

Sencor SBS 7000

Sencor SBS 8000BK Electronic Personal Scale

Instruction Manual

INTRODUCTION

Thank you for choosing the Sencor SBS 8000BK Electronic Personal Scale. This manual provides important information regarding the proper use, setup, maintenance, and troubleshooting of your new scale. Please read this manual thoroughly before using the device and keep it for future reference.

SAFETY INFORMATION

Always observe the following safety precautions to ensure safe operation and to prevent injury or damage to the device:

- Do not use the scale on wet or slippery surfaces. Ensure the scale is placed on a firm, flat surface.
- Do not jump on the scale. Step on and off gently.
- Keep the scale away from water and high humidity.
- Do not use the scale if you have a pacemaker or other internal medical device.
- This scale is intended for household use only and not for medical or commercial purposes.
- Keep batteries out of reach of children.
- Do not mix old and new batteries, or different types of batteries.

Warning: The product packaging may contain information different from that shown on our website. Please always read the label, warnings, and instructions provided on the product before using or consuming it.

PRODUCT FEATURES

The Sencor SBS 8000BK scale offers advanced features for comprehensive body analysis:

- Ultra-slim design (22 mm).
- Measurement range for body fat: 3% to 50% (0.1% sensitivity).
- Measurement range for body water: 25% to 75% (0.1% sensitivity).
- Measurement range for muscle mass: 25% to 75% (0.1% sensitivity).
- Measurement range for bone mass: +/- 10 kg.

- Memory for 8 individual users.
- Automatic user identification.

SETUP

1. Unpacking and Battery Installation

Carefully remove the scale from its packaging. Locate the battery compartment on the underside of the scale.



This image displays the Sencor SBS 8000BK electronic personal scale. It features a sleek black glass surface with silver trim. The digital display shows readings for weight (e.g., 74.8 kg) and body composition percentages (e.g., 62.8% muscle). Below the display are 'SET' and arrow buttons for navigation. The scale has four conductive pads for body composition analysis and a central circular element.

1. Open the battery compartment cover.
2. Insert 2 AAA batteries (included) into the compartment, ensuring correct polarity (+/-).
3. Close the battery compartment cover securely.

2. Initial Placement

Place the scale on a hard, flat, and stable surface. Avoid carpets or uneven floors, as this may affect accuracy.

OPERATING INSTRUCTIONS

1. Taking a Weight Measurement

1. Gently tap the center of the scale with your foot to activate it. The display will show "0.0 kg".
2. Step onto the scale barefoot, ensuring your feet are positioned on the conductive pads. Stand still until your

weight reading stabilizes.

3. The scale will automatically turn off after a few seconds of inactivity.

2. Setting Up User Profiles (for Body Composition Analysis)

The scale can store data for up to 8 users. To get accurate body composition readings (fat, water, muscle, bone), you need to set up a user profile.

1. With the scale off, press the "SET" button. The display will show "P01" (User 1).
2. Use the arrow buttons (◀/▶) to select a user number (P01-P08). Press "SET" to confirm.
3. Set your gender (Male/Female) using the arrow buttons. Press "SET".
4. Set your height (cm) using the arrow buttons. Press "SET".
5. Set your age (years) using the arrow buttons. Press "SET".
6. The scale is now ready for your first body composition measurement.

3. Taking Body Composition Measurements

1. Step onto the scale barefoot. The scale will automatically identify you based on your previous weight and profile data.
2. Stand still. The display will first show your weight, then cycle through body fat percentage, body water percentage, muscle mass percentage, and bone mass.
3. Wait for all readings to be displayed before stepping off.

MAINTENANCE

Cleaning

- Wipe the scale surface with a soft, damp cloth.
- Do not use abrasive cleaners or chemical solvents.
- Ensure the scale is completely dry before storage or next use.

Storage

- Store the scale in a cool, dry place.
- Avoid storing it vertically or with heavy objects on top.

TROUBLESHOOTING

Problem	Possible Cause	Solution
"Lo" displayed	Low battery.	Replace batteries (2 AAA).
"Err" displayed	Overload or unstable measurement.	Ensure weight is within limit (180 kg). Step off and re-weigh on a stable surface.
Inaccurate readings	Scale on uneven surface, or not calibrated.	Place on a hard, flat surface. Tap to activate, wait for "0.0 kg", then weigh. For body composition, ensure bare feet are on electrodes.

Problem	Possible Cause	Solution
Body composition not displayed	Feet not making proper contact with electrodes, or user profile not set.	Ensure bare feet are centered on the electrodes. Set up a user profile as per instructions.

SPECIFICATIONS

Feature	Detail
Product Dimensions	32 x 32 x 2.1 cm
Product Weight	2.14 kg
Weight Limit	180 kg
Display Type	LCD
Power Source	2 x AAA batteries (included)
Body Fat Measurement Range	3% to 50% (0.1% sensitivity)
Body Water Measurement Range	25% to 75% (0.1% sensitivity)
Muscle Mass Measurement Range	25% to 75% (0.1% sensitivity)
Bone Mass Measurement Range	+/- 10 kg
User Memory	8 persons
Automatic User Identification	Yes

WARRANTY AND SUPPORT

The Sencor SBS 8000BK Electronic Personal Scale comes with a **2-year warranty** from the date of purchase.




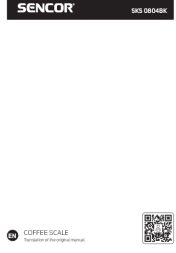


This warranty covers manufacturing defects and material faults under normal use.

For warranty claims, technical support, or any questions regarding your product, please contact Sencor customer service. Refer to the contact information provided on the product packaging or the official Sencor website.

Online Support: Visit the official Sencor website for FAQs, product registration, and additional support resources.

You can also visit the [Sencor Store on Amazon](#) for more product information.

Related Documents - SBS 7000

	<p>SENCOR SBS 9102BK Smart Personal Fitness Scale - Your Health Companion</p> <p>Discover the SENCOR SBS 9102BK Smart Personal Fitness Scale, a sophisticated device for tracking your body composition. Monitor weight, body fat, muscle mass, bone mass, and water percentage with seamless Bluetooth connectivity to the SENCOR HOME app for detailed health insights.</p>
	<p>SENCOR SBS 8002BK Smart Personal Fitness Scale: User Manual and Instructions</p> <p>User's manual for the SENCOR SBS 8002BK Smart Personal Fitness Scale. Provides detailed instructions on setup, safe usage, body composition analysis, Bluetooth connectivity with the SENCOR HOME app, troubleshooting, error codes, maintenance, and technical specifications.</p>
	<p>Sencor SES 8000BK Fully Automatic Espresso/Cappuccino Machine User Manual</p> <p>Comprehensive user manual for the Sencor SES 8000BK Fully Automatic Espresso/Cappuccino Machine, covering setup, operation, maintenance, and troubleshooting.</p>
	<p>SENCOR SKS 0804BK Coffee Scale User Manual</p> <p>Comprehensive user manual for the SENCOR SKS 0804BK Coffee Scale, detailing features like its integrated timer, tare function, and precise weighing capabilities for household use. Includes safety, operation, and troubleshooting guidance.</p>
	<p>Sencor Scooter K5 User Manual: Assembly, Operation, and Safety Guide</p> <p>Comprehensive user manual for the Sencor Scooter K5 electric scooter. This guide provides detailed instructions on assembly, safe operation, maintenance, technical specifications, and warranty information.</p>
	<p>SENCOR Kitchen Scale User Manual - SKS Series</p> <p>Comprehensive user manual for SENCOR kitchen scales, models SKS 5020WH through SKS 5028RS. Includes safety guidelines, operating instructions, maintenance, troubleshooting, and technical specifications.</p>