

Reebok JET DASHRIDE-M

Reebok Jet Dashride Running Shoe User Manual

Model: JET DASHRIDE-M

1. INTRODUCTION

This manual provides essential information for the proper use, care, and maintenance of your Reebok Men's Jet Dashride Running Shoes. Designed for performance and comfort, these shoes are suitable for various athletic activities, particularly running.

Please read this manual thoroughly to ensure optimal performance and longevity of your footwear.

2. KEY FEATURES

- **Lace-up Design:** Provides a secure and adjustable fit.
- **Mesh Upper with FitFrame Technology:** Offers breathability and structural support.
- **Cushioned Footbed:** Enhances comfort during extended wear and impact.
- **Lugged Outsole:** Delivers reliable grip and traction on various surfaces.
- **Lightweight Construction:** Weighing approximately 11.3 ounces for reduced fatigue.

3. SETUP AND FIRST USE

1. **Unpacking:** Remove shoes from packaging. Inspect for any visible defects.
2. **Lacing:** Ensure laces are threaded correctly through all eyelets. Adjust tension for a snug, comfortable fit without excessive tightness.
3. **Initial Fit Check:** Wear the shoes with your preferred athletic socks. Walk around to assess comfort and fit. There should be about a thumb's width of space between your longest toe and the end of the shoe.
4. **Break-in Period:** For optimal comfort, it is recommended to wear the shoes for short periods initially before engaging in strenuous activities.



Image 1: Front-side view of the Reebok Jet Dashride Running Shoes, showcasing the mesh upper and lacing system.

4. OPERATING INSTRUCTIONS

The Reebok Jet Dashride Running Shoes are designed for running, walking, and general athletic training. Follow these guidelines for proper use:

- **Running:** Ensure laces are securely tied to prevent slippage. The cushioned footbed and lugged outsole provide support and traction for road running.
- **Walking:** The lightweight design and comfortable fit make these shoes suitable for extended periods of walking.
- **Surface Considerations:** While the lugged outsole offers good traction, exercise caution on wet, icy, or extremely uneven surfaces.
- **Activity Type:** These shoes are primarily designed for running and training. They are not intended for specialized activities like trail running, hiking, or heavy-duty work where different footwear characteristics may be required.



Image 2: Side view of the Reebok Jet Dashride Running Shoe, highlighting the overall design and sole structure.

5. MAINTENANCE AND CARE

Proper care extends the life of your shoes and maintains their performance.

- **Cleaning:**
 - Remove loose dirt with a soft brush.
 - Mix mild soap with lukewarm water.
 - Gently scrub the mesh and synthetic surfaces with a soft cloth or sponge.
 - Rinse with a clean, damp cloth. Do not submerge shoes in water.
 - Allow to air dry at room temperature. Avoid direct sunlight or heat sources, which can damage materials.
- **Odor Control:** Remove insoles periodically to air out. Use shoe deodorizers if necessary.
- **Storage:** Store shoes in a cool, dry place away from direct sunlight. Avoid storing in damp environments.
- **Avoid Machine Washing/Drying:** Machine washing and drying can damage the shoe's structure, materials, and adhesives.



Image 3: Top-down view of the Reebok Jet Dashride Running Shoe, showing the lacing and tongue design.

6. TROUBLESHOOTING

Issue	Possible Cause	Solution
Discomfort/Rubbing	Incorrect lacing, wrong size, or insufficient break-in.	Adjust lacing. Ensure correct size. Allow for a break-in period. Wear appropriate socks.
Slippage (inside shoe)	Laces too loose, wrong sock type, or shoe size too large.	Tighten laces. Use athletic socks designed for running. Verify shoe size.
Reduced Traction	Worn outsole, dirt/debris on sole, or unsuitable surface.	Clean outsole. Avoid extremely slippery surfaces. Consider replacing shoes if outsole is significantly worn.
Odor	Moisture buildup, lack of ventilation.	Air out shoes after each use. Remove insoles. Use shoe deodorizers. Ensure proper drying after cleaning.



Image 4: Bottom view of the Reebok Jet Dashride Running Shoe sole, showing the lug pattern for traction.

7. SPECIFICATIONS

- **Model Name:** Jet Dashride Running Shoe

- **Model Number:** JET DASHRIDE-M
- **Brand:** Reebok
- **Department:** Men's
- **Closure Type:** Lace-Up
- **Outer Material:** Mesh
- **Sole Material:** Rubber
- **Fabric Type:** 100% Synthetic
- **Item Weight:** Approximately 11.3 ounces
- **Manufacturer:** Reebok Footwear

Size Guide (US Men's)

Brand Size	EU Size	UK Size	Heel to toe (in)
6.5	38.5	5.5	9.6
7	39	6	9.8
7.5	40	6.5	10
8	40.5	7	10.2
8.5	41	7.5	10.4
9	42	8	10.6
9.5	42.5	8.5	10.8
10	43	9	11
10.5	44	9.5	11.2
11	44.5	10	11.4
11.5	45	10.5	11.6
12	45.5	11	11.8
12.5	46	11.5	12
13	47	12	12.2
13.5	48	12.5	12.4
14	48.5	13	12.6
14.5	49	13.5	12.8
15	50	14	13

8. WARRANTY AND SUPPORT

Specific warranty information for the Reebok Jet Dashride Running Shoe is not provided in this manual. For details

regarding warranty coverage, returns, or additional product support, please refer to the official Reebok website or contact Reebok customer service directly.

You can also visit the official Reebok store on Amazon for more information:[Reebok Store](#)

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