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NRS Healthcare N28527

NRS Healthcare Folding Walking Stick N28527 User Manual

Model: N28527 | Brand: NRS Healthcare

INTRODUCTION

This manual provides essential instructions for the safe and effective use, setup, maintenance, and troubleshooting of your NRS Healthcare Folding Walking Stick, Model N28527. Please read this manual thoroughly before first use and retain it for future reference.

The NRS Healthcare Folding Walking Stick is designed to provide support and stability for individuals requiring assistance with mobility. It features a lightweight yet strong aluminum construction, a comfortable wooden handle, and a rubber ferrule for secure ground contact. Its folding design allows for convenient storage and transport.

SAFETY INFORMATION

- Always ensure the walking stick is fully assembled and locked before use.
- Regularly inspect the ferrule (rubber tip) for wear and tear. Replace if damaged to maintain stability.
- Do not exceed the maximum user weight of 135 kg (21 stone).
- Use on stable, even surfaces. Exercise caution on wet or uneven terrain.
- Keep the walking stick clean and dry.

PRODUCT COMPONENTS

- Folding Walking Stick (main shaft, handle, ferrule)
- Plastic Carry Wallet
- Fitted Wrist Cord



Image 1: The NRS Healthcare Folding Walking Stick in its fully extended position, showcasing the red floral pattern, black handle, and rubber ferrule.

SETUP AND ASSEMBLY

1. **Unfolding the Walking Stick:**

Remove the walking stick from its plastic carry wallet. Hold the handle and allow the folded sections to drop freely. The internal elastic cord will guide the sections into place. Ensure all four sections are fully extended and the push-button lock mechanism engages securely, locking the stick into a rigid position.



Image 2: The NRS Healthcare Folding Walking Stick shown partially folded, illustrating the four sections and the internal elastic cord.

2. **Adjusting Height:**

This model has an adjustable height range of 84-94 cm. To adjust, locate the spring-loaded button on the lower shaft. Press the button and slide the upper shaft up or down to the desired height. Ensure the button fully protrudes through the corresponding hole, locking the stick at the chosen height. The correct height allows your elbow to be slightly bent (approximately 15-20 degrees) when holding the handle with the stick tip on the ground beside your foot.

3. **Attaching the Wrist Cord:**

The fitted wrist cord can be looped around your wrist for added security, preventing the stick from falling if you momentarily release your grip.

OPERATING INSTRUCTIONS

1. **Walking with the Stick:**

Hold the stick in the hand opposite to your weaker leg. Move the stick forward simultaneously with your weaker leg, then step through with your stronger leg. Maintain a steady pace and use the stick for balance and support.

2. **Folding for Storage:**

To fold the stick, locate the push-button lock mechanism near the top section. Press the button and gently pull the

sections apart. Continue to separate the sections and fold them neatly. Secure with the provided plastic clip or place into the carry wallet.



Image 3: A close-up view of the red floral pattern on the walking stick's shaft, highlighting the design details.

MAINTENANCE AND CARE

- **Cleaning:** Wipe the walking stick with a damp cloth and mild detergent if necessary. Dry thoroughly immediately after cleaning. Do not use abrasive cleaners or solvents.
- **Inspection:** Regularly check all sections for damage, cracks, or bends. Ensure the locking mechanism functions correctly. Inspect the rubber ferrule for wear; a worn ferrule can reduce grip and stability.

- **Ferrule Replacement:** If the ferrule is worn, it should be replaced immediately. Replacement ferrules are available from NRS Healthcare or authorized retailers. To replace, firmly pull off the old ferrule and push on the new one, ensuring it is fully seated.
- **Storage:** Store the walking stick in a dry place, away from extreme temperatures. When folded, it can be stored in its carry wallet.



Image 4: A close-up view of the ergonomic black handle and the attached wrist cord, designed for comfortable grip and added security.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Stick does not lock securely when unfolded.	Sections not fully extended; locking button not engaged.	Ensure all sections are pulled firmly until the push-button clicks into place. Check for obstructions.
Stick feels unstable or slips.	Worn or damaged rubber ferrule; incorrect height adjustment; uneven surface.	Inspect and replace ferrule if worn. Verify height adjustment is locked. Use caution on slippery or uneven ground.
Difficulty folding the stick.	Locking button not fully depressed; sections are stiff.	Ensure the locking button is fully pressed in. Gently wiggle sections while pressing the button. Avoid forcing.

SPECIFICATIONS

Model Number	N28527
Brand	NRS Healthcare
Material	Aluminum (shaft), Plastic, Rubber, Wood (handle)
Color	Red Floral
Height Range	84 - 94 cm (Adjustable)
Ferrule Tip Diameter	19 mm
Maximum User Weight	135 kg (21 stone)
Product Dimensions (folded)	Approximately 31 x 17 x 4.5 cm
Item Weight	0.34 kg (340 grams)

WARRANTY AND SUPPORT

For information regarding warranty, returns, or technical support, please contact NRS Healthcare directly or refer to their official website. Keep your purchase receipt as proof of purchase.

NRS Healthcare Contact Information:

(Specific contact details are not provided in the product data. Please refer to the manufacturer's official channels.)

