

DYNAMIC SAUNAS AMZ-DYN-6225-02

Dynamic Hemming 2 Person Infrared Corner Sauna User Manual

Model: AMZ-DYN-6225-02

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PRODUCT OVERVIEW

The Dynamic Hemming 2 Person Infrared Corner Sauna is designed for home use, offering a personal spa experience with low EMF infrared heating technology. Constructed from reforested Canadian Hemlock wood, this sauna is built for efficient heat retention and quick warm-up times. It features a user-friendly control panel, integrated audio system, and chromotherapy lighting for an enhanced relaxation experience.



Image: Front view of the Dynamic Hemming 2 Person Infrared Corner Sauna, showcasing its wooden construction and glass door.

IMPORTANT SAFETY INSTRUCTIONS

Read all instructions before using this sauna. Failure to follow these instructions may result in injury or damage.

- **Electrical Safety:** The sauna requires a dedicated 15 amp, 110-volt outlet. Do not use extension cords or multi-outlets. Ensure the power cord is not pinched or damaged.
- **Placement:** Install the sauna on a level, stable surface. It can be placed on carpet or any indoor location, including basements, garages, master baths, or walk-in closets, provided there is adequate ventilation.
- **Temperature Limits:** Do not exceed recommended operating temperatures (typically 120-130°F). Prolonged exposure to high temperatures can be harmful.
- **Hydration:** Drink plenty of water before, during, and after sauna use to prevent dehydration.
- **Medical Conditions:** Consult a physician before use if you have any medical conditions, are pregnant, or are taking medication. Discontinue use immediately if you feel dizzy, nauseous, or unwell.

- **Children and Pets:** Keep children and pets away from the sauna during operation.
- **Flammable Materials:** Do not place flammable materials inside or near the sauna.

PACKAGE CONTENTS

Verify that all components are present and undamaged before beginning assembly. If any parts are missing or damaged, contact customer support.

- Front Panel with Door
- Side Panels (Left and Right)
- Back Panel
- Roof Panel
- Floor Panel
- Bench Seat
- Control Panel (Internal and External)
- Infrared Carbon Energy Efficient Heating Panels (7 total)
- Audio System (FM CD Radio with MP3 aux connection and speakers)
- Chromotherapy Lights with Remote Control
- Hardware Kit (screws, latches, etc.)
- User Manual

SETUP AND ASSEMBLY

Assembly of the Dynamic Hemming Sauna is designed to be straightforward, typically taking less than one hour with two people. The sauna utilizes a latch-in-place design for easy construction. A powered screwdriver with a #2 Phillips bit is recommended for securing the bench and other components.

1. **Unpacking:** Carefully unpack all components. Inspect for any shipping damage. Keep packaging materials until assembly is complete.
2. **Panel Assembly:** Connect the side and back panels using the integrated latch system. Ensure panels are properly aligned and latches are securely fastened. Some latches may require firm pressure to close.
3. **Bench Installation:** Position the bench seat inside the sauna. Secure it using the provided screws and an electric drill.
4. **Door Installation:** Attach the front panel with the door. Note that the door is typically designed to open from the left. Ensure proper alignment for smooth operation.
5. **Roof Panel Placement:** Carefully place the roof panel on top of the assembled walls. Ensure all electrical connections for the roof-mounted components (lights, speakers) are properly routed and connected.
6. **Control Panel & Audio System:** Install the internal and external control panels. For the audio system, remove any transit screws from the CD player mechanism before installation. Connect the speakers and MP3 aux input.
7. **Electrical Connection:** Plug the sauna into a dedicated 15 amp, 110-volt outlet. No special wiring is required.

Exterior Dimensions:
W: 47.7" x D: 49.1" x H: 76"

Interior dimensions
W: 43.6" x D: 46.8" x H: 68"

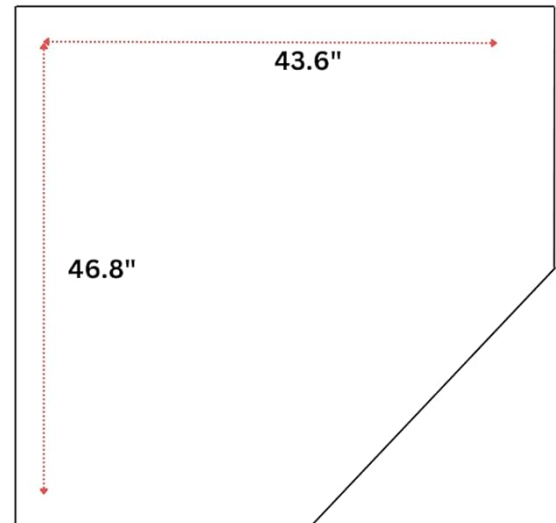
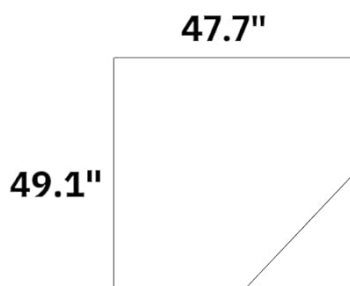


Image: Diagram showing the exterior and interior dimensions of the Dynamic Hemming 2 Person Infrared Corner Sauna.

OPERATION

Your Dynamic Hemming Sauna is equipped with dual soft-touch control panels (internal and external) for convenient operation, an integrated audio system, and chromotherapy lighting.

Sauna Controls

- **Power On/Off:** Press the power button on either control panel to turn the sauna on or off.
- **Temperature Setting:** Use the temperature up/down buttons to set your desired temperature. The LED display will show the current and set temperatures. The sauna operates most effectively at around 120°F, but can reach up to 130°F.
- **Time Setting:** Use the time up/down buttons to set the duration of your session. Sessions typically range from 20 to 45 minutes.
- **Preheating:** For optimal results, turn on the sauna 15-20 minutes before your session to allow it to preheat to the desired temperature.

Audio System

The built-in FM CD Radio with MP3 aux connection and Bluetooth speakers allows you to enjoy your favorite music during your sauna session.

- **FM Radio:** Tune to your preferred radio stations using the controls on the audio unit.
- **CD Player:** Insert an audio CD into the CD slot.
- **MP3 Aux Connection:** Connect your external audio device (e.g., smartphone, MP3 player) to the MP3 aux input using a standard 3.5mm audio cable.
- **Bluetooth:** Pair your Bluetooth-enabled device with the sauna's audio system to stream music wirelessly. Refer to the audio system's specific instructions for pairing.



Image: Close-up view of the sauna's control panel, Bluetooth speakers, and MP3 auxiliary connection.

Chromotherapy Lighting

Enhance your sauna experience with the integrated chromotherapy lights, controlled by a dedicated remote.

- **Activation:** Use the provided remote control to turn the chromotherapy lights on/off and select desired colors or modes.
- **Remote Control:** The remote control is infrared and requires direct line-of-sight to the receiver for optimal functionality.



Image: The sauna interior illuminated by chromotherapy lights, with an inset showing the remote control and various color options.

MAINTENANCE

Regular maintenance will ensure the longevity and optimal performance of your Dynamic Hemming Sauna.

- **Cleaning the Interior:** Wipe down the interior wood surfaces with a clean, damp cloth after each use. For deeper cleaning, use a mild, non-toxic wood cleaner. Avoid harsh chemicals or abrasive materials that could damage the wood.
- **Cleaning the Exterior:** Dust the exterior surfaces regularly with a soft, dry cloth.
- **Heating Panels:** The Carbon Energy Efficient heating panels do not require replacement. Keep them free from dust and obstructions. Do not spray water directly onto the panels.
- **Bench Care:** If sweat accumulates on the bench, wipe it clean immediately. Consider placing a towel on the bench during use for hygiene and to absorb sweat.
- **Ventilation:** Ensure adequate airflow around the sauna to prevent moisture buildup.

- **Storage:** If storing the sauna for an extended period, ensure it is clean, dry, and stored in a climate-controlled environment.

TROUBLESHOOTING

This section addresses common issues you might encounter with your sauna. For problems not listed here, contact customer support.

Problem	Possible Cause	Solution
Sauna does not power on.	No power to the unit; power cord not fully plugged in; circuit breaker tripped.	Ensure the power cord is securely plugged into a dedicated 15 amp, 110-volt outlet. Check your household circuit breaker and reset if tripped.
Sauna not heating or not reaching desired temperature.	Temperature setting too low; session time expired; heating panels obstructed or damaged.	Increase the temperature setting on the control panel. Extend the session time. Ensure heating panels are clear of obstructions. If issue persists, contact support.
Audio system not working.	Audio unit not powered; incorrect input selected; device not paired (Bluetooth); volume too low.	Ensure the audio unit is powered on. Select the correct input source (FM, CD, Aux, Bluetooth). Check Bluetooth pairing. Increase volume.
Chromotherapy lights not working.	Remote control battery low; remote not pointed correctly; light connection loose.	Replace remote control batteries. Point the remote directly at the light receiver. Check light connections on the roof panel.
Door does not close properly.	Sauna not level; door hinges misaligned.	Ensure the sauna is on a level surface. Adjust door hinges if necessary.

SPECIFICATIONS

- **Model:** AMZ-DYN-6225-02
- **Capacity:** 2 Person
- **Exterior Dimensions (WDH):** 49" x 48" x 76" (124.5 cm x 122 cm x 193 cm)
- **Interior Dimensions (WDH):** 43" x 45" x 68" (109 cm x 114 cm x 173 cm)
- **Item Weight:** 345 pounds (156.5 kg)
- **Material:** Reforested Canadian Hemlock Wood
- **Heating Elements:** 7 Low EMF Infrared Carbon Energy Efficient Heating Panels
- **Electrical Requirements:** 120V, 15 Amp dedicated outlet
- **Operating Temperature:** Up to 130°F (54°C), optimal at 120°F (49°C)
- **Audio System:** FM CD Radio with MP3 Aux Connection, Bluetooth Speakers
- **Lighting:** Chromotherapy Lights with Remote Control

WARRANTY AND SUPPORT


For specific warranty details regarding your Dynamic Hemming 2 Person Infrared Corner Sauna, please refer to the warranty card included with your product or contact the manufacturer directly. Warranty terms typically cover manufacturing defects and component failures under normal use.

For technical support, replacement parts, or any inquiries not covered in this manual, please contact Dynamic

Saunas customer service. Have your model number (AMZ-DYN-6225-02) and purchase date ready when contacting support.

Manufacturer: Golden Designs Inc.

Related Documents

	<p>Dynamic Saunas Owner's Manual: DYN6101, DYN6102, DYN6106, DYN6109, DYN9101, DYN9102, DYN9106</p> <p>Comprehensive owner's manual for Dynamic Saunas, covering assembly, operation, maintenance, and safety instructions for 1-2 person infrared saunas. Includes information on infrared ray technology and benefits.</p>
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