

Integra Iron Integra (30) Capsules

Integra Iron Supplement 30 Count Capsules User Manual

Brand: Integra Iron | **Model:** Integra (30) Capsules

1. INTRODUCTION

Integra Iron Supplement capsules are formulated to address iron deficiency anemia. This condition can arise from various factors, including an increased physiological need for iron, insufficient dietary iron intake, or excessive iron loss from the body.

2. SAFETY INFORMATION

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6 years of age. Keep this product out of reach of children. In case of accidental overdose, immediately call a doctor or a poison control center.

Iron supplements may interfere with the absorption of certain oral antibiotics (e.g., tetracycline) and other medications. These products should not be taken within two hours of each other. Consult your physician if you are pregnant or nursing, have a medical condition, or use prescription medications before using this or any dietary supplement.

3. INGREDIENTS

Each Integra Iron Supplement capsule contains the following active ingredients:

- Iron
- Niacin
- Vitamin C (Ascorbic Acid, Calcium Ascorbate, Ascorbyl Palmitate, Niacinamide Ascorbate, Sodium Ascorbate, Magnesium Ascorbate, Potassium Ascorbate)

- Xylitol
- Lysine Acetate
- Citrus Bioflavonoids
- Sodium Pyrophosphate
- D-Ribofuranose
- L-Cysteine
- Glutathione
- Hesperidin

Note: Capsules are non-USP.

4. DIRECTIONS FOR USE

Adults (persons over 12 years of age): Take one (1) capsule daily, preferably between meals, or as directed by a physician. Do not exceed the recommended dosage.

Children: Do not administer to children under the age of 12.

Tablets must be swallowed whole.

5. STORAGE

Store at controlled room temperature between 15°C to 30°C (59°F to 86°F). Keep in a cool, dry place. Protect from excessive heat and moisture.

6. PRODUCT SPECIFICATIONS

Feature	Detail
Brand	Integra Iron
Item Form	Capsules
Primary Supplement Type	Iron, Vitamin C, Niacin
Unit Count	30.00 Count
Flavor	Unflavored
Manufacturer	USPC
Date First Available	June 23, 2014

7. PRODUCT VISUALS



Image 1: Front view of the Integra Iron Supplement bottle, showing the brand name, iron/vitamin supplement, and 30 capsules count.

Supplement Facts			
Serving Size: 1 Capsule			
Amount Per Serving		% Daily Value for Pregnant or %DV* Lactating Women	
Vitamin C (from ProAscorb C**)	40 mg	67%	67%
Niacin (from ProAscorb C**)	3 mg	15%	15%
Iron (62.5mg from Ferrous Fumarate) (62.5mg from Polysaccharide Iron Complex)	125 mg	694%	694%
** ProAscorb C	75 mg	†	†
Calcium Ascorbate, Ascorbic Acid, Ascorbyl Palmitate, Niacinamide Ascorbate, Xylitol, Sodium Ascorbate, Magnesium Ascorbate, Lysine Acetate, Citrus Bioflavonoids, Potassium Ascorbate, Sodium Pyrophosphate, D-Ribofuranose, L-Cysteine, Glutathione, Hesperidin			
* Percent Daily Value based on 2000 calorie intake for adults and children 12 years and older. † Daily Value not established			

Other Ingredients: Hypromellose, Magnesium Stearate, Titanium Dioxide, FD & C Red #40, FD & C Blue #1

Image 2: Detailed view of the Supplement Facts label, listing Vitamin C, Niacin, Iron, and other ingredients per serving.

8. LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the Food and Drug Administration (FDA) and are not intended to diagnose, treat, cure, or prevent any disease or health condition.