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> [Aircast FP \(Foam Pneumatic\) Walker Brace/Walking Boot Instruction Manual](#)

AIRCAST AC141FB07-S

Aircast FP (Foam Pneumatic) Walker Brace/Walking Boot

Model: AC141FB07-S | Brand: AIRCAST

INTRODUCTION

The Aircast FP (Foam Pneumatic) Walker Brace/Walking Boot is specifically designed to provide mobility, protection, and pneumatic support for day-to-day activities while recovering from injury. It is intended for stable fractures of the foot and ankle, severe ankle sprains, soft tissue injuries, forefoot and midfoot injuries, bunionectomies, and post-operative use.

This manual provides essential information for the proper use, setup, and maintenance of your Aircast FP Walker Brace/Walking Boot to ensure optimal recovery and comfort.

IMPORTANT SAFETY INFORMATION

Always consult with a healthcare professional before using this device. Do not modify the brace. If you experience increased pain, numbness, or discomfort, discontinue use and consult your physician immediately.

Indications for Use:

- Stable fractures of the foot and ankle
- Severe ankle sprains
- Soft tissue injuries
- Forefoot and midfoot injuries
- Bunionectomies
- Post-operative use

PRODUCT OVERVIEW

The Aircast FP Walker Brace features a durable outer shell, a comfortable foam liner, and an integrated pneumatic system for adjustable compression. The low rocker sole promotes a natural gait for improved mobility.



Image: The Aircast FP Walker Brace, showing its gray and white structure with adjustable straps and the overall design.





Image: Front view of the Aircast FP Walker Brace, highlighting the strap system and the pneumatic inflation valve.

SETUP AND FITTING

Proper fitting is crucial for the effectiveness and comfort of the Aircast FP Walker Brace. Follow these steps for initial setup:

1. **Prepare the Liner:** Ensure the soft foam liner is properly seated within the rigid outer shell.
2. **Position the Foot:** Place your foot and lower leg into the boot, ensuring your heel is seated firmly at the back.
3. **Secure Straps:** Fasten the straps, starting from the bottom (foot) and working your way up to the top (calf). Ensure they are snug but not overly tight. The universal fit allows the boot to be worn on either the left or right leg.
4. **Inflate Aircells:** Use the included hand bulb air pump to inflate the two adjustable distal aircells. Inflate until you feel comfortable compression and support around your malleoli (ankle bones). Do not over-inflate.



Image: A person's leg fitted with the Aircast FP Walker Brace, demonstrating proper placement and fit.



Image: A hand using the blue hand bulb to inflate the air cells of the Aircast FP Walker Brace, showing the inflation port.

OPERATING INSTRUCTIONS

Once fitted, the Aircast FP Walker Brace provides support and protection. The low rocker sole is designed to promote a natural ambulation (gait) for improved mobility during recovery.

- **Walking:** Walk with a natural heel-to-toe motion. The rocker sole will assist in this movement.
- **Adjusting Compression:** You can customize the level of support by adjusting the air in the aircells using the hand bulb. To increase compression, pump more air. To decrease, press the small button on the hand bulb to release air.
- **Daily Wear:** Wear the brace as directed by your healthcare professional. Adjust straps and air pressure as needed throughout the day for comfort and support.



Image: A person wearing the Aircast FP Walker Brace while walking outdoors, demonstrating the brace's integration into daily activity.

MAINTENANCE

To ensure the longevity and hygiene of your Aircast FP Walker Brace, follow these maintenance guidelines:

- **Cleaning the Liner:** The foam liner can be hand washed in cold water with mild soap. Air dry thoroughly before reinserting into the boot. Do not machine wash or tumble dry.
- **Cleaning the Shell:** Wipe the rigid outer shell with a damp cloth and mild disinfectant. Do not submerge the shell in water.
- **Storage:** Store the brace in a cool, dry place away from direct sunlight when not in use.

TROUBLESHOOTING

- **Discomfort or Rubbing:** Ensure the liner is smooth and free of wrinkles. Re-adjust straps and air pressure. If discomfort persists, consult your healthcare professional.
- **Loss of Air Pressure:** Check that the inflation valve on the hand bulb is securely closed after inflation. Inspect the air bladders for any visible damage. If a leak is suspected, contact customer support.
- **Difficulty Walking:** Ensure the boot is properly sized and fitted. The rocker sole is designed to aid natural gait; if walking feels unnatural, re-evaluate fit or consult your physician.

SIZING INFORMATION

Refer to the table below to determine the appropriate size for your Aircast FP Walker Brace.

P/N Description	Men Shoe Size (USA)	Women Shoe Size (USA)
01F-P Pediatric	Up to 4	Up to 5
01F-S Small	4-7	5-8
01F-M Medium	7-10	8-11
01F-L Large	10-13	11-15
01F-XL XLarge	13+	15+

SPECIFICATIONS

Feature	Detail
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Feature	Detail
Item Package Dimensions L x W x H	19.41 x 11.3 x 5.71 inches
Package Weight	1.03 Kilograms
Item Weight	1.09 Kilograms
Brand Name	AIRCAST
Color	Gray
Material	Foam
Number of Items	1
Manufacturer	DJO Consumer LLC
Part Number	AC141FB07-S
Style	Small
Size	Small (Pack of 1)
Sport Type	Walking
Specific Uses For Product	Ankle Sprain
Use for	Ankle
Age Range (Description)	Adult
Date First Available	March 15, 2006

WARRANTY AND SUPPORT

This product is manufactured by DJO Consumer LLC. For specific warranty information or support inquiries, please refer to the product packaging or contact the manufacturer directly. General return policies may vary based on your purchase location.

You can also visit the official [AIRCAST Store on Amazon](#) for more information and related products.