing arm length measurements for different UltraSling III sizes. Small is up to 11 inches (28 cm).

### UltraSling III Sizing Guide

Size	Measurement (Elbow Crease to Index Finger Base)
Small (S)	Up to 11" (28 cm)
Medium (M)	11"-13" (28-33 cm)
Large (L)	13"-15" (33-38 cm)
Extra Large (XL)	Above 15" (Above 38 cm)

## SETUP AND APPLICATION

Follow these general steps for applying the DonJoy UltraSling III. Always consult your healthcare provider for personalized instructions.

1. **Position the Arm:** Gently place the affected arm into the sling pouch, ensuring the elbow is fully seated at the back of the pouch.
2. **Secure the Wrist:** Ensure the wrist is comfortably supported within the sling.
3. **Adjust Shoulder Strap:** Place the shoulder strap over the unaffected shoulder. Adjust the strap

length so the arm is supported at the recommended angle (typically 90 degrees at the elbow), and the hand is slightly elevated.

4. **Attach Waist Strap (if applicable):** If your model includes a waist strap or de-rotation strap, wrap it around your torso and secure it to the sling. This helps prevent unwanted rotation of the arm.
5. **Final Adjustments:** Check all straps for comfort and security. The sling should feel snug but not restrictive, and the arm should be stable.

## WEARING INSTRUCTIONS

Once applied, the UltraSling III should provide continuous support. The quick-release buckles allow for temporary removal for exercises or therapy as directed by your healthcare professional. Always re-secure the sling immediately after these activities.

- Wear the sling as prescribed by your doctor.
- Avoid unnecessary movements of the affected arm.
- Use the quick-release buckles for temporary removal during approved exercises or hygiene.
- Ensure the de-rotation strap is properly positioned to maintain the arm's neutral position.

## CARE AND MAINTENANCE

Proper care extends the life of your UltraSling III and maintains hygiene.

- **Cleaning:** Hand wash in cold water with mild soap. Rinse thoroughly.
- **Drying:** Air dry completely. Do not machine wash, tumble dry, iron, or bleach.
- **Storage:** Store in a clean, dry place away from direct sunlight and extreme temperatures.
- **Inspection:** Regularly inspect the sling for any signs of wear, tear, or damage to straps and buckles. Discontinue use if damage is observed and consult your healthcare provider or supplier.

## TROUBLESHOOTING

- **Discomfort or Pain:** If you experience increased pain, numbness, or discomfort, immediately loosen the straps and re-adjust. If symptoms persist, remove the sling and contact your healthcare provider.
- **Sling Slipping:** Ensure all straps are securely fastened and adjusted to the correct length. The shoulder strap should be snug but not tight.
- **Skin Irritation:** Ensure the sling is clean and dry. If irritation occurs, consult your healthcare provider. Wearing a thin, breathable garment under the sling may help.

## SPECIFICATIONS

Attribute	Detail
Brand	DJO (DonJoy)
Model Number	DJ141SB02-S
Product Dimensions	32.26 x 26.67 x 22.35 cm
Item Weight	450 g



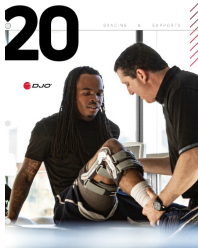



Attribute	Detail
Size	Small (Up to 11" / 28 cm)
Age Range	Adult
Special Features	Adjustable
Specific Uses	Rotator Cuff, Holding, Shoulder Support
Universal Fit	Yes (Left or Right Arm)

## WARRANTY AND SUPPORT

For warranty information or product support, please contact DJO customer service directly. Refer to the product packaging or the official DJO website for the most current contact details.

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## Related Documents - DJ141SB02-S

	<p><a href="#">DJO UltraSling III Shoulder Immobilizer Instructions</a></p> <p>This document provides instructions for the DJO UltraSling III shoulder immobilizer, covering intended use, contraindications, warnings, application, cleaning, and warranty information in multiple languages.</p>
	<p><a href="#">DJO UltraSling II Post-Operative Shoulder Sling Instructions and User Guide</a></p> <p>Comprehensive instructions for the DJO UltraSling II post-operative shoulder sling, covering intended use, application, cleaning, and warranty information for optimal patient recovery.</p>
	<p><a href="#">DJO Bracing &amp; Supports Product Catalog</a></p> <p>Explore the comprehensive range of orthopedic bracing and support solutions from DJO, featuring leading brands like DonJoy, Aircast, ProCare, and EXOS. This catalog details products for wrists, shoulders, knees, ankles, and more, designed for recovery, performance, and pain relief.</p>
	<p><a href="#">DJO X-ROM Knee Brace: Application and Usage Guide</a></p> <p>Comprehensive guide for the DJO X-ROM knee brace, covering intended use, application instructions, adjustments, cleaning, and warranty information.</p>
	<p><a href="#">Sully Shoulder Stabilizer - Instructions and Usage Guide</a></p> <p>Detailed instructions and usage guide for the Sully Shoulder Stabilizer by DJO, LLC. Learn about intended use, application, warnings, and care for shoulder injuries.</p>
	<p><a href="#">DJO DonJoy X-ACT ROM Lite Knee Brace Instructions</a></p> <p>Comprehensive instructions for the DonJoy X-ACT ROM Lite Knee Brace, covering intended use, contraindications, warnings, application, hinge adjustment, cleaning, warranty, and composition. Available in multiple languages.</p>

