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Silk 25293001435

Silk Shelf-Stable Very Vanilla Soymilk

Instruction Manual

1. PRODUCT OVERVIEW

Silk Shelf-Stable Very Vanilla Soymilk brings the creamy goodness of soymilk to your pantry. Crafted from whole-harvested soybeans and infused with rich vanilla flavor, this soymilk is designed for versatile use. It serves as an excellent non-dairy alternative to traditional milk, suitable for various applications from pouring over cereal to mixing into coffee, or simply enjoying on its own. This product is free from dairy, lactose, carrageenan, gluten, casein, egg, peanut, and MSG, making it a suitable choice for many dietary needs.



Figure 1: Silk Shelf-Stable Very Vanilla Soymilk 8 fl oz carton.

2. PRODUCT FEATURES

- Pantry-Friendly: Rich, creamy vanilla soymilk with tempting flavor, ideal for coffee or standalone enjoyment.
- Shelf-Stable Convenience: Packaged for convenient, non-refrigerated storage until opened.
- Wholesome Composition: Dairy-, lactose-, and casein-free; contains no carrageenan, gluten, egg, peanut, or MSG
- **Nutritional Powerhouse:** Provides 50% more calcium than dairy milk and is a good source of heart-healthy soy protein, low in saturated fat, and zero cholesterol.
- Verified Quality: Non-GMO Project Verified and Vegan-Friendly Soymilk, free from artificial colors or flavors.

3. INGREDIENTS AND NUTRITION

This soymilk is made with high-quality ingredients and offers significant nutritional benefits. Below are the detailed nutrition facts and ingredient list.

Nutrition Facts	
6 servings per container Serving size 1 Soymilk Box (236mL)	Dietary Fiber 2g 7% Total Sugars 15g
Amount per serving Calories 150	Protein 8g 16% Vitamin D 2mog 150/ • Coloium 470mg 250/
% Daily Value* Total Fat 4.5g 6% Saturated Fat 0.5g 3% Trans Fat 0g	Vitamin A 150mcg 15% • Riboflavin 0.44mg 30%
Cholesterol 0mg 0% Sodium 80mg 3% Total Carbohydrate 18g 7%	*The % Daily Value (DV) tells you how much a nutrient in a serving of food

Figure 2: Nutrition Facts per serving (1 Soymilk Box, 236mL).

INGREDIENTS:

Soymilk (Filtered Water, Soybeans), Cane Sugar, Vitamin and Mineral Blend (Calcium Phosphate, Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [B2], Vitamin B12), Sea Salt, Gellan Gum, Sodium Ascorbate (To Protect Freshness), Natural Flavor.

CONTAINS SOY.

Figure 3: Ingredients list for Silk Very Vanilla Soymilk.

Key Nutritional Information:

- 6.0 servings per container
- Serving size: 1 Soymilk Box (236mL)
- Calories: 150
- Total Fat: 4.5g (6% Daily Value*)
- Saturated Fat: 0.5g (3% Daily Value*)
- Cholesterol: 0mg (0% Daily Value*)
- Sodium: 80mg (3% Daily Value*)
- Total Carbohydrate: 18g (7% Daily Value*)
- · Dietary Fiber: 2g
- Total Sugars: 15g (Includes 14g Added Sugars, 28% Daily Value*)
- Protein: 8g (16% Daily Value*)
- Vitamin D: 3mcg (15% Daily Value*)
- Calcium: 470mg (35% Daily Value*)
- Iron: 1.3mg (8% Daily Value*)
- Potassium: 370mg

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Soymilk (Filtered Water, Soybeans), Cane Sugar, Vitamin and Mineral Blend (Calcium Phosphate, Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [B2], Vitamin B12), Sea Salt, Gellan Gum, Sodium Ascorbate (To Protect Freshness), Natural Flavor. **CONTAINS SOY.**

4. STORAGE AND HANDLING

Silk Shelf-Stable Very Vanilla Soymilk is designed for convenience and longevity. Follow these guidelines for optimal storage and handling:

- **Unopened Storage:** Store at room temperature in your pantry or cupboard. Refrigeration is not required until the carton is opened.
- Opened Storage: Once opened, refrigerate promptly. For best quality, consume within 7-10 days of opening.
- Shelf Life: Refer to the date code on the packaging for the best-by date. The product remains fresh until this date when unopened.
- Shake Well: Shake the carton well before each use to ensure consistent flavor and texture.

5. Usage Suggestions

Silk Very Vanilla Soymilk is a versatile plant-based beverage. Here are some common ways to enjoy it:

- Direct Consumption: Enjoy chilled as a refreshing beverage.
- Cereal & Oatmeal: Pour over your favorite breakfast cereals or mix into oatmeal for added flavor and creaminess.
- Coffee & Tea: Use as a dairy-free creamer in your coffee or tea.
- Smoothies: Blend into fruit or vegetable smoothies for a protein and calcium boost.
- Baking & Cooking: Substitute for dairy milk in recipes for pancakes, muffins, sauces, and more. Note that the vanilla flavor may influence the taste of savory dishes.



Figure 4: Enjoying Silk Soymilk with breakfast cereal.

6. SPECIFICATIONS

Brand	Silk
Flavor	Very vanilla
Item Form	Cream
Unit Count	144 Fluid Ounces (total for 18-pack)
Number of Items	18
Product Dimensions	6 x 3 x 3 inches (per carton); 10.61 Pounds (total package weight)
Model Number	25293001435
UPC	025293001435, 025293001398
Manufacturer	Silk

7. IMPORTANT INFORMATION & WARNINGS

- This product is labeled to United States standards and may differ from similar products sold elsewhere in its ingredients, labeling, and allergen warnings.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.
- Always check the packaging for the most current and accurate information regarding ingredients and allergens.

8. SUPPORT & CONTACT

For further assistance, questions, or to provide feedback regarding Silk products, please visit the official Silk website or contact their customer service. Specific warranty information is not applicable for this food product.

Official Website: www.silk.com

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