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› Ozeri 4x3sport Tri-Mode Activity Tracker User Manual

Ozeri PD4X3R-3

Ozeri 4x3sport Tri-Mode Activity Tracker User Manual

Model: PD4X3R-3

1. INTRODUCTION

The Ozeri 4x3sport Tri-Mode Activity Tracker is an advanced device designed to accurately monitor your physical activity. It features Tri-Mode technology for distinct tracking of walking, running, and stair-climbing, utilizing a 3D acceleration sensor for precision in any orientation. This manual provides essential instructions for setting up, operating, maintaining, and troubleshooting your activity tracker to ensure optimal performance.

2. PRODUCT OVERVIEW

2.1. Components

Your Ozeri 4x3sport Tri-Mode Activity Tracker package includes:

- Ozeri 4x3sport Activity Tracker unit
- Lithium battery (pre-installed or separate)
- Lanyard
- Belt clip
- Instruction manual (this document)



Image 2.1.1: Front view of the Ozeri 4x3sport Activity Tracker, showing the display and control buttons (MODE, SET, RES).



Image 2.1.2: The Ozeri 4x3sport Activity Tracker alongside its included belt clip and lanyard.

2.2. Key Features

- **Tri-Mode Technology:** Separate algorithms for walking, running, and stair-climbing for enhanced accuracy.
- **Multi-Axis Detection:** Provides accurate readings regardless of the device's orientation (pocket, purse, any angle).

- **MotionLock Technology:** Prevents unintended activity tracking, such as during vehicle travel.
- **Comprehensive Tracking:** Records daily steps, stairs climbed, distance, calories burned, and exercise time.
- **Data Storage:** Built-in memory stores up to 30 days of activity data.
- **Steps2Target Feature:** Tracks progress towards a daily step goal with a graphical display.
- **Vibration Filtering:** Ignores incidental vibrations, only counting steps after a continuous sequence is detected.
- **Additional Functions:** Includes a clock, calendar, and sports timer.

3. SETUP

3.1. Battery Installation

The Ozeri 4x3sport Activity Tracker uses one CR2032 Lithium Metal battery. If the battery is not pre-installed or needs replacement:

1. Locate the battery door on the back of the device.
2. Use a small screwdriver (often included) to open the battery compartment.
3. Insert the CR2032 battery with the positive (+) side facing up.
4. Close the battery door securely.

Note: Replacing the battery may reset all previously stored data and settings. You will need to re-enter your personal information and preferences after battery replacement.



Image 3.1.1: Back view of the activity tracker, highlighting the battery door and reset button.

3.2. Initial Settings

Before first use, or after a battery replacement, configure the following settings for accurate tracking:

1. **Power On:** Press any button to activate the display.
2. **Access Settings:** Press and hold the **SET** button for a few seconds until the settings menu appears.
3. **Set Time and Date:** Use the **MODE** and **RES** buttons to adjust values (hours, minutes, year, month, day). Press **SET** to confirm each entry and move to the next.
4. **Enter Personal Data:**
 - **Weight:** Input your current weight in pounds (lbs) for accurate calorie burn calculations.
 - **Stride Length:** Measure your average stride length. To do this, walk 10 steps, measure the total distance in feet, and divide by 10. Enter this value into the device. This is crucial for accurate distance tracking.
5. **Set Daily Step Target (Optional):** You can set a daily step goal. The device will graphically display your progress towards this target.
6. **Confirm Settings:** Continue pressing **SET** until you exit the settings menu and return to the main display.

4. OPERATING THE ACTIVITY TRACKER

4.1. Wearing the Device

The Ozeri 4x3sport can be worn in your pocket, purse, or clipped to your belt using the provided clip. Its multi-axis detection ensures accuracy regardless of orientation. For best results, ensure it is securely attached and not swinging freely.



Image 4.1.1: The activity tracker securely fitted into its belt clip.

4.2. Activity Tracking Modes

The device features three distinct tracking modes: Walking, Running, and Stair-Climbing. The device automatically detects and switches between these modes based on your activity. MotionLock technology prevents accidental counting when not in active motion.

- The device filters out minor vibrations and only begins counting steps after detecting a continuous sequence of movement to ensure accuracy.

4.3. Viewing Your Data

Press the **MODE** button repeatedly to cycle through different display screens:

- **Current Time:** Displays the current time.
- **Steps:** Shows the total steps taken for the current day.
- **Distance:** Displays the distance covered (miles or kilometers, depending on your setting).
- **Calories Burned:** Estimates the calories expended based on your activity and personal data.
- **Exercise Time:** Shows the duration of your active exercise.
- **Stairs Climbed:** Indicates the number of flights of stairs ascended.
- **Steps2Target Progress:** A graphical representation of your progress towards your daily step goal.



Image 4.3.1: The activity tracker displaying the current time.



Image 4.3.2: The activity tracker displaying distance covered in miles.

4.4. Resetting Data

To reset your daily activity data (steps, distance, calories, exercise time) to zero, navigate to the desired display screen (e.g., Steps) and press and hold the **RES** button until the values reset.

Note: The device retains up to 30 days of historical data. Resetting daily data does not affect the stored historical records unless explicitly cleared through a full system reset (typically by battery removal).

5. MAINTENANCE

5.1. Cleaning

To clean your activity tracker, gently wipe it with a soft, damp cloth. Do not use abrasive cleaners, solvents, or immerse the device in water.

5.2. Battery Replacement

When the battery level is low, the display may dim or the device may stop functioning. Refer to Section 3.1 for instructions on replacing the CR2032 lithium battery. Remember that replacing the battery will likely clear all current settings and data, requiring re-entry of your personal information.

5.3. Storage

Store the activity tracker in a cool, dry place away from direct sunlight and extreme temperatures. If storing for an extended period, consider removing the battery to prevent leakage.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Inaccurate Step Count	Incorrect stride length setting; device not worn securely; short, intermittent movements not registered by vibration filter.	• Verify and re-enter your stride length (Section 3.2). • Ensure the device is securely clipped or placed to prevent excessive swinging. • Understand that the device filters out single or very short sequences of steps to prevent false counts. Continuous movement is required.
Display is Blank or Dim	Low or depleted battery.	Replace the CR2032 battery (Section 3.1).
Device Not Responding	Battery issue; temporary software glitch.	• Replace the battery. • Perform a soft reset by removing the battery for a few seconds and then reinserting it.
Data Not Resetting	Incorrect button press; device malfunction.	• Ensure you are pressing and holding the RES button on the correct display screen. • If the issue persists, contact customer support.

7. SPECIFICATIONS

- **Model Number:** PD4X3R-3
- **Product Dimensions:** 3.06 x 0.5 x 1.38 inches
- **Item Weight:** 1.28 ounces
- **Battery Type:** 1 x CR2032 Lithium Metal (included)
- **Estimated Battery Life:** Up to 30 days
- **Display Size:** 0.96 inches
- **Material:** Plastic or Silicone
- **Color:** Red
- **Data Memory:** Up to 30 days of activity

8. WARRANTY AND SUPPORT

For warranty information or technical assistance, please contact Ozeri customer support. Details are typically available on the manufacturer's official website or through the retailer where the product was purchased.

Please retain your purchase receipt for warranty claims.

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