



Manuals.plus /

› Plant Therapy /

› Plant Therapy Rose Absolute Essential Oil 5 mL Instruction Manual

Plant Therapy 680912010245

Plant Therapy Rose Absolute Essential Oil 5 mL Instruction Manual

Brand: Plant Therapy | Model: 680912010245

1. OVERVIEW

The Plant Therapy Rose Absolute Essential Oil is a 100% pure, undiluted, natural aromatherapy product. Derived from Rosa Centifolia Flower Extract, this therapeutic-grade oil is known for its rich floral aroma and various beneficial properties when used correctly.

2. PRODUCT FEATURES

- **Calming Properties:** Helps to soothe emotions and bring a sense of calm.
- **Skin Rejuvenation:** When properly diluted with a carrier oil, it can help improve skin's appearance and reduce visible signs of aging.
- **Relaxation Aid:** The pleasant aroma promotes relaxation, making it suitable for use before sleep or in a bath.
- **Pure and Undiluted:** This essential oil is 100% pure, ensuring maximum therapeutic benefits.
- **Quality Tested:** Every batch undergoes multiple rounds of testing, including organoleptic and GC-MS testing by third-party laboratories, to ensure purity and quality.

3. USAGE INSTRUCTIONS

3.1. Setup & Dilution

Rose Absolute Essential Oil is highly concentrated and must always be diluted before topical application. For skin use, combine with a carrier oil such as Jojoba. The maximum recommended dilution for topical application is 2.5%. For example, to achieve a 2.5% dilution, add approximately 15 drops of Rose Absolute Essential Oil per 1 fluid ounce (30 mL) of carrier oil.

3.2. Operating (Application Methods)

- **Aromatherapy Diffusion:** Add a few drops (1-2 drops per 100 mL of water) to an essential oil diffuser to create a calming and relaxing atmosphere. This can be beneficial for promoting relaxation before sleep or freshening a room.

- **Topical Application:** After diluting with a carrier oil, apply to the skin. For skin rejuvenation, gently massage onto the face and neck. For muscle cramps, apply to the affected area. Always perform a patch test on a small area of skin first to check for any irritation.
- **Relaxing Bath:** Add a few drops to a bubble bath for a soothing and aromatic experience. Ensure the oil is dispersed in the bathwater to avoid direct contact with undiluted oil.

How to use

Use 1-2 drops in your diffuser.

Dilute to a maximum of 2.5% to apply topically.



Figure 1: Visual guide for diffusing and topical application of essential oil.

4. SAFETY INFORMATION

General Cautions:

- Potential skin irritation: Always dilute before use. Follow instructions on the packaging.
- Keep out of reach of children.
- If pregnant or under a doctor's care, consult your physician.
- Avoid contact with eyes.
- Do not use internally unless under the supervision of a Medical Doctor qualified in clinical Aromatherapy.
- Avoid sunlight or UV rays for up to 12 hours after applying topically.
- This product is not intended to diagnose, treat, cure, or prevent any disease.
- Bottles are filled by volume. Some bottle sizes may not be filled to the top, but do contain the volume of oil

specified.



Figure 2: Product label with detailed directions and cautions.

5. INGREDIENTS

INCI: Rosa Centifolia Flower Extract

6. PRODUCT SPECIFICATIONS

Specification	Detail
Brand	Plant Therapy
Scent	Rose
Special Feature	Undiluted
Product Benefits	Relaxation, Aromatherapy
Item Model Number	680912010245
Product Dimensions	0.89 x 0.89 x 2.09 inches
Item Weight	1.6 ounces
UPC	680912010245

7. PRODUCT VISUALS



Figure 3: Front view of the Plant Therapy Rose Absolute Essential Oil 5 mL bottle.



Figure 4: Rose Absolute Essential Oil bottle highlighting its floral origin.

Rose Absolute
FLORAL
Grounding
CALMING
Rejuvenating
AGE-DEFYING
Rich
ROMANTIC

Figure 5: Key characteristics and benefits of Rose Absolute Essential Oil.



Figure 6: Emphasizing the 100% pure quality of the essential oil.

Safe for
pregnancy,
nursing,
kids,
& pets



Figure 7: Information regarding the product's KidSafe certification and suitability for various users.

8. ADDITIONAL RESOURCES (VIDEOS)

8.1. Plant Therapy Rose Absolute Essential Oil Product Spotlight

Video 1: A product spotlight video from Plant Therapy Essential Oils, showcasing the Rose Absolute Essential Oil and its benefits.

8.2. How To Make Your Own Essential Oil Perfume

Video 2: This video from Edens Garden provides a guide on crafting natural perfumes using essential oils, offering creative application ideas.

8.3. Top 10 Essential Oil Mistakes

Video 3: An informational video from Edens Garden detailing common mistakes to avoid when using essential oils, emphasizing safe practices.

8.4. How To Make DIY Candles With Essential Oils

Video 4: This video from Edens Garden demonstrates how to create DIY candles using essential oils, providing a creative use for the product.

9. MAINTENANCE

Store the Rose Absolute Essential Oil in its original amber glass bottle in a cool, dark place away from direct sunlight and heat. Proper storage helps maintain the oil's potency and extends its shelf life. Ensure the cap is tightly sealed after each use.

10. TROUBLESHOOTING

If skin irritation occurs after topical application, discontinue use immediately. Wash the affected area with soap and water. If irritation persists, consult a healthcare professional. Ensure proper dilution ratios are followed to minimize the risk of skin sensitivity.

11. SUPPORT

For further questions, concerns, or support regarding your Plant Therapy Rose Absolute Essential Oil, please visit the official Plant Therapy website or contact their customer service. Certified Aromatherapists are available to assist with essential oil inquiries.