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› [Timex](#) /

› [Timex Men's Expedition Grid Shock Watch User Manual](#)

### Timex TW4B02500

# Timex Men's Expedition Grid Shock Watch User Manual

Model: TW4B02500

## PRODUCT OVERVIEW

The Timex Men's Expedition Grid Shock Watch is designed for durability and functionality in various environments. It features a hardened resin case with a stainless steel top ring, making it shock resistant to I.S.O. standards and water resistant to 100 meters. Key functions include vibrating alarms, timers, and the Indiglo night-light.



Image: Front view of the Timex Expedition Grid Shock Watch, displaying the digital time and date.



Image: The Timex Expedition Grid Shock Watch worn on a wrist, showing its size and fit.

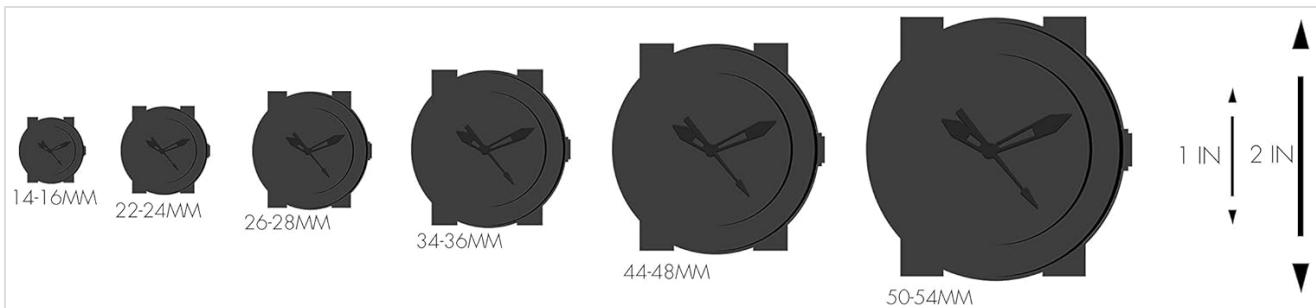


Image: A size comparison chart for Timex watches, illustrating different case diameters from 14-16mm to 50-54mm.

## SETUP

### Initial Setup

Your Timex Expedition Grid Shock Watch comes with a pre-installed Lithium Metal battery. No initial charging or battery installation is required for immediate use.

### Setting Time, Date, and Options

To set the time, date, and various options on your watch, follow these steps:

## TIME

To set time, date, and options:

- 1) With time and date showing, press and hold **SET**.
- 2) Current time zone (1, 2, or 3) flashes. Press + or - to select time zone to set, if desired.
- 3) Press **NEXT**. Hour flashes. Press + or - to change hour (including AM/PM); hold button to scan values
- 4) Press **NEXT**. Minutes flash. Press + or - to change minutes
- 5) Press **NEXT**. Seconds flash. Press + or - to set seconds to zero
- 6) Press **NEXT**. Month flashes. Press + or - to change month.
- 7) Press **NEXT**. Day flashes. Press + or - to change day.
- 8) Press **NEXT**. Year flashes. Press + or - to change year.
- 9) Press **NEXT** to set options. Press + or - to change value and then press **NEXT** to go to next option. Available options are 12- or 24-hour time format, Month-Day or Day-Month date format, tone or vibration alert, hourly chime, beep for button presses, customizable mode set (Select "HIDE" for unwanted modes – they are removed from mode sequence). Press **DONE** at any step to exit and save settings.

If you hide a mode, you can turn it back on later using procedure above.

Press **START-SPLIT** once and hold to see 2nd time zone. Press **START-SPLIT** twice and hold to see 3rd time zone. Continue to hold button for 4 seconds to switch to displayed time zone.

Image: Detailed instructions for setting the time, date, and options on the watch.

1. With time and date showing, press and hold **SET**.
2. The current time zone (1, 2, or 3) will flash. Press + or - to select the time zone to set, if desired.
3. Press **NEXT**. The hour will flash. Press + or - to change the hour (including AM/PM); hold the button to scan values.
4. Press **NEXT**. The minutes will flash. Press + or - to change the minutes.
5. Press **NEXT**. The seconds will flash. Press + or - to set seconds to zero.
6. Press **NEXT**. The month will flash. Press + or - to change the month.
7. Press **NEXT**. The day will flash. Press + or - to change the day.
8. Press **NEXT**. The year will flash. Press + or - to change the year.
9. Press **NEXT** to set options. Press + or - to change the value and then press **NEXT** to go to the next option. Available options include 12- or 24-hour time format, Month-Day or Day-Month date format, tone or vibration alert, hourly chime, beep for button presses, and customizable mode set (select "HIDE" for unwanted modes – they are removed from the mode sequence). Press **DONE** at any step to exit and save settings.

If you hide a mode, you can turn it back on later using the procedure above.

To view additional time zones: Press **START-SPLIT** once and hold to see the 2nd time zone. Press **START-SPLIT** twice and hold to see the 3rd time zone. Continue to hold the button for 4 seconds to switch to the displayed time zone.

## OPERATING INSTRUCTIONS

### Key Features

- **100-Hour Chronograph:** A stopwatch function for measuring elapsed time up to 100 hours.
- **24-Hour Countdown Timer:** Set a timer for specific durations up to 24 hours.
- **3 Vibrating & Audible Alarms:** Configure up to three daily, weekday, or weekend alarms with both vibration and sound options.

- **24-Hour Military Time Mode:** Display time in 24-hour format.
- **3 Time Zones:** Track time in three different time zones simultaneously.
- **Occasion Reminders:** Set reminders for important events.
- **Hydration Timer:** A dedicated timer to remind you to hydrate.
- **Month, Day & Date Calendar:** Displays the current month, day, and date.

## Indiglo Night-Light

The Indiglo night-light illuminates the watch dial for easy readability in low-light conditions. Activate it by pressing the dedicated Indiglo button, typically located on the side of the watch.

## Water Resistance

The Timex Expedition Grid Shock Watch is water-resistant to 100 meters (330 feet). This rating makes it suitable for snorkeling, as well as swimming. It is not recommended for diving activities.

## Shock Resistance

This watch is officially shock resistant to I.S.O. standards, providing enhanced durability against impacts and drops.

## Official Product Videos

### Timex Men's TW4B02500 Expedition Grid Shock Black Resin Strap Watch

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Video: An overview of the Timex Men's TW4B02500 Expedition Grid Shock Black Resin Strap Watch, highlighting its design and features.

### Expedition SHOCK - All Activities

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Video: Demonstrates the Timex Expedition SHOCK watch in various outdoor activities, showcasing its durability and performance.

## MAINTENANCE

### Battery Replacement

The watch uses 1 Lithium Metal battery. When the battery needs replacement, it is recommended to send the watch to Timex for service. This ensures proper battery installation and maintenance of the watch's water resistance seals. Contact Timex customer service for instructions on how to send your watch for battery replacement.

### Cleaning

To clean your watch, wipe it with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these can damage the resin case and acrylic lens.

## TROUBLESHOOTING

## Common Issues

- Display Not Working:** Check if the battery needs replacement. If the issue persists after battery replacement, contact customer support.
- Buttons Unresponsive:** Ensure the watch is not in a locked mode. If buttons remain unresponsive, a reset might be necessary (refer to the full user guide for specific reset procedures).
- Water Inside Watch:** If you notice moisture inside the watch, immediately cease use and contact Timex customer service. Do not attempt to open the watch yourself, as this will void the warranty and compromise water resistance.

For more detailed troubleshooting steps, please refer to the official user guide.

## SPECIFICATIONS

Feature	Detail
<b>Model Number</b>	TW4B02500
<b>Product Dimensions</b>	4 x 3 x 3 inches; 2.72 ounces
<b>Department</b>	Mens
<b>Batteries</b>	1 Lithium Metal battery (included)
<b>Material</b>	Resin
<b>Water Resistance</b>	100m (330 ft)
<b>Strap Width</b>	16mm
<b>Case Size</b>	50mm (Black Resin)

## WARRANTY AND SUPPORT

### Official User Guide (PDF)

For comprehensive instructions and detailed information, please download the official user guide in PDF format:

[Download User Guide \(PDF\)](#)

### Customer Support

For any questions, technical assistance, or warranty claims, please contact Timex customer service. Refer to the official Timex website or the user guide for the most current contact information.

While specific warranty details are not provided here, Timex typically offers a limited warranty covering manufacturing defects. Protection plans may also be available for extended coverage.

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