

GE JES1145SHSS

GE JES1145SHSS Countertop Microwave Oven User Manual

Model: JES1145SHSS

1. INTRODUCTION

This manual provides essential instructions for the safe and efficient operation of your new GE JES1145SHSS Countertop Microwave Oven. Please read all instructions thoroughly before using the appliance and retain this manual for future reference. This microwave features a turntable for even cooking and Instant On one-touch controls for quick and easy operation. Automatic and manual defrost options are available for maximum user control. The stainless steel finish and clean lines are designed to complement various kitchen decors.

2. SAFETY INFORMATION

Always follow basic safety precautions when using electrical appliances to reduce the risk of burns, electric shock, fire, injury to persons, or exposure to excessive microwave energy.

- Do not attempt to operate this oven with the door open as this can result in harmful exposure to microwave energy.
- Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- Do not operate the oven if it is damaged. It is particularly important that the oven door closes properly and that there is no damage to the: (1) door (bent), (2) hinges and latches (broken or loosened), (3) door seals and sealing surfaces.
- The oven should not be adjusted or repaired by anyone except properly qualified service personnel.
- Ensure proper ventilation around the microwave.
- Do not heat liquids or other foods in closed containers since they are liable to explode.
- Do not use corrosive chemicals or vapors in this appliance.

3. PRODUCT OVERVIEW

The GE JES1145SHSS is a compact yet spacious countertop microwave oven designed for efficient cooking.

Key Features:

- **Space-Saving Exterior, Spacious Interior:** 1.1 cubic feet capacity with 950 watts of power for effective cooking.

- **Glass Turntable:** Rotates throughout cycles for optimum and even cooking results.
- **Convenient Controls:** Simple one-touch operation with dedicated buttons for popular foods.
- **Kitchen Timer:** Integrated timer for general kitchen use.
- **Child Lock Controls:** Enhances safety by preventing unintended operation.
- **Weight & Time Defrost:** Flexible defrosting options based on food weight or desired time.
- **Cooking Complete Alarms:** Notifies you when cooking cycles are finished.

Dimensions:

The microwave measures approximately 15.63 inches deep, 20.31 inches wide, and 12 inches high, making it suitable for countertops or open shelves.

Room for All Your Favorites.



**Perfect balance of
size and convenience.**

Image: Front view of the GE JES1145SHSS microwave with key dimensions labeled, showing its compact size and spacious interior.

4. SETUP

Proper setup ensures optimal performance and safety.

Placement:

- Place the microwave on a flat, stable surface such as a countertop or open shelf.
- Ensure there is adequate space around the unit for ventilation (at least 3 inches on sides and back, 12 inches above).
- Keep away from heat sources and water.

Power Connection:

- Plug the 39-inch power cord into a grounded 120 Volt, 60 Hz AC outlet.
- Do not use extension cords.

Turntable Assembly:

- Place the turntable ring in the center of the microwave cavity.
- Position the glass turntable plate securely on top of the ring. Ensure it sits correctly on the center hub.

5. OPERATING INSTRUCTIONS

Your GE microwave offers various cooking and defrosting options for convenience.

Control Panel Overview:

Simple Controls.



Defrost by time or weight

10 Power Levels

Convenience controls for
popular foods.

Intuitive Control Panel

Door unlock pads for
Child Lock use.

Image: Close-up of the microwave control panel, highlighting buttons for time cook, defrost, power levels, and pre-set food options.

Basic Cooking:

- **Express Cook:** Press a number key (1-6) for instant cooking at full power for that many minutes.
- **Start +30 Sec:** Press this button to start the microwave for 30 seconds at full power, or to add 30 seconds to an ongoing cooking cycle.
- **Time Cook:** Press 'Time Cook', enter desired cooking time using the number pad, then press 'Start'. You can adjust power levels by pressing 'Power' and selecting a level (1-10).

Defrosting:

- **Time Defrost:** Press 'Time Defrost', enter the desired defrosting time, then press 'Start'.
- **Weight Defrost:** Press 'Weight Defrost', enter the food's weight in pounds (e.g., 1.0 for 1 lb), then press 'Start'. The oven automatically calculates the defrosting time and power level.

Pre-set Cooking Functions:

Utilize the one-touch buttons for common food items:

- **Popcorn:** For pre-packaged microwave popcorn (1.75-3.5 oz). Press until servings appear.
- **Potato:** For 1-3 potatoes (8 oz/potato). Press until servings appear.
- **Pizza:** For 1-3 pieces. Press until servings appear.
- **Frozen Vegetable:** For 4.0-16.0 oz. Press until servings appear.
- **Beverage:** For 1-3 cups (4 oz/cup). Press until size appears.
- **Dinner Plate:** For 9.0-18.0 oz. Press until servings appear.



Auto Cook.

Select your dish, cook with microwave or hot air for perfect results every time.



Reheat dinner plate



Potato



Popcorn



Vegetables



Beverage



Pizza

Image: Visual representation of the auto-cook settings on the microwave, showing icons for reheating various food types like popcorn, potato, pizza, vegetables, beverage, and dinner plate.

Additional Functions:

- **Clock:** Set the current time.
- **Kitchen Timer:** Functions as a standalone timer without microwave operation.
- **Child Lock:** To activate, press and hold 'Pause/Off' for 3 seconds. Repeat to deactivate.

Product Videos:

Video: A user demonstrates the GE Countertop Microwave, highlighting its stainless steel design, 950-watt power, 120 volts, and ease of use for various cooking functions like popcorn, pizza, and potatoes. The video also notes its compact size for tight spaces.

Video: This video showcases the GE Stainless Steel Modern Microwave, demonstrating its sleek design and various functions. The user highlights its compact size, easy-to-use push-button controls for time, power, clock, and pre-set options like popcorn, potato, and pizza, along with a kitchen timer and defrost settings.

Video: A detailed review of the GE JES1145SHSS Countertop Microwave, emphasizing its compact design, stainless steel finish, and user-friendly features. The video demonstrates the push-button door, interior space, glass turntable, and various cooking options including time cook, defrost, and pre-set functions for different foods.

Video: This video provides a quick overview of the GE Countertop Microwave, showcasing its stainless steel exterior and various control panel options. It demonstrates heating a beverage using the 'Start +30 Sec' button and highlights the interior with its glass turntable.

6. MAINTENANCE AND CLEANING

Regular cleaning and maintenance will prolong the life of your microwave oven.

Exterior Cleaning:

- Wipe the exterior with a damp cloth and mild soap. Dry thoroughly.
- For stainless steel surfaces, use a stainless steel cleaner and polish.

Interior Cleaning:

- Clean the interior cavity with a damp cloth and mild soap. Avoid abrasive cleaners.
- To remove stubborn food splatters, place a bowl of water with lemon slices inside and microwave for 2-3 minutes until steam forms. Let it sit for 5 minutes, then wipe clean.

Turntable Cleaning:

- The glass turntable plate and turntable ring can be removed for cleaning.
- Wash with warm, soapy water or in the dishwasher.
- Ensure they are completely dry before placing them back in the oven.

7. TROUBLESHOOTING

If you encounter issues with your microwave, refer to the following common troubleshooting steps:

- **Oven does not start:** Check if the power cord is securely plugged in. Ensure the door is closed properly. Check for blown fuse or tripped circuit breaker.
- **Food not heating:** Verify that the cooking time and power level are set correctly. Ensure the door is fully closed.
- **Turntable not rotating:** Check if the turntable plate and ring are correctly positioned and free from obstructions. Ensure the turntable motor is not damaged.
- **Unusual noises:** This could indicate an issue with the turntable motor or internal components. Discontinue use and contact customer support if persistent.
- **Display not working:** Unplug the microwave for a few minutes, then plug it back in to reset the display.

For issues not resolved by these steps, please contact GE customer support.

8. SPECIFICATIONS

Feature	Specification
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Model Number	JES1145SHSS
Brand	GE
Capacity	1.1 Cubic Feet
Wattage	950 watts
Voltage	120 Volts
Product Dimensions (D x W x H)	15.63" x 20.31" x 12"
Item Weight	30 Pounds
Material	Stainless Steel
Installation Type	Countertop
Included Components	Turntable

9. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your purchase or visit the official GE Appliances website. Keep your proof of purchase for any warranty claims.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

