

Sony SWR30

Sony Smartband Talk SWR30 User Manual

Model: SWR30

1. INTRODUCTION

The Sony Smartband Talk SWR30 is a versatile wearable device designed to enhance your daily life by providing smart notifications, activity tracking, and hands-free communication. Featuring an E-Ink display for clear visibility and low power consumption, this device seamlessly integrates with your Android smartphone (version 4.4 or later) to keep you connected and informed.

It monitors physical activities such as steps, walking, running, and sleep cycles, allowing you to set personal goals and track your progress. The dust-tight and highly water-resistant design (IP68 rating) ensures durability for an active lifestyle.



Figure 1: Sony Smartband Talk SWR30 in white.

2. PACKAGE CONTENTS

Ensure all items are present in the package:

- Sony Smartband Talk SWR30
- USB Charging Cable (not explicitly listed but implied for charging)
- Documentation (Quick Start Guide, Safety Information)

3. PRODUCT OVERVIEW

The Smartband Talk SWR30 features an ergonomic design for comfortable all-day wear. Its E-Ink display provides excellent readability in various lighting conditions and contributes to extended battery life. The device supports interchangeable bands to match personal style.

Key Features:

- **E-Ink Display:** Low power consumption, always-on display for time, notifications, and activity status.
- **Activity Tracking:** Monitors steps, walking, running, and sleep cycles.
- **Notifications:** Displays incoming messages, texts, emails, and other app notifications.
- **Hands-Free Calling:** Built-in microphone and speaker for making and receiving calls directly from the wrist.
- **Voice Control:** Utilize voice commands for various functions without needing to access your phone.
- **Water and Dust Resistance:** IP68 rating ensures protection against dust and water immersion up to 1 meter.
- **Interchangeable Bands:** Customize the look of your Smartband.



Figure 2: E-Ink display showing notifications.

4. SETUP

4.1 Charging the Device

1. Connect the USB charging cable to the charging port on your Smartband Talk SWR30.
2. Plug the other end of the USB cable into a compatible USB power adapter or a computer's USB port.
3. The device will display a charging indicator. A full charge typically takes less than 1 hour.

4.2 Pairing with Your Smartphone

The Sony Smartband Talk SWR30 requires an Android smartphone running Android version 4.4 or later.

1. Ensure your smartphone's Bluetooth is enabled.
2. Download and install the **Smartband Talk** app and the **Lifelog** app from the Google Play Store.
3. Open the Smartband Talk app on your smartphone and follow the on-screen instructions to pair your device. This usually involves activating the Smartband Talk and confirming the pairing request on both devices.
4. Once paired, the Smartband Talk will synchronize with your phone, and you can customize settings through the app.

5. OPERATING THE SMARTBAND TALK SWR30

5.1 Basic Navigation

The E-Ink display shows information such as time, date, and notifications. Interact with the device using its side buttons and the touch-sensitive area (emulated via accelerometer).

- **Side Buttons:** Typically used for scrolling through menus, adjusting volume during calls, or confirming selections.
- **Tap/Jab Gesture:** A sharp tap on the screen can register as a selection or to dismiss notifications.

5.2 Receiving Notifications

When your phone receives a notification (e.g., call, SMS, email, app alert), the Smartband Talk SWR30 will vibrate and display the notification on its E-Ink screen. You can read messages directly on your wrist.

5.3 Activity Tracking

The Smartband Talk automatically tracks your daily activities. Data such as steps taken, distance covered, and sleep patterns are recorded and synchronized with the Lifelog app on your smartphone. You can view detailed statistics and set personal fitness goals within the Lifelog app.



Figure 3: Activity tracking display.

5.4 Hands-Free Calling

With its built-in microphone and speaker, the Smartband Talk allows you to answer and make calls directly from your wrist. When a call comes in, the caller ID will be displayed, and you can answer or decline using the device's controls. Voice commands can also be used to initiate calls.

5.5 Customizing Settings

All advanced settings and customizations, including notification preferences, alarm settings, and app management, are handled through the Smartband Talk app on your paired smartphone.

6. MAINTENANCE

6.1 Cleaning the Device

To clean your Smartband Talk SWR30, gently wipe it with a soft, damp cloth. Avoid using harsh chemicals, abrasive cleaners, or solvents, as these can damage the device's finish and components.

6.2 Water Resistance

The device has an IP68 rating, meaning it is dust-tight and protected against the effects of continuous immersion in water up to 1 meter for a specified duration. While it is water-resistant, it is not recommended for prolonged underwater activities or exposure to high-pressure water jets. Always ensure the charging port cover (if applicable) is securely closed to maintain water resistance.

6.3 Battery Care

To maximize battery life, avoid exposing the device to extreme temperatures. Charge the device regularly, but avoid leaving it fully discharged for extended periods. The typical battery life is up to 48 hours depending on usage.

7. TROUBLESHOOTING

If you encounter issues with your Sony Smartband Talk SWR30, refer to the following common solutions:

- **Device Not Connecting:** Ensure Bluetooth is enabled on your smartphone and the Smartband Talk app is running. Try restarting both devices and re-pairing if necessary.
- **Display Issues:** If the E-Ink display shows ghosting or incomplete refreshes, try restarting the device. Ensure the device software is up to date via the Smartband Talk app.
- **Battery Not Charging:** Verify that the charging cable is securely connected to both the device and the power source. Try a different USB port or power adapter.
- **No Notifications:** Check notification settings within the Smartband Talk app on your smartphone. Ensure the app has necessary permissions.
- **Hands-Free Calling Not Working:** Confirm that the device is properly paired and that the Smartband Talk app has phone call permissions.

For persistent issues, consult the help section within the Smartband Talk app or visit the official Sony support website.

8. SPECIFICATIONS

Feature	Detail
Model Name	Smartband Talk SWR30
Operating System Compatibility	Android 4.4 or later
Display Type	E-Ink Display
Screen Size	1.4 inches
Connectivity	Bluetooth, NFC
Special Features	Activity Tracker, Notifications, Hands-Free Calling, Voice Control
Water Resistance Level	IP68 (Water Resistant up to 1 meter)
Battery Life (Average)	48 Hours
Item Weight	22.68 g
Item Dimensions (D x W x H)	1.9" x 0.4" x 1.9"
Band Material Type	Plastic
UPC	095673859734

9. WARRANTY AND SUPPORT

9.1 Warranty Information

The Sony Smartband Talk SWR30 comes with a **1-year Limited Warranty**. Please retain your proof of purchase for warranty claims. The warranty covers manufacturing defects under normal use conditions.

9.2 Customer Support

For further assistance, technical support, or warranty service, please contact Sony customer support through their official website or the contact information provided in your product packaging.