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› BSN Medical Jobst Opaque Compression Hose 115627 - Knee High, 30-40mmHg, Closed Toe, Petite, Medium, Classic Black User Manual

BSN Medical 115627

BSN Medical Jobst Opaque Compression Hose User Manual

Model: 115627 | Knee High, 30-40mmHg, Closed Toe, Petite, Medium, Classic Black

1. INTRODUCTION

Thank you for choosing BSN Medical Jobst Opaque Compression Hose. This manual provides essential information for the proper use, care, and maintenance of your compression garments. Please read these instructions carefully before first use to ensure optimal performance and durability.

These knee-high compression stockings are designed to provide 30-40mmHg gradient compression, offering support for various medical conditions as recommended by a healthcare professional. The opaque design provides a discreet appearance, while the closed toe and petite medium sizing ensure a comfortable and effective fit.

What's in the Box: One pair of BSN Medical Jobst Opaque Compression Hose.

2. PRODUCT OVERVIEW

The Jobst Opaque Compression Hose are engineered for durability and comfort. Key features include:

- **Compression Level:** 30-40mmHg (firm compression).
- **Design:** Knee-high, closed toe.
- **Material:** Lightweight and resilient yarns for enhanced durability.
- **Fit:** Reciprocated heel and toe for improved anatomical fit.
- **Appearance:** Opaque finish for concealing minor skin imperfections.
- **Comfort:** Features moisture management and a soft touch for all-day wear.



Image: A pair of black Jobst Opaque knee-high compression stockings worn on legs, shown from the rear view. The stockings extend from the foot to just below the knee.



Image: A pair of beige Jobst Opaque knee-high compression stockings worn on legs, shown from a side view. Accompanying icons highlight product features: 'Concealing' (a crossed-out foot), 'Moisture Management' (water droplets and layers), and 'Soft Touch' (a feather).

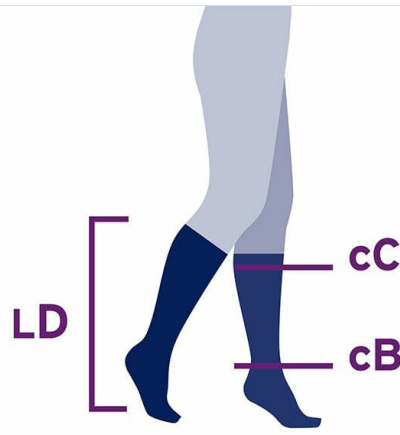
3. SIZING AND FIT

Accurate sizing is critical for the effectiveness and comfort of compression hosiery. Incorrect sizing can lead to discomfort or reduced therapeutic benefits. Please refer to the sizing chart below and measure your leg circumference as instructed.

How to Measure:

1. Measure the circumference of your ankle (cB) at the narrowest point, just above the ankle bone.
2. Measure the circumference of your calf (cC) at the widest point.
3. Measure the length of your leg (LD) from the floor to the bend of your knee.

Compare your measurements to the chart to select the appropriate size. This specific product is a Petite Medium, meaning it is designed for individuals with a leg length (LD) less than 38 cm (15 inches) and falls within the medium circumference ranges.



	S	M	L
cC	28 - 38 cm (11"-15")	30 - 42cm (11 ⁷ / ₈ "-16 ¹ / ₂ "	32 - 46 cm (12 ¹ / ₂ "-18 ¹ / ₈ "
cB	18 - 21 cm (7"-8 ¹ / ₄ "	21 - 25 cm (8 ³ / ₈ "-9 ⁷ / ₈ "	25 - 29 cm (10"-11 ³ / ₈ "

	XL	LFC	XLFC
cC	34 - 50 cm (13 ³ / ₈ "-19 ⁵ / ₈ "	46 - 61 cm (18"-24"	46 - 61 cm (18"-24"
cB	29 - 33 cm (11 ¹ / ₂ "-13"	25 - 30 cm (10"-11 ⁷ / ₈ "	30 - 36 cm (12"-14"

LD **Petite: ≤38 cm (15") / Regular: > 38 cm (15")**

Image: A detailed sizing chart for Jobst compression stockings. It displays circumference measurements in centimeters and inches for ankle (cB) and calf (cC) across sizes Small (S), Medium (M), Large (L), Extra Large (XL), Large Full Calf (LFC), and Extra Large Full Calf (XLFC). It also defines Petite and Regular leg lengths (LD).

4. APPLICATION INSTRUCTIONS

For best results, apply compression stockings in the morning when swelling is minimal. Avoid pulling or tugging excessively, which can damage the fibers.

- 1. Prepare Your Skin:** Ensure your skin is clean and dry. Avoid applying lotions or oils that could make the stockings difficult to put on.
- 2. Turn Inside Out (Partially):** Reach inside the stocking and turn it inside out down to the heel pocket.
- 3. Position Foot:** Place your foot into the foot portion of the stocking, ensuring the heel is correctly seated in the heel pocket.
- 4. Pull Up Gradually:** Gather the remaining material and gradually pull it up your leg, smoothing out any wrinkles as you go. Do not roll the stocking down from the top.
- 5. Adjust:** Ensure the stocking is evenly distributed and free of wrinkles, especially around the ankle and knee. The top band should sit comfortably below the knee without rolling or constricting.

5. CARE AND MAINTENANCE

Proper care extends the life of your compression stockings and maintains their therapeutic effectiveness.

Washing Instructions:

- Hand wash or machine wash on a gentle cycle with cold water.
- Use a mild detergent. Avoid bleach, fabric softeners, or harsh chemicals, as these can damage the elastic fibers.
- Wash separately or with similar colors.

Drying Instructions:

- Do not wring.
- Lay flat or hang to air dry.
- Do not tumble dry, iron, or dry clean. High heat can damage the elastic.

Storage:

Store in a cool, dry place away from direct sunlight. Avoid storing with sharp objects that could snag the fabric.

6. TROUBLESHOOTING

If you experience issues with your compression hose, consider the following:

- **Discomfort or Excessive Tightness:** Re-check your measurements against the sizing chart. Ensure the stockings are applied smoothly without wrinkles. If discomfort persists, consult your healthcare provider.
- **Stockings Rolling Down:** Ensure the top band is positioned correctly below the knee and not stretched too high. If the issue persists, your leg circumference might be between sizes, or the stocking length might be incorrect for your leg.
- **Damage or Snags:** Handle stockings with care. Avoid sharp fingernails or jewelry during application. Small snags can sometimes be repaired with a needle and thread, but significant damage may require replacement to maintain compression integrity.
- **Loss of Compression:** Over time, elastic fibers can degrade. If your stockings feel less supportive, it may be time for a new pair. The lifespan of compression stockings typically ranges from 3 to 6 months with proper care.

7. SPECIFICATIONS

Feature	Detail
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Model Number	115627
Compression Level	30-40mmHg
Style	Knee High
Toe Style	Closed Toe
Size	Petite Medium
Color	Classic Black
Product Dimensions	8.35 x 4.88 x 1.1 inches
Item Weight	3.99 ounces
Manufacturer	BSN Medical/Jobst

8. IMPORTANT SAFETY INFORMATION

- Always consult with a healthcare professional before using compression stockings, especially if you have pre-existing medical conditions such as arterial disease, severe heart failure, skin infections, or open wounds.
- Do not wear compression stockings that are too tight or cause pain, numbness, or discoloration.
- Discontinue use and consult a healthcare professional if you experience any adverse reactions.
- Keep out of reach of children.

9. WARRANTY AND SUPPORT

BSN Medical stands behind the quality of its products. For specific warranty information or customer support, please refer to the packaging or contact BSN Medical directly through their official website or customer service channels. Please have your model number (115627) and purchase details available when contacting support.