

DYNAMIC SAUNAS AMZ-MX-K306-01

DYNAMIC SAUNAS Maxxus 3 Person Low EMF FAR Infrared Carbon Canadian Hemlock Sauna User Manual

Brand: DYNAMIC SAUNAS | Model: AMZ-MX-K306-01

INTRODUCTION

The DYNAMIC SAUNAS Maxxus 3 Person Low EMF FAR Infrared Carbon Canadian Hemlock Sauna is designed to provide a cost-effective and beneficial wellness experience in the comfort of your home. Utilizing modern technology and energy-efficient FAR infrared carbon heating panels, this sauna delivers penetrating infrared waves to support detoxification, improve circulation, alleviate muscle and joint discomfort, and enhance skin tone.

Constructed with reforested Canadian Hemlock wood, the sauna features double-paneled walls with thick interior and exterior planks for superior heat retention and energy efficiency. The 3-person model includes 7 infrared Carbon Energy Efficient heating panels, including a dedicated foot heater, ensuring even heat distribution. The user-friendly soft-touch control panel with LED display, along with built-in FM radio, CD, and MP3 auxiliary connection with speakers, enhances the sauna experience.

IMPORTANT SAFETY INFORMATION

Please read all safety instructions carefully before assembly and operation to prevent injury or damage.

- **Electrical Requirements:** The sauna requires a dedicated 20 amp, 120 volt outlet. It is crucial to consult a certified electrician for proper installation and to ensure your electrical system can support this requirement. Do not use extension cords.
- **Indoor Use Only:** This sauna is designed exclusively for indoor use. Do not install or operate outdoors or in areas exposed to moisture.
- **Placement:** The sauna can be installed on carpet or any indoor location such as a basement, garage, master bath, or walk-in closet, provided it meets electrical and ventilation requirements.
- **Proposition 65 Warning:** This product may expose you to chemicals known to the State of California to cause cancer or birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.
- Keep children and pets away from the sauna during operation.
- Do not block ventilation openings.
- Avoid placing flammable materials inside or near the sauna.

SETUP AND INSTALLATION

The DYNAMIC SAUNAS Maxxus sauna is designed for straightforward assembly. While specific detailed steps are provided in the included assembly guide, here is a general overview of the process:

1. **Preparation:** Ensure the chosen installation location is level, dry, and has access to a dedicated 20 amp, 120 volt electrical outlet. Clear the area of any obstructions.
2. **Unpacking:** Carefully unpack all components, checking against the parts list provided in your assembly guide to ensure all pieces are present and undamaged.
3. **Base Assembly:** Position the sauna base on the desired location.
4. **Wall Panel Installation:** Assemble the wall panels, connecting them securely. The sauna features 6mm interior and exterior wood planks with a 1.13-inch inner frame for robust construction.
5. **Bench and Heater Installation:** Install the interior bench and ensure all 7 Maxxus Low EMF FAR Infrared Carbon heating panels (3 on the rear wall, 1 on each side wall, 1 under the bench, and 1 on the floor board) are correctly positioned and connected.
6. **Door and Roof Assembly:** Install the bronze tinted tempered glass door and side windows. Secure the roof panel, which houses the lighting and control panel connections.
7. **Electrical Connection:** Once the physical structure is complete, connect the sauna to the dedicated 20 amp, 120 volt electrical outlet. **This step should ideally be performed or verified by a certified electrician.**
8. **Pre-delivery Note:** Please note that this item is typically delivered curbside. If you require delivery to a specific location on your property, additional arrangements with a third-party provider should be made prior to delivery.



Figure 1: Fully assembled DYNAMIC SAUNAS Maxxus 3 Person Infrared Sauna, showcasing its Canadian Hemlock wood construction and glass door.



Figure 2: Front view of the DYNAMIC SAUNAS Maxxus 3 Person Infrared Sauna, detailing the control panel and the elegant glass door.

OPERATING INSTRUCTIONS

Operating your DYNAMIC SAUNAS Maxxus sauna is simple and intuitive, designed for your convenience.

1. **Power On:** Ensure the sauna is properly plugged into its dedicated 20 amp, 120 volt outlet. Locate the soft-touch control panel, typically on the exterior or interior of the sauna. Press the power button to turn on the unit.
2. **Temperature Setting:** Use the controls on the LED display to set your desired temperature. The sauna is capable of operating beyond 140°F (60°C). Allow approximately 15-20 minutes for the sauna to reach the set temperature.
3. **Session Timer:** Set the duration of your sauna session using the timer function on the control panel.
4. **Audio System:** To enhance your experience, utilize the built-in audio system. You can tune into the FM radio, play CDs, or connect an MP3 device via the auxiliary connection. Adjust volume and tracks using the integrated controls.
5. **Foot and Bench Heaters:** The sauna is equipped with floor and lower bench heaters, ensuring comprehensive infrared heat exposure to your legs and feet. These operate automatically with the main heating system.
6. **During Session:** Enter the sauna once the desired temperature is reached. Relax and enjoy the therapeutic benefits of the FAR infrared heat.
7. **Power Off:** After your session, turn off the sauna using the power button on the control panel. It is recommended to unplug the unit if it will not be used for an extended period.

MAINTENANCE AND CARE

Proper maintenance will ensure the longevity and optimal performance of your DYNAMIC SAUNAS Maxxus sauna.

- **Cleaning the Interior:** Wipe down the interior wood surfaces with a clean, damp cloth after each use to remove sweat and

residue. Do not use harsh chemical cleaners, as they can damage the wood and release harmful fumes when heated.

- **Cleaning the Exterior:** The exterior can be wiped with a soft, dry cloth. For stubborn marks, a slightly damp cloth can be used, followed by immediate drying.
- **Glass Door:** Clean the bronze tinted tempered glass door and windows with a standard glass cleaner and a soft cloth.
- **Ventilation:** Ensure that the sauna's ventilation openings are not obstructed to allow for proper airflow.
- **Heater Panels:** Do not touch the heating panels directly when the sauna is in operation. Keep them free from dust and debris.
- **Wood Care:** As the sauna is made of natural Canadian Hemlock wood, minor cracking or discoloration may occur over time due to heat and moisture. This is normal and does not affect performance. Avoid applying wood sealants or varnishes to the interior.
- **Storage:** If the sauna will not be used for an extended period, ensure it is clean, dry, and unplugged.

TROUBLESHOOTING

If you encounter any issues with your DYNAMIC SAUNAS Maxxus sauna, refer to the following common troubleshooting steps:

Problem	Possible Cause	Solution
Sauna does not power on.	Not plugged in; circuit breaker tripped; faulty power cord/outlet.	Ensure the sauna is securely plugged into the dedicated 20 amp outlet. Check your home's circuit breaker and reset if tripped. Test the outlet with another appliance. If issues persist, consult an electrician.
Sauna not heating or not reaching desired temperature.	Temperature setting too low; door not fully closed; heater panel malfunction; insufficient warm-up time.	Verify the temperature setting on the control panel. Ensure the door is securely latched. Allow adequate warm-up time (15-20 minutes). Check if any heater panels are visibly damaged or not glowing (if applicable). Contact customer support if panels are not functioning.
Control panel not responding.	Loose connection; power surge; internal fault.	Turn off and unplug the sauna, wait 5 minutes, then plug it back in and restart. Check all visible connections. If the panel remains unresponsive, contact customer support.
Audio system not working.	Incorrect source selected; volume too low; faulty speakers/unit.	Ensure the correct audio source (FM, CD, AUX) is selected. Increase the volume. Test with different media. If the issue persists, contact customer support.

SPECIFICATIONS

Feature	Detail
Product Dimensions	63.5 x 43.3 x 74.8 inches (L x W x H)
Item Weight	320 pounds
Capacity	3 Person
Heating Elements	7 Maxxus Low EMF FAR Infrared Carbon heating panels (3 rear, 2 side, 1 under bench, 1 floor)
Wood Type	Natural Reforested Canadian Hemlock
Wall Construction	6mm Interior and Exterior wood planks with a 1.13 inch inner frame

Feature	Detail
Door Type	Bronze Tinted Tempered Glass
Operating Temperature	Operates beyond 140°F (60°C)
Electrical Requirement	Dedicated 20 amp, 120 volt outlet
Audio System	Built-in FM radio, CD, and MP3 auxiliary connection with speakers
Manufacturer	Golden Designs Inc
Model Number	AMZ-MX-K306-01

WARRANTY AND SUPPORT

For specific warranty details regarding your DYNAMIC SAUNAS Maxxus 3 Person Infrared Sauna, please refer to the warranty card included with your product or contact the manufacturer directly. General information regarding product protection plans may be available through your retailer.

- **Manufacturer:** Golden Designs Inc
- **Customer Support:** For technical assistance, parts, or warranty claims, please contact the manufacturer's customer service department. Contact information can typically be found in your product packaging or on the manufacturer's official website.
- **Protection Plans:** Extended protection plans may be available for purchase through your retailer. These plans offer additional coverage beyond the standard manufacturer's warranty.

© 2024 DYNAMIC SAUNAS. All rights reserved. Information subject to change without notice.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question