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## Fossil ME1144

# Fossil Men's Grant Quartz Analog Watch ME1144

Instruction Manual

## 1. INTRODUCTION

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Thank you for choosing the Fossil Grant Quartz Analog Watch, Model ME1144. This manual provides essential information for the proper setup, operation, and maintenance of your timepiece. Please read these instructions carefully to ensure optimal performance and longevity of your watch.



A close-up view of the Fossil Grant ME1144 men's watch, featuring a dark dial with Roman numerals, three sub-dials, and a brown leather strap.

## 2. SETUP AND INITIAL ADJUSTMENT

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### 2.1 Setting the Time

1. Pull the crown (the small knob on the side of the watch) out to its outermost position.
2. Rotate the crown clockwise or counter-clockwise to move the hands until the correct time is displayed.
3. Once the time is set, push the crown back into its normal operating position.

### 2.2 Setting the Date

Your Fossil Grant ME1144 watch includes a date display. Please note that the date numbers are small and only even numbers are typically visible, which may require careful reading.

1. Gently pull the crown out to its first click position (half-pull).
2. Rotate the crown in one direction (usually clockwise) to advance the date until the desired date is shown. The date can only be changed in one direction.
3. To set the day of the week (if applicable to your specific dial configuration), you will need to rotate the time hands forward until the correct day is displayed. This also moves in one direction.

4. After setting the date (and day), push the crown back into its normal operating position.



An annotated image of a Fossil Grant watch dial, highlighting key features such as Roman numerals, stainless steel case, and luminous hands.

### 3. OPERATING YOUR WATCH

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Your Fossil Grant ME1144 is a quartz analog watch, designed for reliable timekeeping. The watch features a standard three-hand movement (hour, minute, second) and sub-dials for additional functions, typically a 24-hour indicator, day of the week, and date display.

#### 3.1 Water Resistance

This watch has a water resistance rating of 50 meters (5 ATM). This means it is suitable for short periods of recreational swimming. It is not recommended for diving, snorkeling, or high-impact water sports. Avoid operating the crown or pushers while the watch is wet to prevent water intrusion.

### 4. MAINTENANCE AND CARE

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#### 4.1 Cleaning Your Watch

- For the case and crystal, use a soft, damp cloth to wipe away dirt and smudges. Avoid harsh chemicals or abrasive materials.
- For the leather strap, wipe with a dry, soft cloth. Avoid prolonged exposure to water, direct sunlight, and extreme temperatures, as these can damage the leather.

#### 4.2 Battery Replacement

The watch is powered by a single product-specific battery. When the watch stops running, it indicates that the battery needs replacement. It is recommended to have the battery replaced by a qualified watch technician to ensure proper sealing and maintain water resistance.

#### 4.3 Storage

When not wearing your watch, store it in a cool, dry place, away from direct sunlight and strong magnetic fields. The original Fossil tin box can be used for safe storage.



A display of several colorful Fossil watch tins, suitable for watch storage and protection.

## 5. TROUBLESHOOTING

- **Watch Not Running:** Check if the crown is fully pushed in. If it is, the battery may need replacement.
- **Date Not Changing:** Ensure the crown is in the correct position for date adjustment (first click). If the date is stuck, try advancing the time past midnight to see if it changes.
- **Condensation Under Crystal:** This may indicate a loss of water resistance. Avoid further water exposure and seek professional service immediately.

## 6. SPECIFICATIONS

Feature	Specification
Model Number	ME1144
Brand	Fossil
Display Type	Analog
Movement Type	Quartz
Power Source	Battery Powered (1 specific product battery included)
Case Material	Stainless Steel
Case Diameter	44 Millimeters
Case Thickness	12 Millimeters
Dial Window Material	Mineral
Band Material Type	Leather
Band Width	22 Millimeters
Band Color	Brown
Clasp Type	Buckle

Feature	Specification
Water Resistance Depth	50 Meters (5 ATM)
Item Shape	Round
Product Dimensions	7 x 9 x 9 cm; 93 grams



The Fossil Grant ME1144 watch displayed with its classic brown leather strap, showcasing the watch's elegant design.



An array of Fossil watch straps, including leather and silicone options, demonstrating the variety available for customization.

## 7. WARRANTY AND SUPPORT

For warranty information, service, or support inquiries regarding your Fossil Grant ME1144 watch, please refer to the official Fossil website or contact Fossil customer service directly. Keep your proof of purchase for any warranty claims.

Official Fossil Website: [www.fossil.com](http://www.fossil.com)