Saved from manuals.plus.
Open the live page for links to other documents and user manuals.

Easy@Home EZ-WS4010

Easy@Home Ovulation and Pregnancy Test Combo Kit User Manual

Model: EZ-WS4010

Introduction

This manual provides detailed instructions for using the Easy@Home Ovulation (LH) and Pregnancy (HCG) Test Combo Kit. This kit is designed to help women predict their most fertile days and detect pregnancy early. Please read all instructions carefully before use.



Image: Easy@Home Ovulation and Pregnancy Test Combo Kit, showing the product box, individual test strips, and a smartphone displaying the associated Premom app interface.

Important Safety Information

- For *in vitro* diagnostic use only. Not for internal use.
- Do not reuse test strips.
- Do not use if the foil pouch is damaged or opened.
- Do not use after the expiration date printed on the pouch.
- Keep out of reach of children.
- Read results within the specified time frame. Results read after the recommended time may be inaccurate.

Kit Contents

Your Easy@Home Combo Kit includes:

- Individually sealed Easy@Home LH Ovulation Test Strips (40 count)
- Individually sealed Easy@Home HCG Pregnancy Test Strips (10 count)
- Instruction Manual (this document)

Understanding Your Cycle and Hormones

The Easy@Home combo kit helps you track two key hormones:

- **Luteinizing Hormone (LH):** A surge in LH indicates that ovulation is likely to occur within 24-48 hours. Tracking this surge helps identify your most fertile window.
- **Human Chorionic Gonadotropin (HCG):** This hormone is produced shortly after a fertilized egg attaches to the wall of the uterus. HCG can be detected in urine as early as 6-8 days after ovulation.

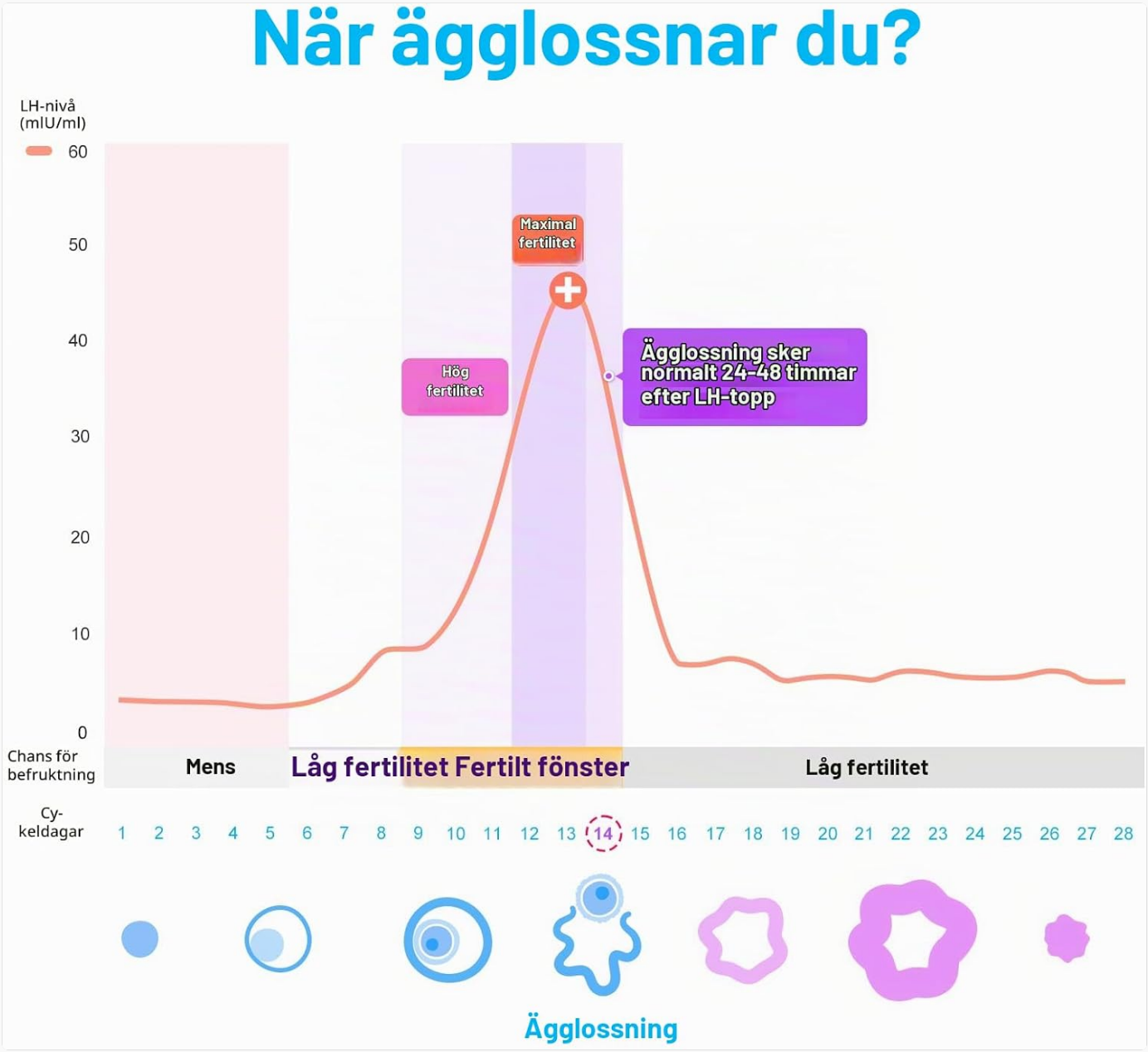


Image: A graph showing LH levels over a menstrual cycle, highlighting the fertile window and the LH peak that precedes ovulation.

Ovulation Test (LH Test)

When to Start Testing

To determine when to begin testing, you need to know the length of your menstrual cycle. The cycle length is the number of days from the first day of your period to the day before your next period starts. Refer to the table below for guidance. If your cycle length varies, use your shortest cycle length to determine when to start.

Ovulation Test Start Day Guide

Cycle Length (Days)	Start Testing on Day
21	6
28	11
35	18
>35 or Irregular	Consult your doctor or use the Premom app for guidance.

It is recommended to test twice a day (morning and evening) once you begin to detect an LH surge to avoid missing your peak.

How to Perform the LH Test

1. Collect a urine sample in a clean, dry container. Do not use first morning urine as LH can be concentrated and give a false positive.
2. Remove the test strip from its sealed pouch just before use.
3. Dip the strip into the urine sample with the arrow pointing towards the urine. Do not immerse past the MAX line.
4. Hold the strip in the urine for 5-10 seconds until the color rises into the result window.
5. Remove the strip and lay it flat on a clean, dry, non-absorbent surface.
6. Wait 5 minutes for the colored lines to appear. Do not read results after 10 minutes.

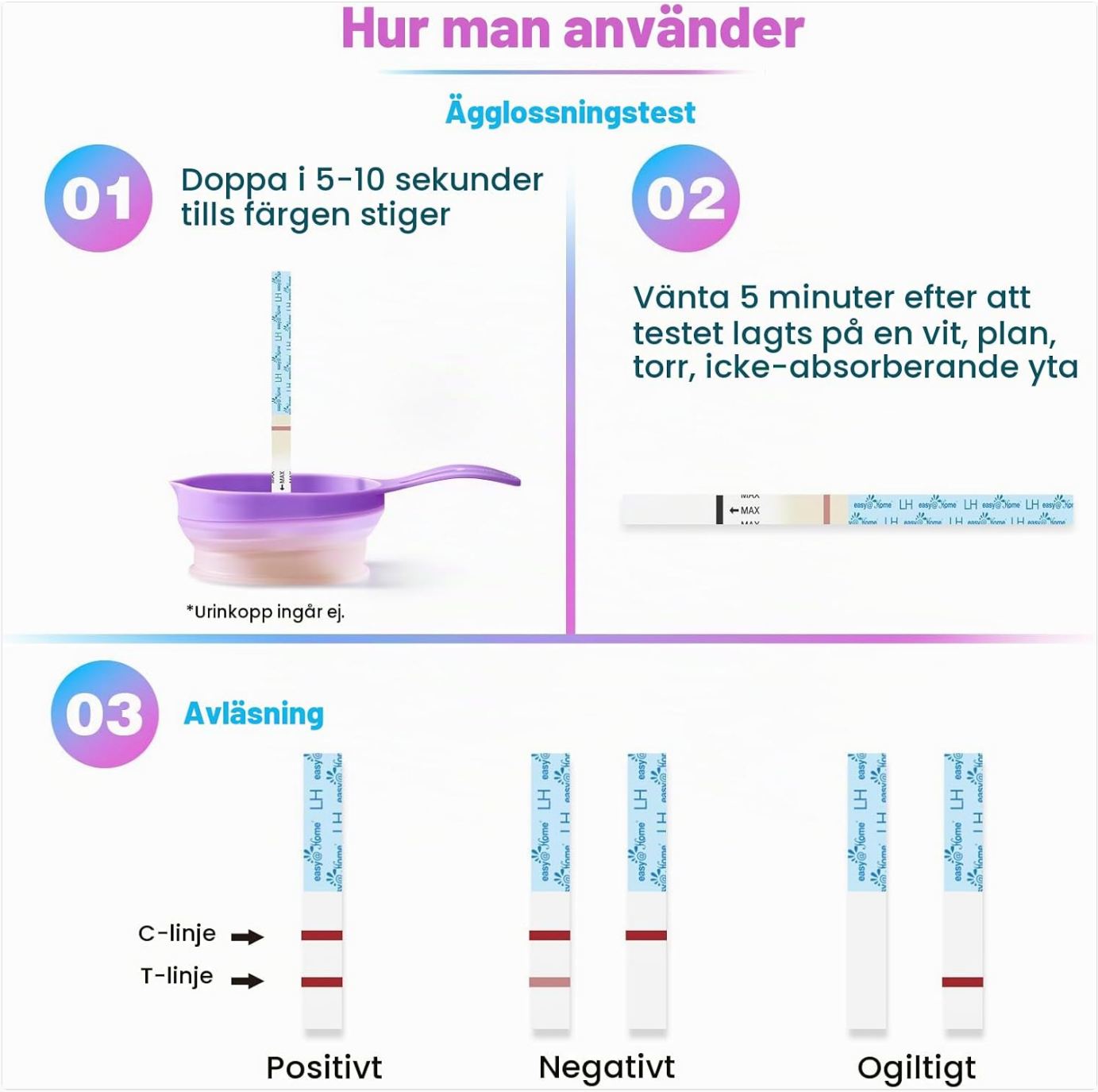


Image: Step-by-step visual guide on how to perform an ovulation test, including dipping the strip, waiting, and reading the results.

Interpreting LH Test Results

Compare the intensity of the test line (T) to the control line (C).

- **Positive Result (LH Surge):** If the test line (T) is as dark as or darker than the control line (C), this indicates an LH surge. Ovulation is likely to occur within 24-48 hours. This is your most fertile time.
- **Negative Result:** If the test line (T) is lighter than the control line (C), or no test line appears, there is no LH surge detected. Continue daily testing.
- **Invalid Result:** If no control line (C) appears, the test is invalid. Discard the test and repeat with a new one.



Image: Visual examples of ovulation test results: a positive result with a dark test line, a negative result with a faint test line, and an invalid result with no control line.

Pregnancy Test (HCG Test)

When to Perform the HCG Test

The Easy@Home HCG Pregnancy Test can detect pregnancy as early as 6-8 days after ovulation, or several days before your missed period. For best accuracy, it is recommended to test with first morning urine, as it typically contains the highest concentration of HCG.

How to Perform the HCG Test

1. Collect a first morning urine sample in a clean, dry container.
2. Remove the test strip from its sealed pouch just before use.
3. Dip the strip into the urine sample with the arrow pointing towards the urine. Do not immerse past the MAX line.
4. Hold the strip in the urine for 5-10 seconds until the color rises into the result window.
5. Remove the strip and lay it flat on a clean, dry, non-absorbent surface.
6. Wait 3 minutes for the colored lines to appear. Do not read results after 5 minutes.



Image: Step-by-step visual guide on how to perform a pregnancy test, including dipping the strip, waiting, and reading the results.

Interpreting HCG Test Results

Compare the intensity of the test line (T) to the control line (C).

- **Positive Result (Pregnant):** Two distinct colored lines appear. The test line (T) may be lighter than the control line (C), but any visible test line indicates a positive result.
- **Negative Result (Not Pregnant):** Only one colored line appears in the control region (C). No test line (T) appears.
- **Invalid Result:** If no control line (C) appears, the test is invalid. Discard the test and repeat with a new one.



Image: Visual examples of pregnancy test results: a positive result with two lines, a negative result with one control line, and an invalid result with no control line.

Using the Premom App (Optional)

The Easy@Home tests are compatible with the free Premom Ovulation Predictor App. This app can help you:

- Digitally scan and track your LH and HCG test results.
- Automatically generate a fertility chart.
- Predict your ovulation day and fertile window with greater accuracy.
- Log other fertility signs like Basal Body Temperature (BBT) and cervical mucus.



Image: The Premom app interface demonstrating how to scan a test strip and track results to predict conception chances.



Image: A detailed view of the Premom app showing a fertility chart with LH and HCG levels, used to predict maximal fertility.

Storage and Handling

- Store tests at room temperature (2-30°C or 36-86°F) in their original sealed pouches.
- Do not store in direct sunlight, moisture, or heat.
- Do not freeze.
- Use tests immediately after opening the pouch.

Troubleshooting

- **No Control Line Appears:** This indicates an invalid test. The test may not have been performed correctly, or the strip may be faulty. Discard and retest with a new strip.
- **Faint Test Line (LH Test):** A faint test line on an LH test means no LH surge has been detected. Continue testing daily.

- **Faint Test Line (HCG Test):** Even a very faint test line on an HCG test indicates a positive result. The line intensity can vary depending on the HCG concentration in your urine. If unsure, retest in 48 hours or consult a healthcare professional.
- **Unexpected Results:** If results do not align with your expectations or cycle tracking, ensure you followed all instructions precisely. Factors like medication, medical conditions, or diluted urine can affect results. Consult a healthcare professional if you have concerns.

Specifications

Feature	Detail
Brand	Easy@Home
Model Number	EZ-WS4010
Product Dimensions	12.07 x 10.8 x 6.35 cm; 158.76 g
Number of LH Tests	40
Number of HCG Tests	10
Test Type	Urine Test Strips (In Vitro Diagnostic)
Specific Uses	Ovulation Test, Pregnancy Test
Measurement Accuracy	Accurate and reliable results
Special Feature	Easy to use, Premom App compatible
UPC / GTIN	700613320952, 719034461168

Customer Support and Warranty

For further assistance, questions, or to access additional resources, please visit the official Easy@Home store or contact customer support.

- **Online Resources:** You can find more information and support on theEasy@Home Store Page.
- **Additional Manuals:** Digital versions of the user manual and installation guide are available for download:
  - User Manual (PDF)
  - Installation Manual (PDF)
- **Warranty Information:** Specific warranty details may be provided with your product packaging or on the official Easy@Home website.

© 2024 Easy@Home. All rights reserved.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

https://manuals.plus/asin/B00SXCXJV4

More documents and user manuals: **https://manuals.plus/**