

[Manuals.plus](#) /

> [Sunbeam](#) /

> Sunbeam Heating Pad for Pain Relief | Model 000910-715-000U User Manual

Sunbeam 000910-715-000U

Sunbeam Heating Pad for Pain Relief | Model 000910-715-000U

User Instruction Manual

INTRODUCTION

Thank you for choosing the Sunbeam Heating Pad. This device is designed to provide targeted heat or cold therapy for muscle pain relief. Its adjustable and portable design makes it suitable for various body areas, including the lower back, legs, and shoulders. Please read this manual thoroughly before use to ensure safe and effective operation.

IMPORTANT SAFETY INSTRUCTIONS

WARNING: To reduce the risk of burns, electric shock, fire, and personal injury, this product must be used in accordance with the following instructions:

- Do not use while sleeping.
- Do not use on an infant.
- Do not use on a person with diabetes, paralysis, or sensitive skin.
- Do not use on a person who is unconscious or incapacitated.
- Do not use on areas of insensitive skin.
- Do not use with liniments, salves, or ointments, especially those containing heat-producing ingredients, as skin burns could result.
- Never pull this pad by the supply cord.
- Do not use pins or other metallic means to fasten this pad.
- Do not sit on, lean against, or crush the pad.
- Do not fold or crease the pad during use.
- Do not use this pad in an oxygen-enriched environment or near equipment that stores or emits oxygen.
- Always unplug the pad when not in use.
- Inspect the pad before each use. Discard if any signs of deterioration, such as cracking, blistering, or fraying, are evident.
- This pad is not intended for medical use in hospitals.
- Do not use this pad with a generator, power inverter, or DC to AC converter.

SAVE THESE INSTRUCTIONS.

PRODUCT COMPONENTS



Figure 1: Sunbeam Heating Pad with controller and adjustable straps.

- **Heating Pad:** Soft fabric pad for heat or cold therapy.
- **Detachable Controller:** Allows selection of heat settings.
- **Adjustable VELCRO® Brand Straps:** For securing the pad to various body areas.
- **Removable Hot/Cold Gel Pack:** For cold therapy or portable heat therapy (without electrical connection).
- **Power Cord:** 9-foot cord for electrical connection.

SETUP AND PREPARATION

1. **Unpack:** Carefully remove the heating pad and all components from the packaging.
2. **Inspect:** Before first use, inspect the pad for any damage or defects. Do not use if damaged.
3. **Connect Controller:** Ensure the detachable controller is securely connected to the heating pad.
4. **Positioning the Pad:**
 - Place the heating pad on the desired body area.
 - Use the adjustable VELCRO® Brand straps to secure the pad comfortably. The straps can extend up to 70 inches.



Figure 2: Adjusting the VELCRO® Brand straps for a secure fit.

5. **Power Connection:** Plug the 9-foot power cord into a standard electrical outlet.

OPERATING INSTRUCTIONS

A. Heat Therapy (Electric Use)

1. **Power On:** With the pad plugged in, press the power button on the detachable controller to turn the unit on.
2. **Select Heat Setting:** Use the control buttons to choose from the 5 available heat settings. Start with the lowest setting and gradually increase to a comfortable level.
3. **Application:** Apply the heated pad to the desired area. The pad is designed to conform to the body for effective heat transfer.
4. **Auto-Off Feature:** The heating pad features a 2-hour auto-off function for safety. The unit will automatically power down after approximately two hours of continuous use.
5. **Power Off:** To turn off manually, press the power button on the controller. Always unplug the unit from the electrical outlet when not in use.



Figure 3: Using the heating pad for back pain relief.



Figure 4: The heating pad can also be used on other body parts like the leg.

B. Cold Therapy (Portable Use)

1. **Prepare Gel Pack:** Place the removable hot/cold gel pack in a freezer for at least 2 hours to chill thoroughly.
2. **Insert Gel Pack:** Open the pocket on the heating pad and insert the chilled gel pack.
3. **Application:** Secure the pad with the gel pack to the desired area using the VELCRO® Brand straps.
4. **Duration:** Use for recommended cold therapy durations. Do not apply cold therapy for extended periods without consulting a healthcare professional.



Figure 5: Inserting the removable gel pack for cold therapy.

CARE AND MAINTENANCE

- **Cleaning the Pad:** The soft fabric pad is fully machine washable.
 - a. Disconnect the controller from the pad.
 - b. Machine wash on a gentle cycle with mild detergent in cold water.
 - c. Tumble dry on low heat or air dry. Ensure the pad is completely dry before reconnecting the controller and using.
 - d. Do not bleach, iron, or dry clean the pad.
- **Cleaning the Controller:** Wipe the controller with a damp cloth. Do not immerse the controller in water.
- **Storage:** Store the heating pad in a cool, dry place. Do not wrap the cord tightly around the controller or pad, as this can damage the cord.

TROUBLESHOOTING

Problem	Possible Cause	Solution
---------	----------------	----------

Problem	Possible Cause	Solution
Pad does not heat up.	Not plugged in correctly. Controller not securely connected. Auto-off feature activated. Unit malfunction.	Ensure power cord is firmly plugged into a working outlet. Check that the detachable controller is fully inserted into the pad's connector. If the unit turned off automatically, unplug from the wall, reconnect the controller (if detached), then plug back in to reset. If issues persist, contact customer support.
Pad heats unevenly.	Pad is folded or creased during use.	Ensure the pad is laid flat and not folded or creased during operation.
Controller display is off.	Unit is off or unplugged. Auto-off feature activated.	Press the power button to turn on. Check power connection. Unplug and replug to reset if auto-off was activated.

SPECIFICATIONS

Brand	Sunbeam
Model Number	000910-715-000U
Product Dimensions	16 x 7.62 x 26.67 cm (Packaging); Pad size: 11-Inch x 21-Inch
Item Weight	454 g
Material	Soft Fabric
Color	Blue
Heat Settings	5
Auto-Shutoff	2 Hours
Cord Length	9 feet
Wattage	55 watts



Figure 6: Product packaging illustrating key features and dimensions.

WARRANTY AND CUSTOMER SUPPORT

For warranty information or customer support, please refer to the warranty card included with your product or visit the official Sunbeam website. Keep your purchase receipt as proof of purchase for any warranty claims.

Online Support: www.sunbeam.com

