

HUAWEI LEA-B19

HUAWEI Band 7 Smartwatch User Manual

Model: LEA-B19

INTRODUCTION

The HUAWEI Band 7 is a versatile smartwatch designed to enhance your daily health and fitness management. It features a vibrant 1.47-inch AMOLED full-view display and offers an impressive battery life of up to 2 weeks on a single charge. This device integrates advanced health monitoring capabilities, including constant blood oxygen measurement, HUAWEI TruSeen 4.0 heart rate monitoring, HUAWEI TruSleep 2.0 sleep monitoring, and HUAWEI TruRelax stress monitoring. With support for up to 96 different workout modes, the HUAWEI Band 7 is your ideal companion for an active lifestyle.



This image displays the HUAWEI Band 7 smartwatch in graphite black. The watch features a rectangular AMOLED full-view display showing the time (10:08), date (FRI 18 OCT), heart rate (97 bpm), and step count (7645). The device has a sleek black strap with a buckle closure. A single button is visible on the right side of the watch face.

SETUP

To begin using your HUAWEI Band 7, follow these steps:

- Charge the Device:** Before first use, ensure your HUAWEI Band 7 is fully charged using the provided magnetic charging cable.
- Download the App:**
 - For iOS devices, download the official HUAWEI Health App from the App Store.
 - For Android devices, scan the QR code on the outer box to download the app from the HUAWEI App Gallery site.
- Pairing:** Open the HUAWEI Health App on your smartphone and follow the on-screen instructions to pair your HUAWEI Band 7. For detailed pairing instructions, refer to the "WEARABLE PRODUCT PAIRING GUIDE" available on the Huawei Homepage support section.

OPERATING YOUR HUAWEI BAND 7

The HUAWEI Band 7 offers a range of features to support your health and daily activities.

Display and Navigation

The 1.47-inch AMOLED full-view display provides clear visuals. Navigate through menus by swiping up, down, left, or right, and tap to select options. The side button typically serves as a home button or to access the app list.

Notifications

Stay connected by receiving notifications directly on your wrist. The band supports incoming call alerts, message notifications, and can display weather forecasts. You can also set timers and alarms.

Health Monitoring

- **Blood Oxygen (SpO2) Monitoring:** The band provides constant blood oxygen measurement.
- **Heart Rate Monitoring:** Equipped with HUAWEI TruSeen 4.0 technology for accurate heart rate tracking.
- **Sleep Monitoring:** HUAWEI TruSleep 2.0 monitors your sleep patterns and provides insights for better sleep quality.
- **Stress Monitoring:** HUAWEI TruRelax helps track and manage your stress levels.
- *Note: This product is a general wellness and fitness product and is not designed as a medical device. It cannot be used for diagnosis, treatment, or prevention of diseases.*

Workout Modes

Choose from up to 96 different workout modes to track your exercise. The band records various metrics depending on the activity, helping you monitor your performance and progress.

MAINTENANCE

Proper care ensures the longevity and optimal performance of your HUAWEI Band 7.

- **Water Resistance:** The device is waterproof up to 5 ATM, meaning it can withstand pressures equivalent to a depth of 50 meters. It is suitable for shallow-water activities like swimming in a pool or ocean. Avoid using it in hot showers, saunas, or for diving.
- **Cleaning:** Regularly clean the band and the device body with a soft, dry cloth. If necessary, use a slightly damp cloth and dry thoroughly. Avoid using harsh chemicals or abrasive materials. For detailed cleaning and maintenance guidelines, refer to the "TIPS for using wearable" section on the Huawei Homepage support page.
- **Charging:** Use only the original magnetic charging cable provided with your device. Ensure the charging contacts on both the band and the cable are clean and dry before charging.

TROUBLESHOOTING

If you encounter issues with your HUAWEI Band 7, consider the following common solutions:

- **Connection Issues:** Ensure Bluetooth is enabled on your smartphone and the HUAWEI Health App is running. Try restarting both the band and your phone.
- **Inaccurate Readings:** Ensure the band is worn snugly on your wrist, not too tight or too loose. Clean the sensors on the back of the device.
- **Battery Draining Quickly:** Reduce screen brightness, disable unnecessary notifications, or limit continuous health monitoring features if not needed.
- **App Sync Problems:** Ensure your HUAWEI Health App is updated to the latest version. Check your phone's internet connection.

For more comprehensive troubleshooting or persistent issues, please visit the official Huawei support website or contact customer service.

SPECIFICATIONS

Feature	Detail
Model Name	Band7 (LEA-B19)
Display	1.47 Inches AMOLED Full View Display
Body Dimensions	4.43 x 2.6 x 1 cm
Body Thickness	0.39 inch (9.99 mm)
Weight	0.6 oz (16 g) (not including belt)
Battery Life	Up to 14 days (typical usage)
Battery Type	1 Lithium Polymer battery (included)
Charging	Magnetic charge
Water Resistance	5 ATM
Operating System	Android 4.4 and above, iOS 8.0 and above
Connectivity	Bluetooth, GPS, USB
Special Features	Alarm Clock, Time Display, Heart Rate Monitor, Blood Oxygen Monitor, Sleep Monitor, Stress Monitor

HUAWEI provides the following warranty coverage for your product:

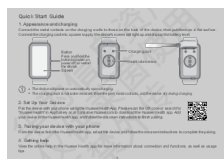
- Warranty Eligibility:** Product warranty is eligible for items purchased from a cart that is sold and shipped from Amazon.co.jp.

For customer support or warranty inquiries, please contact HUAWEI Customer Service:
Email: Support.jp@huawei.com

Contenido - Introducción - Antes de usar el reloj - Configuración inicial - Gestión de aplicaciones - Seguimiento de la salud y el estado físico - Personalización de la esfera del reloj	Guía del usuario HUAWEI WATCH GT 2 Esta guía proporciona instrucciones detalladas sobre cómo usar su HUAWEI WATCH GT 2, cubriendo la configuración inicial, la gestión de aplicaciones, el seguimiento de la salud y el estado físico, y la personalización de la esfera del reloj.
Contenido - Introducción - Antes de usar el reloj - Configuración inicial - Gestión de aplicaciones - Seguimiento de la salud y el estado físico - Personalización de la esfera del reloj	HUAWEI WATCH Buds User Guide Comprehensive user guide for the HUAWEI WATCH Buds, detailing setup, features, earbud management, exercise tracking, health monitoring, assistant functions, and customization options.
Contenido - Introducción - Antes de usar el reloj - Configuración inicial - Gestión de aplicaciones - Seguimiento de la salud y el estado físico - Personalización de la esfera del reloj	Huawei Band 6 User Manual: Setup, Features, and Operation Guide A comprehensive user manual for the Huawei Band 6, detailing setup, pairing with a phone, health and workout monitoring features, notifications, convenient life functions, and general guidance. Learn to maximize your experience with the Huawei Band 6.
Contenido - Introducción - Antes de usar el reloj - Configuración inicial - Gestión de aplicaciones - Seguimiento de la salud y el estado físico - Personalización de la esfera del reloj	Huawei LEA-B19 Quick Start Guide and Safety Information Concise guide to setting up and safely operating the Huawei LEA-B19 smart band, including regulatory compliance and disposal information.

Quick Start Guide
Guide de démarrage rapide
Inicio rápido
Manual de referências rápidas
Guia de início rápido
Краткое руководство по эксплуатации
შვალდისი მარცხი
Handbook
간단 사용 설명서
安否に関する迅速事項
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சீக்கிரமாகப் பதிலளிக்கும்
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Band 7 Démarrage rapideNotice Montre huawei Fit Watch Mode d'emploi gratuit en FrançaisBand QG MLcentral manuels montre huawei ML rapideBand Quick St
Free User GuideBand MLBand manuels smartwatch ||| ||| LEA-B19 Quick Start Guide Guide de démarrage rapide Inicio rpido Manual de referencia rpida Gua de inicio
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Users Manual Huawei Device Co Ltd LEA B19 2ATEYLEA 2ATEYLEAB19 lea b19

Quick Start Guide 1. Appearance and charging Connect the metal contacts on the charging cradle to th ... t the device will be placed

Ltd. declares that this device **LEA-B19** is in compliance with the essential requirements and other relevant provisions of Directive ...

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[pdf] Quick Start Guide Instructions Guide

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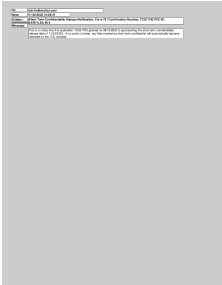
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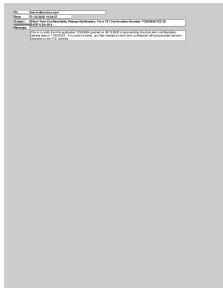
[pdf] Confidentiality Request Letter

Huawei Device Co Ltd LEA B19 2ATEYLEA 2ATEYLEAB19 lea b19
To: Date: Subject: Message: tcb-hotline tuv.com 11/22/2022 18:26:37 Short-Term Confidentiality Release Notification, Form 731 Cor
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[Huawei FCC Short-Term Confidentiality Release Notification for TC221792 \(2ATEYLEA-B19\)](#)

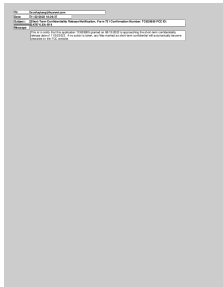
Official notification from Huawei regarding the upcoming release of short-term confidential files for FCC application TC221792 (FCC
making them publicly viewable on the official FCC website.
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[FCC Short-Term Confidentiality Release Notification for TC629959 \(FCC ID: 2ATEYLEA-B19\)](#)

Notification regarding the upcoming release of short-term confidential files for FCC application TC629959 (FCC ID: 2ATEYLEA-B19) viewable on the FCC website.

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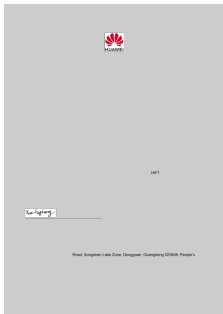


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[\[pdf\]](#) Label

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[\[pdf\]](#) SAR Rating

138 ANKTY RF Exposure Info Huawei Device Co Ltd LEA B19 HUAWEI Smart Band 2ATEYLEA 2ATEYLEAB19 lea b19

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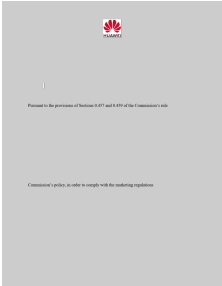
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[pdf] User Manual

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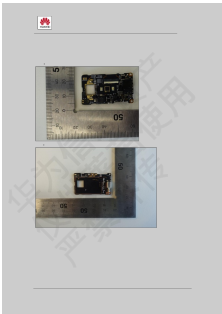
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[\[pdf\]](#) Test Report

394 ANKTY Test Report Huawei Device Co Ltd LEA B19 2ATEYLEA 2ATEYLEAB19 lea b19

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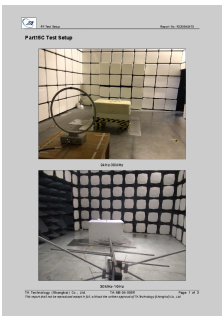
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External Photos Huawei Device Co Ltd LEA B19 2ATEYLEA 2ATEYLEAB19 lea b19

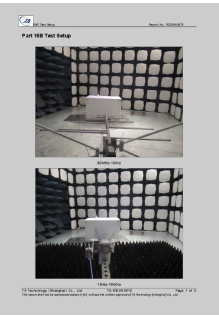
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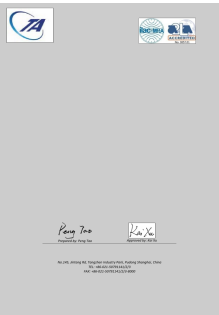
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[pdf] Test Report

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[pdf] Declaration of Conformity

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