

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

› [Compex](#) /

› [Compex Easy Snap Electrodes 2in x 2in Instruction Manual](#)

Compex CX142EL01-5PK

Compex Easy Snap Electrodes 2in x 2in Instruction Manual

Model: CX142EL01-5PK

INTRODUCTION

These instructions provide guidance for the proper use and maintenance of Compex Easy Snap Electrodes (2in x 2in). These electrodes are designed for use with Compex snap-on cable muscle stimulator devices, including Edge, Performance, Sport Elite, and Wireless Muscle Stimulators. Proper application and care ensure optimal performance and longevity of the electrodes.

SETUP AND PREPARATION

Before each use, ensure your skin is clean and dry. Remove any lotions, oils, or sweat from the application area to maximize electrode adhesion and conductivity.

20 Pcs Easy Snap Electrodes

Size - 2in x 2in
4 Count - Pack of 5



Image: Compex Easy Snap Electrodes 2in x 2in, supplied in a pack of 20 (4 count, pack of 5).

1. **Unpack the Electrodes:** Carefully remove the desired number of electrodes from their sealed packaging.
2. **Connect to Device Cables:** Attach the snap connectors of your Compex muscle stimulator cables to the metal snaps on the electrodes. Ensure a secure connection.
3. **Apply to Skin:** Peel the electrodes from their protective liner. Apply the adhesive side firmly to the target muscle area on clean, dry skin. The electrodes are coated with a strong medical-grade adhesive designed for skin contact.



Image: Proper application of Compex electrodes to the skin, connected to the stimulator cables.

These electrodes are compatible with various Compex muscle stimulators.

Compatible With

Muscle Stimulators &
Wireless Muscle Stimulators



Image: Complex electrodes are compatible with models such as Sport Elite, Edge, Performance, and USA 2.0.

OPERATING INSTRUCTIONS

Once the electrodes are securely attached to both the stimulator cables and your skin, you can begin your muscle stimulation session according to your device's specific program instructions. The electrodes serve as the interface, transmitting electrical pulses from the device to your motor nerves and muscle fibers.



Image: User engaging in a muscle stimulation session with Compex electrodes.

- Ensure the stimulator device is turned on and the desired program is selected.
- Adjust intensity levels gradually as recommended by your device's manual or a healthcare professional.
- Monitor electrode placement throughout the session to ensure they remain firmly adhered.

MAINTENANCE AND STORAGE

Proper maintenance extends the life of your Compex electrodes.

- **After Use:** Gently peel the electrodes from your skin. Avoid pulling on the cables.
- **Re-apply to Liner:** Place the electrodes back onto their original protective plastic liner. This helps preserve the adhesive.
- **Storage:** Store the electrodes in their original resealable bag in a cool, dry place, away from direct sunlight and extreme temperatures.

- **Lifespan:** Under normal circumstances and with proper care, each electrode should last approximately 15 to 20 sessions.



Image: A single Compex Easy Snap Electrode, illustrating its design for durability and conductivity.

TROUBLESHOOTING

Issue	Possible Cause	Solution
Electrodes not sticking well	Skin not clean/dry; adhesive drying out; electrode lifespan exceeded.	Clean skin thoroughly before application. If adhesive is slightly dry, apply a small drop of water to the gel surface and let it sit for a minute before re-applying. Replace electrodes if they have reached their lifespan (15-20 sessions) or if adhesion is consistently poor.

Issue	Possible Cause	Solution
No sensation or weak sensation during stimulation	Poor electrode contact; cable not securely snapped; stimulator device issue.	Ensure electrodes are firmly pressed onto the skin. Check that cables are securely snapped to the electrodes. Refer to your Compex device's manual for troubleshooting device-specific issues.
Snap connector breaks off electrode	Excessive force when removing cables; wear and tear.	Always remove cables gently from the snap connector. Replace the electrode if the snap connector is damaged.

SPECIFICATIONS

- **Electrode Size:** 2 inches x 2 inches (5 cm x 5 cm)
- **Quantity:** 4 Count (Pack of 5), total 20 electrodes
- **Adhesive:** Medical-grade
- **Compatibility:** Compex snap-on cable devices (Edge, Performance, Sport Elite, Wireless Muscle Stimulators)
- **Model Number:** CX142EL01-5PK
- **Manufacturer:** DJO Consumer LLC
- **Product Dimensions:** 0.06 x 5.25 x 7.25 inches; 3.84 ounces (packaging dimensions)

WARRANTY AND SUPPORT

For specific warranty information regarding your Compex Easy Snap Electrodes, please refer to the packaging or contact Compex customer support directly. Electrodes are consumable items, and their lifespan is dependent on usage and care. For further assistance or inquiries, please visit the official Compex website or contact their customer service department.