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## Thera Care 24-310

# Thera Care Deluxe Heating Pad (Model 24-310) Instruction Manual

Moist/Dry Heat Therapy for Universal Use

## INTRODUCTION

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This manual provides essential instructions for the safe and effective use of your Thera Care Deluxe Heating Pad, Model 24-310. Designed for versatile moist or dry heat therapy, this device offers comfort and temporary relief for various areas of the body. Please read all instructions thoroughly before use.



Image: Thera Care Deluxe Heating Pad, showing the soft brown pad and attached controller.

## IMPORTANT SAFETY INFORMATION

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**WARNING:** To reduce the risk of burns, electric shock, fire, and injury, this product must be used in accordance with the following instructions.

- Do not leave unattended while in use.
- Keep away from flammable materials.
- Do not use if damaged.
- Not suitable for children.
- Consult a doctor before use if pregnant or have a medical condition.
- Do not use while sleeping.
- Do not use on an infant or an animal.
- Do not use on areas of sensitive skin.
- Never use pad without the removable cover in place.
- Do not use with external liniments, salves, or ointments.
- Do not pull this pad by the supply cord.
- Unplug when not in use.
- This unit should not be used by children without adult supervision.
- Do not use pins or other metallic means to fasten this pad in place.
- Do not bend or pinch cord.
- Never leave the heating pad unattended, especially if children are present.
- Use this pad only on a 120 volt AC circuit.

## SETUP

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### 1. Unpacking and Initial Inspection

Carefully remove the heating pad and its components from the packaging. Inspect the unit for any signs of damage. Ensure all parts, including the heating pad, micro-plush cover, and controller, are present.

# IN THE BOX

- Heating Pad with Foam Insert
- English & Spanish Instructions
- 5-Year Limited Warranty



Image: The heating pad, controller, and instruction manual as packaged in the box.

## 2. Attaching the Cover

The heating pad comes with a soft, machine-washable micro-plush cover. Ensure the heating pad is fully inserted into the cover and secured properly before use. The cover is essential for safe operation and comfort.



## MOIST OR DRY HEAT

**Soothes & Relaxes  
Muscles with  
Therapeutic Warmth**

Image: A close-up view of the heating pad cover, indicating its use for moist or dry heat therapy.

### OPERATING INSTRUCTIONS

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#### 1. Connecting to Power

Plug the power cord into a standard 120V AC electrical outlet. Ensure the connection is secure.

#### 2. Selecting Heat Settings

Use the push-button controller to cycle through the 4 available heat settings: Warm, Low, Medium, and High. Press the button repeatedly to reach your desired heat level. The indicator lights on the controller will show the active setting.



Image: A hand operating the push-button controller to select one of the four heat settings.

### **3. Automatic Shut-Off**

For safety, the heating pad is equipped with an automatic shut-off feature that turns the device off after 2 hours of continuous use. This prevents overheating and conserves energy.

### **4. Dry Heat Therapy**

For dry heat, simply place the heating pad on the desired area of your body. Ensure the pad is flat and not folded or bunched up. Select your preferred heat setting.

### **5. Moist Heat Therapy**

To use moist heat, lightly dampen the sponge (not included) or the inside of the cover with water. Do not soak the entire pad. Place the damp sponge or cover inside the micro-plush cover with the heating pad, then apply to the desired area. The moisture helps the heat penetrate deeper for enhanced relief.

## **MAINTENANCE**

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### **1. Cleaning the Cover**

The micro-plush cover is machine washable. Disconnect the controller from the pad before washing. Wash

on a gentle cycle with cold water and mild detergent. Tumble dry on low heat or air dry. Do not bleach or iron.

## 2. Cleaning the Heating Pad

The heating pad itself should not be submerged in water. If cleaning is necessary, wipe it with a damp cloth and mild soap, then allow it to air dry completely before reattaching the cover or storing.

## 3. Storage

When not in use, store the heating pad in a cool, dry location. Avoid folding the pad tightly or placing heavy objects on it, which could damage the internal heating elements.

## TROUBLESHOOTING

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If your heating pad is not functioning as expected, please check the following:

- **No Heat:** Ensure the power cord is securely plugged into a working outlet and the controller is properly connected to the pad. Verify that a heat setting has been selected.
- **Intermittent Heat:** Check for any kinks or damage in the power cord or controller. Ensure the pad is not folded or bunched during use, as this can trigger safety features.
- **Automatic Shut-Off:** The device is designed to turn off after 2 hours. If it turns off sooner, ensure it is not overheating due to being covered or folded.

If issues persist after checking these points, please refer to the warranty information for further assistance.

## SPECIFICATIONS

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<b>Model Number:</b>	24-310
<b>Dimensions:</b>	12 x 15 x 1 inches
<b>Item Weight:</b>	1.2 Pounds
<b>Material:</b>	Fleece (Micro-plush cover)
<b>Heat Settings:</b>	4 (Warm, Low, Medium, High)
<b>Automatic Shut-off:</b>	2 hours
<b>Power Cord Length:</b>	9 ft.
<b>Manufacturer:</b>	Veridian Healthcare



## SOOTHING RELIEF IS MOMENTS AWAY

Relieve sore muscle aches and pains, or simply warm up for personal comfort.



Image: Key features and specifications of the heating pad, including its dimensions and power cord length.

### WARRANTY AND SUPPORT

This Thera Care Deluxe Heating Pad comes with a **5-Year Limited Warranty**. For warranty claims or technical support, please refer to the contact information provided in the product packaging or visit the official Thera Care website.

**Legal Disclaimer:** Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.