

ZENY 4332499166

ZENY Electric Foot Massager Shiatsu and Calf Massage Machine User Manual

Model: 4332499166

Brand: ZENY

1. INTRODUCTION

Thank you for choosing the ZENY Electric Foot Massager. This device is designed to provide a comprehensive massage experience for your feet and calves, incorporating shiatsu, kneading, and rolling techniques. Regular use can help alleviate muscle tension, improve blood circulation, and promote relaxation. Please read this manual thoroughly before operation to ensure safe and effective use.

Relaxation & Soothed Tensest Muscles

Massage foot muscles to reduce fatigue

Relieve Pain



Shiatsu



Kneading



Rolling



Image: The ZENY Electric Foot Massager positioned to massage the foot and lower calf, illustrating its function for muscle relaxation.

2. SAFETY INFORMATION

- Do not use wet hands to plug or unplug the power cord.
- Ensure the device is placed on a stable, flat surface during use.
- Keep the device away from water or damp environments.
- Do not operate the massager if the power cord or plug is damaged.
- Consult a physician before use if you have any medical conditions, including but not limited to heart disease, diabetes, pregnancy, or if you use a pacemaker.
- Do not use the massager for more than 30 minutes at a time to prevent overheating and potential injury.
- Keep out of reach of children.
- Unplug the device when not in use and before cleaning.

Warning: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is not a medical device.

3. PRODUCT FEATURES

- **Professional Massage Techniques:** Offers rolling, shiatsu, kneading, and squeezing massage modes.
- **Versatile Application:** Delivers efficient massaging power on heels, toes, calves, and ankles.
- **Adjustable Heat Function:** Features 3-level heating to enhance relaxation and comfort.
- **Improved Circulation:** Designed to effectively improve blood circulation and promote better sleep.
- **User-Friendly Controls:** Equipped with an intuitive operation panel and remote control for convenience.
- **Removable & Washable Sleeves:** Ensures hygiene and easy maintenance.
- **Stable Design:** Includes a non-slip bottom and anti-skid pads for secure placement.

Additional Features

This foot massager is designed to help provide both physical pain relief and peace of mind in the form of convenience

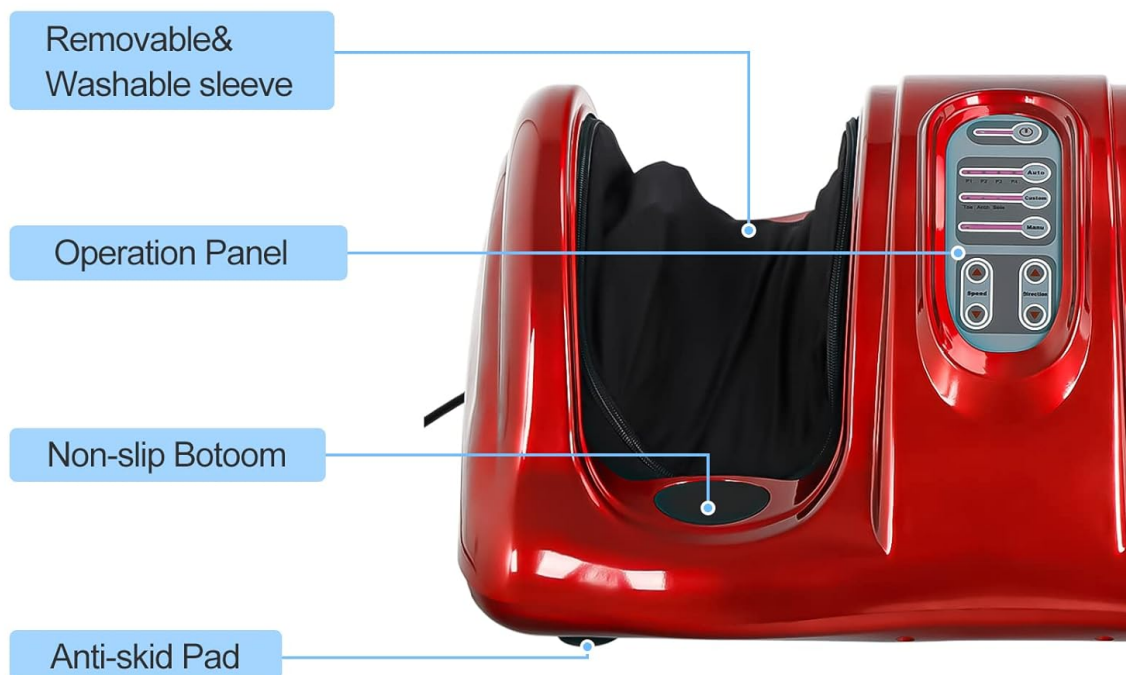


Image: A close-up view of the ZENY Electric Foot Massager, pointing out its key features such as the removable and washable sleeve, operation panel, non-slip bottom, and anti-skid pads.

4. SETUP

1. **Unpack:** Carefully remove the massager from its packaging and place it on a flat, stable surface.
2. **Inspect:** Check the device for any visible damage. Ensure all components are present.

3. **Position:** Sit comfortably in a chair and place your feet or calves into the designated openings of the massager. Ensure your feet are fully inserted for optimal massage.
4. **Connect Power:** Plug the power cord into a standard electrical outlet.



Image: A person holding the ZENY Electric Foot Massager, illustrating its compact design for easy setup and storage.

5. OPERATING INSTRUCTIONS

The massager can be operated using the control panel on the device or the included remote control.

HANDY TOUCH & REMOTE FUNCTIONALITY



Image: The control panel of the ZENY Electric Foot Massager and its remote, detailing the functions of each button for easy operation.

Control Panel Functions:

- **On/Off Button:** Press to power the unit on or off.
- **Auto Mode:** Selects from pre-programmed massage routines (P1, P2, P3, P4).
- **Custom Mode:** Allows selection of specific massage areas (Toe, Arch, Sole).
- **Manual Mode:** Provides control over individual massage settings.
- **Speed Buttons:** Adjusts the massage intensity (up/down arrows).
- **Direction Button:** Changes the direction of the massage rollers.
- **Heat Function:** Activates or deactivates the heating element.

Using the Massager:

1. Plug in the massager and press the **On/Off** button.
2. Select your desired massage mode:
 - For a pre-set program, press **Auto** and cycle through P1-P4.
 - To target specific foot areas, press **Custom**.
 - For full control, select **Manual** mode.
3. Adjust the **Speed** and **Direction** as desired.

4. Activate the **Heat** function for added comfort.
5. The massager can also be used for calves and forearms by adjusting its position.

NOT ONLY FOR FOOT RELAXATION



Image: The ZENY Electric Foot Massager shown in various positions, illustrating its use for massaging feet, calves, and arms.

6. MAINTENANCE

- **Cleaning:** Unplug the massager before cleaning. Wipe the exterior with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Removable Sleeves:** The fabric sleeves are removable and washable for hygiene. Unzip and remove them, then hand wash or machine wash on a gentle cycle with mild detergent. Air dry completely before reattaching.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight when not in use. Do not place heavy objects on top of the device.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Power cord not properly connected or no power from outlet.	Ensure the power cord is securely plugged in. Test the outlet with another device.
Massage feels too intense or uncomfortable.	High speed setting or direct contact with rollers.	Reduce the speed setting. Adjust foot position or wear thicker socks for cushioning.
Heat function is not working.	Heat function not activated or device not warmed up yet.	Ensure the heat button is pressed. Allow a few minutes for the heating element to warm up.
Unusual noise during operation.	Obstruction or internal issue.	Turn off and unplug the device. Check for any foreign objects. If the noise persists, discontinue use and contact customer support.

8. SPECIFICATIONS

Feature	Detail
Product Dimensions	23 x 10 x 14 inches
Item Weight	11 Pounds
Item Model Number	4332499166
Brand	ZENY
Manufacturer	ZENY
Power Source	Corded Electric
Material	ABS plastic
Use for	Foot

9. WARRANTY AND SUPPORT

For warranty information, product support, or to purchase replacement parts, please contact ZENY customer service. Refer to your purchase documentation for specific warranty terms and contact details.

You can typically find support information on the manufacturer's official website or through the retailer

where the product was purchased.

10. LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.