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› [tectake](#) /

› [Tectake Portable Massage Table 800158 Instruction Manual](#)

## tectake 800158

# Tectake Portable Massage Table 800158 Instruction Manual

Model: 800158

## INTRODUCTION

This manual provides essential instructions for the safe and effective use of your Tectake Portable Massage Table, Model 800158. Please read this guide thoroughly before assembly and operation to ensure proper handling and longevity of your product. This 3-zone foldable therapy bed is designed for comfort and portability.

## SAFETY INFORMATION

**Attention:** Always place the massage table on a flat and stable surface before use. Ensure all locking mechanisms are securely engaged to prevent accidental folding or collapse. Do not exceed the maximum weight capacity of the table. Keep children and pets away from the table during setup and use.

## PACKAGE CONTENTS

Verify that all components are present before beginning assembly:

- 1 x Tectake Portable Massage Table (3 Zones)
- 1 x Headrest with removable pads
- 1 x Comfortable Armrest
- 1 x Carry Bag

## SETUP INSTRUCTIONS

### 1. Unfolding the Massage Table

1. Place the folded table on a flat surface with the latches facing upwards.
2. Unlatch the closures on the side of the table.
3. Gently open the table, allowing the legs to unfold automatically.
4. Ensure all four legs are fully extended and locked into position.

5. Flip the table over so the padded surface is facing upwards.



*Image: The Tectake Portable Massage Table shown folded in its carry case and fully unfolded, demonstrating its compact storage and readiness for use.*

## 2. Attaching the Headrest and Armrest

1. Locate the two holes at one end of the massage table.
2. Insert the support bars of the headrest into these holes. Ensure it is securely fitted.
3. Attach the comfortable armrest to the designated slots below the headrest.



*Image: Close-up view of the adjustable headrest mechanism and the attached armrest, along with a full view of the table with these accessories installed.*

### **3. Adjusting Table Height**

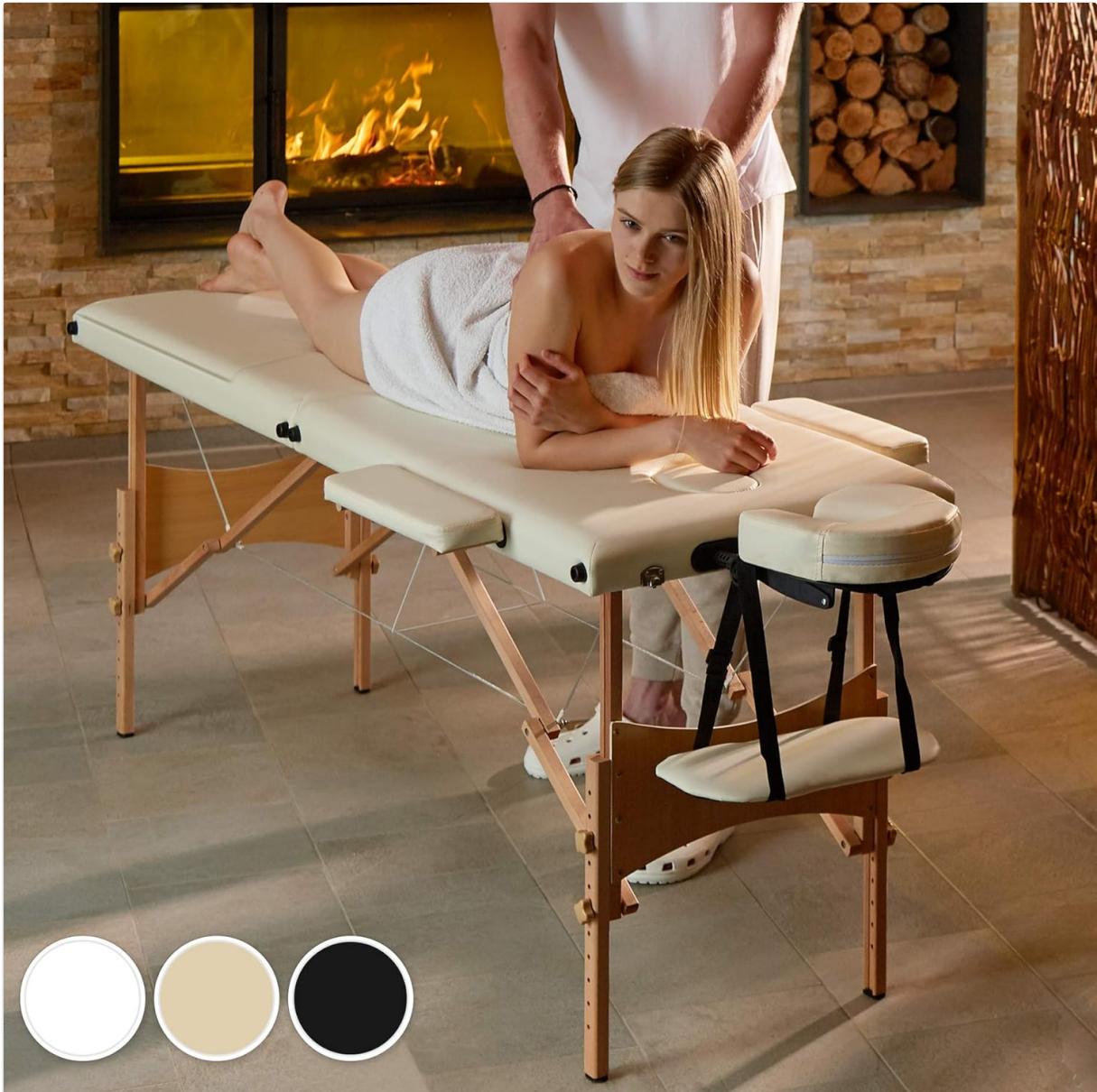
Each leg of the massage table is equipped with adjustment knobs. Loosen the knobs, adjust the leg to the desired height, and then securely tighten the knobs. Ensure all legs are adjusted to the same height for stability.

## **OPERATING INSTRUCTIONS**

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### **General Use**

Once assembled and adjusted, the Tectake massage table is ready for use. Ensure the client is positioned comfortably and safely on the table. The oil and water-resistant vinyl cover provides a hygienic surface.



*Image: The Tectake Portable Massage Table in a therapy setting, demonstrating its use with a person lying comfortably on it, highlighting the headrest and armrest.*

## Adjusting the 3 Zones

The table features three adjustable zones. The backrest section can be inclined to various angles for client comfort during different treatments. To adjust, lift the backrest and secure it at the desired angle using the support mechanism underneath.



*Image: An overhead view of the TecTake Portable Massage Table highlighting the face hole and the adjustable headrest, along with a graphic indicating adjustable components.*

## MAINTENANCE

### Cleaning the Vinyl Cover

The vinyl cover is oil and water-resistant. To clean, wipe the surface with a damp cloth and mild soap. Avoid harsh chemicals or abrasive cleaners that could damage the material or its water-repellent properties. Ensure the table is completely dry before folding or storing.

### Storage

To store, reverse the unfolding steps. Fold the table carefully, ensuring all accessories are removed and stored separately or within the folded table's compartments if available. Place the folded table into the included carry bag for protection and easy transport.

## TROUBLESHOOTING

- **Table Instability:** Ensure all leg adjustment knobs are securely tightened and that the table is placed on a flat, even surface. Verify that the leg locking mechanisms are fully engaged.
- **Difficulty Folding/Unfolding:** Check for any obstructions or misaligned parts. Ensure all accessories

(headrest, armrest) are removed before attempting to fold the table. Do not force the mechanism.

- **Damaged Components:** If any part of the table, such as a lock or leg, appears damaged, discontinue use immediately. Contact customer support for assistance.

## SPECIFICATIONS

Feature	Detail
Model Number	800158
Max. Dimensions (LxWxH)	210 x 95 x 84 cm (with headrest and armrest)
Table Dimensions (LxWxH)	185 x 61 x 62 cm (table surface only)
Item Weight	Approx. 14 kg
Material	Foam padding, oil and water-resistant vinyl cover
Special Feature	Foldable, Portable, 3-Zone Adjustable
Included Components	Massage Table, Headrest, Armrest, Carry Bag

## WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the documentation provided at the time of purchase or contact Tectake customer service directly. Keep your purchase receipt as proof of purchase. You can find contact information for Tectake on their official website or through your retailer.