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TYNOR 90211000

Tynor Soft Foam Cervical Collar User Guide

Model: 90211000

1. Product Overview

The Tynor Soft Foam Cervical Collar is designed to provide gentle support and stabilization to the neck. It helps maintain proper cervical alignment and cushions the neck and head against sudden movements or vibrations. This collar is suitable for therapeutic support in various neck-related conditions.

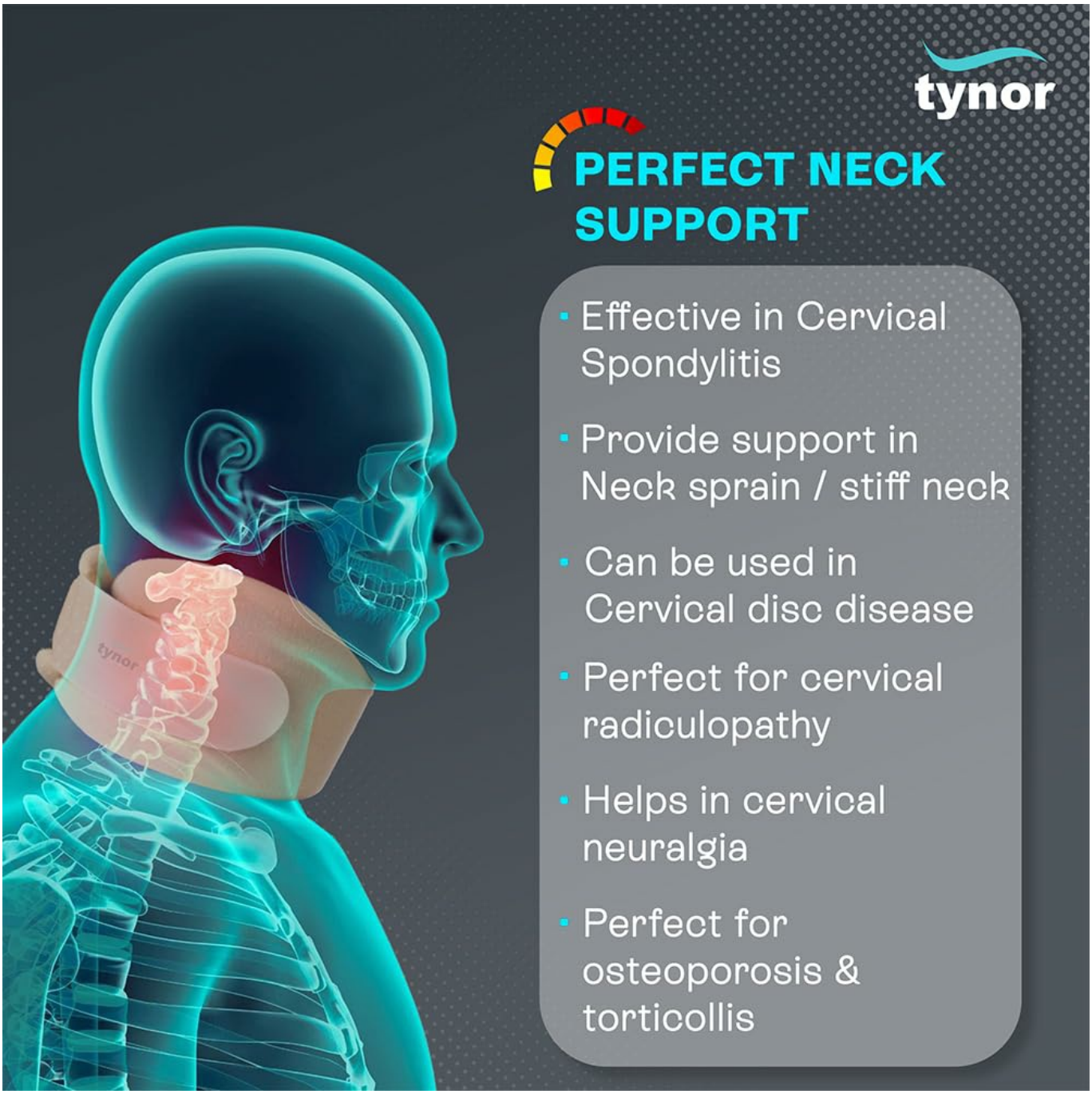


Image 1: Tynor Soft Foam Cervical Collar, showing its general appearance and fit around the neck.

2. Key Features

- **Gentle Support:** Provides soft support and stabilization to the neck.
- **Ergonomic Design:** Features a perfect curve for comfortable fit, allowing the chin to rest naturally.
- **Adjustable Fit:** Equipped with hook and loop closures for secure and easy application and removal.
- **Breathable Material:** Perforated collar body enhances air circulation, keeping the neck area cool and comfortable.
- **Hypoallergenic Cover:** Soft, fawn-colored cotton stockinet helps prevent rashes and skin irritation.
- **High-Density PU Foam:** Ensures superior support, shape retention, and long-term durability.

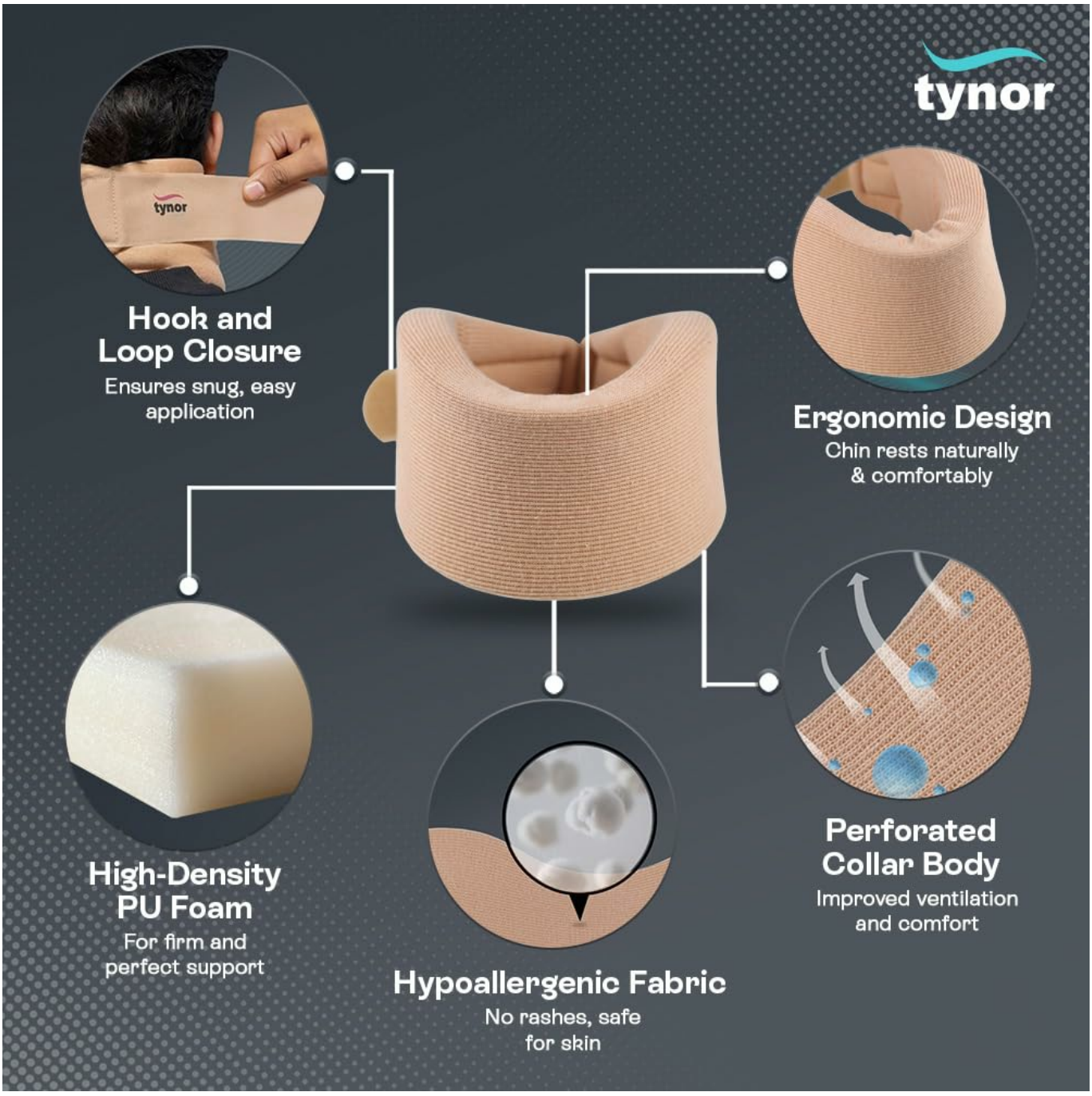


Image 2: Detailed view of the collar's features, including hook and loop closure, ergonomic design, high-density PU foam, hypoallergenic fabric, and perforated body.

3. Indications for Use

This cervical collar is intended for therapeutic support and relief in various conditions, including:

- Cervical spondylitis
- Neck sprain and stiff neck
- Cervical disc disease
- Cervical radiculopathy
- Cervical neuralgia
- Osteoporosis affecting the neck
- Torticollis

- During long working hours to correct neck posture and for preventive care.



Image 3: Illustration showing the neck and spine, highlighting conditions for which the cervical collar provides support.

4. How to Measure and Sizing

To ensure proper fit and effectiveness, follow these steps to measure your neck:

1. Stand or sit with your neck in a straight position.
2. Measure the distance between the edge of your sternum (breastbone) and your lower jaw, with your neck in the extension position.
3. Refer to the sizing chart below to choose the corresponding size. If you are at the upper limit of a size range, consider choosing one size larger for optimal comfort.

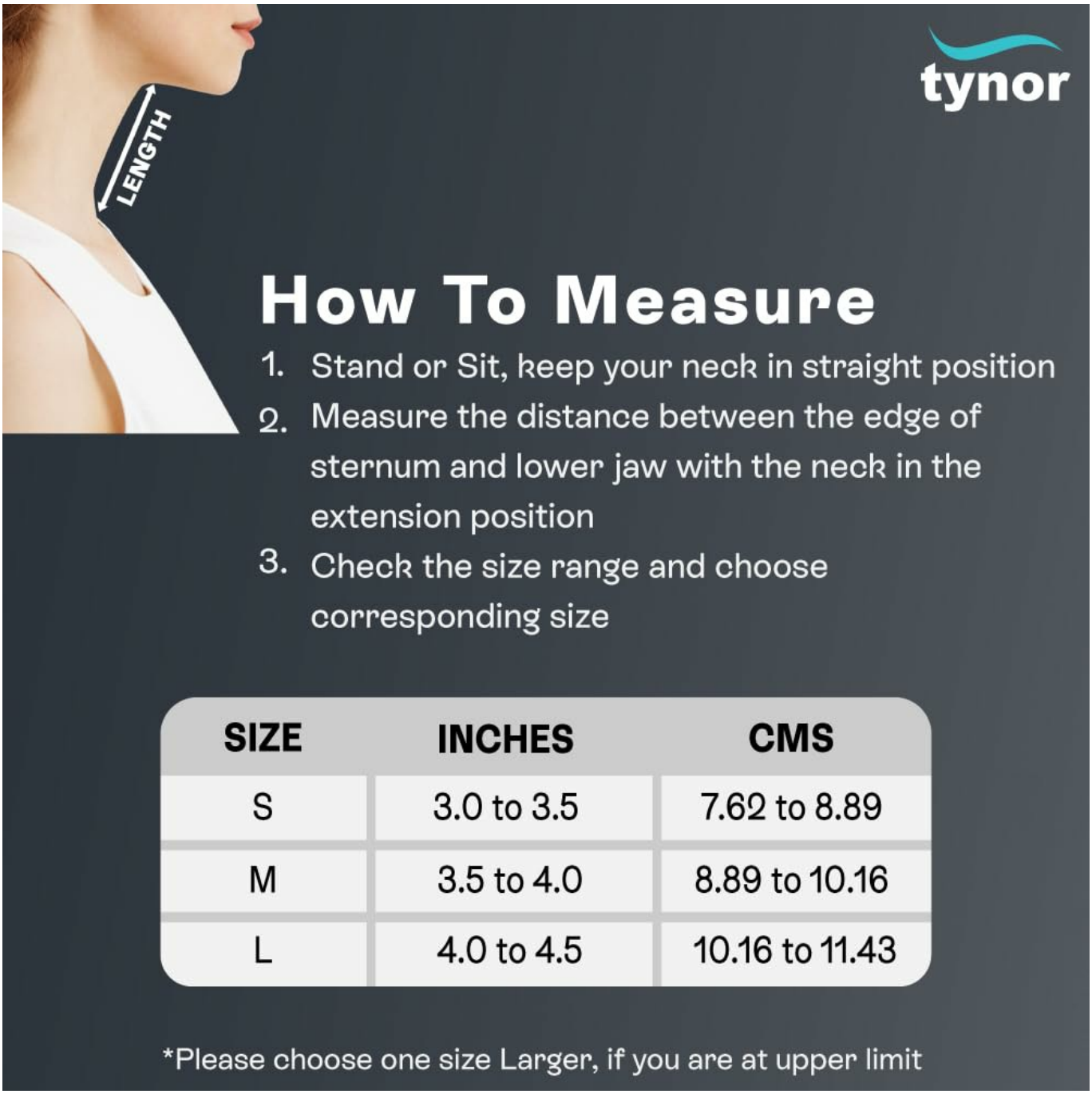


Image 4: Diagram illustrating how to measure the neck length for proper sizing of the cervical collar.

Sizing Chart

Size	Inches	Centimeters
S	3.0 to 3.5	7.62 to 8.89
M	3.5 to 4.0	8.89 to 10.16
L	4.0 to 4.5	10.16 to 11.43

5. Setup and Application

Applying the Tynor Soft Foam Cervical Collar correctly is crucial for its effectiveness and your comfort. Follow these steps:

1. Ensure you have selected the correct size based on the measurement instructions.
2. Position the collar around your neck so that the chin rests comfortably in the contoured area.
3. Wrap the collar snugly around your neck.
4. Secure the collar using the hook and loop closures at the back of your neck. Adjust for a firm, yet comfortable fit that provides support without restricting breathing or circulation.
5. The collar should provide uniform pressure and stability to the cervical region.



Image 5: A man wearing the Tynor Soft Foam Cervical Collar, demonstrating its appearance during use and providing steady support.

6. Wearing Instructions

Once applied, the Tynor Soft Foam Cervical Collar is designed for comfortable wear throughout the day. It provides continuous gentle support and stabilization. Ensure the collar remains properly positioned and does not cause any discomfort or skin irritation. If discomfort occurs, readjust the collar or consult a healthcare professional.



Image 6: A woman wearing the Tynor Soft Foam Cervical Collar, illustrating its soft feel on skin while providing strong support.

7. Care and Maintenance

Proper care extends the life of your cervical collar and maintains hygiene:

- The collar is washable. Hand wash with mild soap in cold water.
- Do not bleach or iron.
- Air dry completely before re-using.
- Avoid twisting or wringing the collar to maintain its shape and integrity.

8. Troubleshooting

If you encounter any issues while using the Tynor Soft Foam Cervical Collar, consider the following:

- **Discomfort or Pain:** Ensure the collar is not too tight or too loose. Re-measure your neck and verify you are using the correct size. Adjust the hook and loop closures for a comfortable fit. If discomfort persists, discontinue use and consult a healthcare professional.
- **Skin Irritation:** Check if the collar is clean and dry. The hypoallergenic fabric is designed to minimize irritation, but if redness or itching occurs, ensure proper hygiene and consult a doctor.
- **Collar Slipping:** The collar might be too loose or the wrong size. Re-adjust the closures or consider a smaller size if necessary.

9. Specifications

Brand	TYNOR
Model Number	90211000
Product Dimensions	53.8 x 12.9 x 2.8 cm
Item Weight	150 g
Material	High-Density PU Foam, Cotton Stockinet
Special Feature	Soft, Perforated, Hypoallergenic
UPC	840003801026

10. Warranty and Support

For specific warranty information or product support, please refer to the documentation included with your purchase or contact Tynor customer service directly. Keep your purchase receipt as proof of purchase.
Manufacturer: TYNOR
Website: www.tynorindia.com (Note: This is a general link to the brand's website, specific support contact may vary by region.)

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