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DonJoy 43003000

DonJoy Procure Arm Sling (Model 43003000) Instruction Manual

INTRODUCTION

The DonJoy Procure Arm Sling is designed to provide comfortable support and immobilization for the arm, shoulder, or wrist. This universal sling features a hook and loop closure system for easy adjustment and a secure fit. It is intended for use under the guidance of a healthcare professional.

SETUP

Follow these steps to properly set up and apply the DonJoy Procure Arm Sling:

1. **Prepare the Sling:** Lay the arm sling flat on a clean surface. Ensure all straps are unfastened and ready for adjustment.
2. **Position the Arm:** Gently place the affected arm into the sling pouch. The elbow should be positioned snugly in the back corner of the pouch, and the hand should extend slightly beyond the opening.
3. **Secure the Shoulder Strap:** Bring the shoulder strap over the unaffected shoulder and across the back. Thread the strap through the buckle on the front of the sling.
4. **Adjust for Comfort:** Adjust the length of the shoulder strap using the hook and loop closure until the arm is supported at a comfortable angle, typically with the elbow bent at approximately 90 degrees. The sling should provide firm support without causing excessive pressure on the neck or shoulder.
5. **Check Fit:** Ensure the arm is fully supported and the sling does not restrict circulation. The hook and loop closures should be securely fastened.



This image shows the DonJoy Procure Arm Sling laid flat, highlighting its universal design and hook and loop closure system.

OPERATING INSTRUCTIONS

Once the sling is properly fitted, it should be worn as directed by your healthcare provider. Here are general guidelines for use:

- **Consistent Wear:** Wear the sling for the duration prescribed by your healthcare professional to ensure proper healing and support.
- **Maintain Position:** Keep your arm in the recommended position within the sling. Avoid unnecessary movements that could compromise the healing process.
- **Regular Checks:** Periodically check the fit of the sling to ensure it remains secure and comfortable. Adjust the straps as needed.
- **Hygiene:** Remove the sling for personal hygiene as instructed by your healthcare provider. Reapply carefully after cleaning.

MAINTENANCE

Proper care will extend the life of your DonJoy Procure Arm Sling:

- **Cleaning:** Hand wash the sling in cold water with mild soap. Do not use bleach or harsh detergents.
- **Drying:** Air dry the sling completely. Do not machine dry or expose to direct heat, as this can damage the materials and hook and loop closures.
- **Storage:** Store the sling in a clean, dry place when not in use. Ensure hook and loop fasteners are closed to prevent them from snagging other fabrics.

TROUBLESHOOTING

If you encounter issues while using the arm sling, consider the following:

- **Discomfort or Pain:** If you experience increased pain, numbness, tingling, or swelling, immediately loosen the sling and consult your healthcare provider. The sling may be too tight or improperly

positioned.

- **Sling Slipping:** Ensure the shoulder strap is properly adjusted and the hook and loop closures are securely fastened. The sling should not slide down the arm or shoulder.
- **Skin Irritation:** If skin irritation occurs, ensure the sling is clean and dry. You may need to wear a thin, breathable layer of clothing underneath the sling. Consult your healthcare provider if irritation persists.

SPECIFICATIONS

Brand	DonJoy
Model Number	43003000
Size	One Size
Closure Type	Hook & Loop
Target Use Body Part	Arm
Color	Blue

WARRANTY AND SUPPORT

For specific warranty information or product support, please refer to the documentation provided with your purchase or contact the retailer or manufacturer directly. It is recommended to keep your proof of purchase for any warranty claims.