Armitron 40/8284

Armitron Sport Digital Chronograph Watch Model 40/8284 User Manual

Model: 40/8284

INTRODUCTION

This manual provides comprehensive instructions for the Armitron Sport Digital Chronograph Watch, Model 40/8284. Please read this manual thoroughly to understand the functions and proper operation of your watch. This watch features a digital display, chronograph, lap time, alarm, dual time, military time, and backlight functions, with water resistance up to 100 meters (330 feet).

Figure 1: Front view of the Armitron Sport Digital Chronograph Watch, Model 40/8284. The watch features a black resin case with lime green accents, a digital display showing time and date, and multiple function buttons around the bezel.

Watch Components and Button Functions

Your Armitron Sport watch has several buttons for navigating modes and setting functions. While exact button labels may vary slightly, the typical layout is as follows:

- **MODE Button (Bottom Left):** Used to cycle through different modes (Time, Chronograph, Alarm, Dual Time).

- **RESET Button (Top Left):** Used to reset values in setting modes or the chronograph.
- **ST/STP Button (Top Right):** Used to start/stop functions like the chronograph or to adjust values in setting modes.
- **EL (Electroluminescent) Button (Bottom Right):** Activates the backlight for visibility in low-light conditions.

Figure 2: The Armitron Sport Digital Chronograph Watch worn on a wrist, illustrating its size and fit. The watch has a prominent digital display and a durable resin strap.

SETUP INSTRUCTIONS

Setting Time and Date

1. From the Timekeeping mode, press the **MODE** button repeatedly until the seconds begin to flash. This indicates you are in time setting mode.
2. Press the **RESET** button to cycle through the settings: seconds, hour, minute, month, date, day of the week.
3. Use the **ST/STP** button to adjust the flashing value. Hold the button to advance values quickly.
4. Once all settings are correct, press the **MODE** button to exit the setting mode.

Setting the Alarm

1. Press the **MODE** button until you reach the Alarm mode (indicated by 'AL' or an alarm icon).
2. Press the **RESET** button to select the hour or minute setting. The selected value will flash.
3. Use the **ST**/**STP** button to adjust the hour or minute.
4. Press the **MODE** button to confirm and exit alarm setting.
5. To activate/deactivate the alarm, press the **ST**/**STP** button while in Alarm mode. An alarm icon will appear/disappear on the display.

Dual Time Setting

1. Press the **MODE** button until you reach the Dual Time mode (often indicated by 'DT' or a secondary time display).
2. Press the **RESET** button to select the hour or minute setting. The selected value will flash.
3. Use the **ST**/**STP** button to adjust the hour or minute for the second time zone.
4. Press the **MODE** button to confirm and exit Dual Time setting.

OPERATING INSTRUCTIONS

Mode Navigation

Press the **MODE** button to cycle through the watch's functions in the following order:

- Timekeeping Mode (displays current time, date, day)
- Chronograph Mode (stopwatch)
- Alarm Mode
- Dual Time Mode

Using the Chronograph (Stopwatch)

1. Enter Chronograph mode by pressing the **MODE** button. The display will show '0:00:00'.
2. Press the **ST**/**STP** button to start the chronograph.
3. Press the **ST**/**STP** button again to stop the chronograph.
4. To record a lap time while the chronograph is running, press the **RESET** button. The lap time will display briefly, and the chronograph will continue running in the background.
5. To reset the chronograph to zero, ensure it is stopped, then press the **RESET** button.

Using the Backlight

Press the **EL** button (Bottom Right) to illuminate the display for a few seconds, enhancing visibility in dark environments.

12/24 Hour (Military) Time Display

In Timekeeping mode, press the **ST**/**STP** button to toggle between 12-hour and 24-hour (military) time formats.

MAINTENANCE

Cleaning Your Watch

Regularly clean your watch with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these can damage the resin case and strap.

Battery Replacement

The watch uses one Lithium Metal battery. When the display dims or functions become erratic, the battery may need replacement. It is recommended to have the battery replaced by a qualified watch technician to ensure proper sealing and maintain water resistance.

Water Resistance Guidelines

Your watch is water resistant to 100 meters (330 feet). This makes it suitable for swimming and snorkeling. However, it is not designed for scuba diving. Avoid operating buttons underwater to prevent water ingress. Exposure to hot water (e.g., hot tubs, saunas) can compromise the watch's seals and water resistance.

WATER RESISTANT CHART	
NOT WATER RESISTANT	**NOT WATER RESISTANT**
ACCIDENTAL SPLASHES	**WATER RESISTANT TO 30M (100FT):** In general, withstands splashes or brief immersion in water, but not suitable for swimming or bathing
SWIMMING	**WATER RESISTANT TO 50M (165FT):** In general, suitable for short periods of recreational swimming, but not diving or snorkeling
SNORKELING	**WATER RESISTANT TO 100 M (330 FT):** In general, suitable for swimming and snorkeling, but not scuba diving

Figure 3: Water Resistance Chart. This chart illustrates different levels of water resistance and corresponding activities. The Armitron Sport 40/8284 is rated for 100M (330FT), suitable for swimming and snorkeling.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Display is blank or dim	Low battery	Replace battery (refer to Maintenance section).
Time is incorrect	Time needs adjustment	Reset time and date (refer to Setup section).
Alarm does not sound	Alarm is not activated	Ensure alarm is turned ON in Alarm mode.
Water appears inside watch	Water resistance compromised	Immediately take the watch to a qualified technician for inspection and repair. Avoid further water exposure.

SPECIFICATIONS

- **Model Number:** 40/8284LGN

- **Case Diameter:** 53.5 millimeters

- **Movement:** Quartz Digital

- **Case Material:** Resin

- **Band Material:** Resin

- **Water Resistance:** 100 meters (330 feet)

- **Battery:** 1 Lithium Metal battery (included)

- **Product Dimensions:** 3.74 x 2.48 x 3.27 inches; 6.38 ounces

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the warranty card included with your purchase or visit the official Armitron website. Keep your proof of purchase for any warranty claims.

No official product videos from the seller were available for embedding in this manual.