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› BestMassage Portable Massage Table (28-inch, 2-Folding) Instruction Manual

BestMassage Massage Bed Portable Massage Table

BestMassage Portable Massage Table Instruction Manual

MODEL: 28-INCH WIDE, 2-FOLDING

1. Introduction

Thank you for choosing the BestMassage Portable Massage Table. This manual provides essential information for the safe and effective use, setup, operation, and maintenance of your new massage table. Designed for portability and comfort, this table is ideal for various professional and personal uses, including massage, lash services, spa treatments, foot massages, facial care, and tattoo work.

Please read this manual thoroughly before initial use and retain it for future reference.

2. Safety Information

- **Maximum Weight Capacity:** The massage table has a maximum weight capacity of 450 lbs. Do not exceed this limit to prevent injury or damage to the table.
- Always follow the manufacturer's assembly instructions for safe use.
- Ensure all legs and support cables are securely locked in place before use.
- Distribute weight evenly on the table. Avoid concentrating weight on a single point.
- Keep children and pets away from the table during setup, use, and folding.
- Do not use the table on uneven or unstable surfaces.
- Inspect the table regularly for any signs of wear, damage, or loose components. Discontinue use if any issues are found.

3. Package Contents

Your BestMassage Portable Massage Table package should include the following items:

- 1 x Portable Massage Table (2-folding)
- 1 x Adjustable Headrest/Face Cradle

- 2 x Side Armrests
- 1 x Carrying Case (Oxford Bag)
- 1 x Face Hole Plug

4. Setup Instructions

Setting up your BestMassage Portable Massage Table is a simple process that requires no tools.

1. **Unfolding the Table:** Place the folded massage table on its side on a flat, stable surface. Unfasten the side latches. Gently open the table from the middle, allowing the legs to automatically unfold and fall into place.
2. **Securing the Legs:** Ensure all four legs are fully extended and the support cables are taut. The legs should lock securely into position.
3. **Adjusting Height:** The table height can be adjusted from 24 inches to 34 inches. To adjust, loosen the knobs on each leg, extend or retract the leg to the desired height, and then securely tighten the knobs. Ensure all legs are adjusted to the same height for stability.
4. **Installing the Headrest:** Locate the headrest attachment points at one end of the table. Insert the headrest bars into the designated holes. Adjust the angle of the headrest for optimal client comfort using the adjustment lever.
5. **Attaching Armrests:** Insert the metal rods of the side armrests into the holes located on the sides of the table near the headrest. Ensure they are firmly in place.
6. **Face Hole Plug:** If the headrest is not in use, you can insert the face hole plug into the opening on the table for a flat surface.



Image: The BestMassage Portable Massage Table fully unfolded with the headrest and armrests attached, ready for use.



01. ←

0–90°

Headrest adjustable

02. →

Hand pallet

Humanized



03. ←

Soft armrest

Increase comfortability



Image: A detailed view showing the installation of the adjustable headrest and side armrests into the table's designated slots.

Your browser does not support the video tag.

Video: This video demonstrates the unfolding process of the BestMassage Portable Massage Table and the installation of its accessories, including the headrest and armrests.

5. Operating Instructions

Once assembled, your massage table is ready for use. Ensure the client is positioned comfortably and safely on the table.

- **Client Positioning:** Guide the client to lie down gently on the table. If using the headrest, ensure their face is comfortably positioned in the face cradle.
- **Headrest Adjustment:** The headrest can be adjusted to various angles to accommodate different client preferences and body types. Use the lever beneath the headrest to lock it into the desired position.
- **Armrest Use:** The side armrests provide additional comfort and support for the client's arms during treatments.

450 LBS

Large Weight Capacity

24"-34"

Adjustable height



Image: This image illustrates the adjustable height range (24" to 34") and the robust 450 lbs weight capacity of the massage table.

6. Maintenance

Proper maintenance will extend the life of your massage table.

- **Cleaning:** The table is covered in durable PU leather, which is soft and easy to clean. Wipe the surface with a dry cloth after each use. For deeper cleaning, use a mild soap and water solution, then wipe dry immediately. Avoid harsh chemicals or abrasive cleaners.
- **Inspection:** Regularly check all moving parts, hinges, cables, and leg adjustments for wear or damage. Ensure all screws and bolts are tight.
- **Storage:** When not in use, fold the table and store it in its carrying case to protect it from dust and damage.



01. ←

Easy to carry

Light weight

02. →

Oil & Water-proof

Easy to clean



03. ←

Carrying Handle

Portable

Image: This image highlights the table's portability with a carrying handle and its oil and water-proof surface for easy cleaning.

7. Folding and Storage

To fold your massage table for transport or storage:

1. **Remove Accessories:** Detach the headrest and side armrests. If applicable, remove the face hole plug.
2. **Collapse Legs:** Gently lift one side of the table. The legs will begin to fold inward. Guide them carefully until they are fully collapsed against the underside of the table. Repeat for the other side.
3. **Fold Table:** Bring the two halves of the table together, ensuring all internal components (like the headrest and armrests) are securely stored within the folded sections to prevent damage. Fasten the side latches to keep the table closed.
4. **Use Carrying Case:** Place the folded table into the Oxford carrying bag. The bag features an adjustable shoulder strap and a side pocket for additional supplies, making it easy to transport.

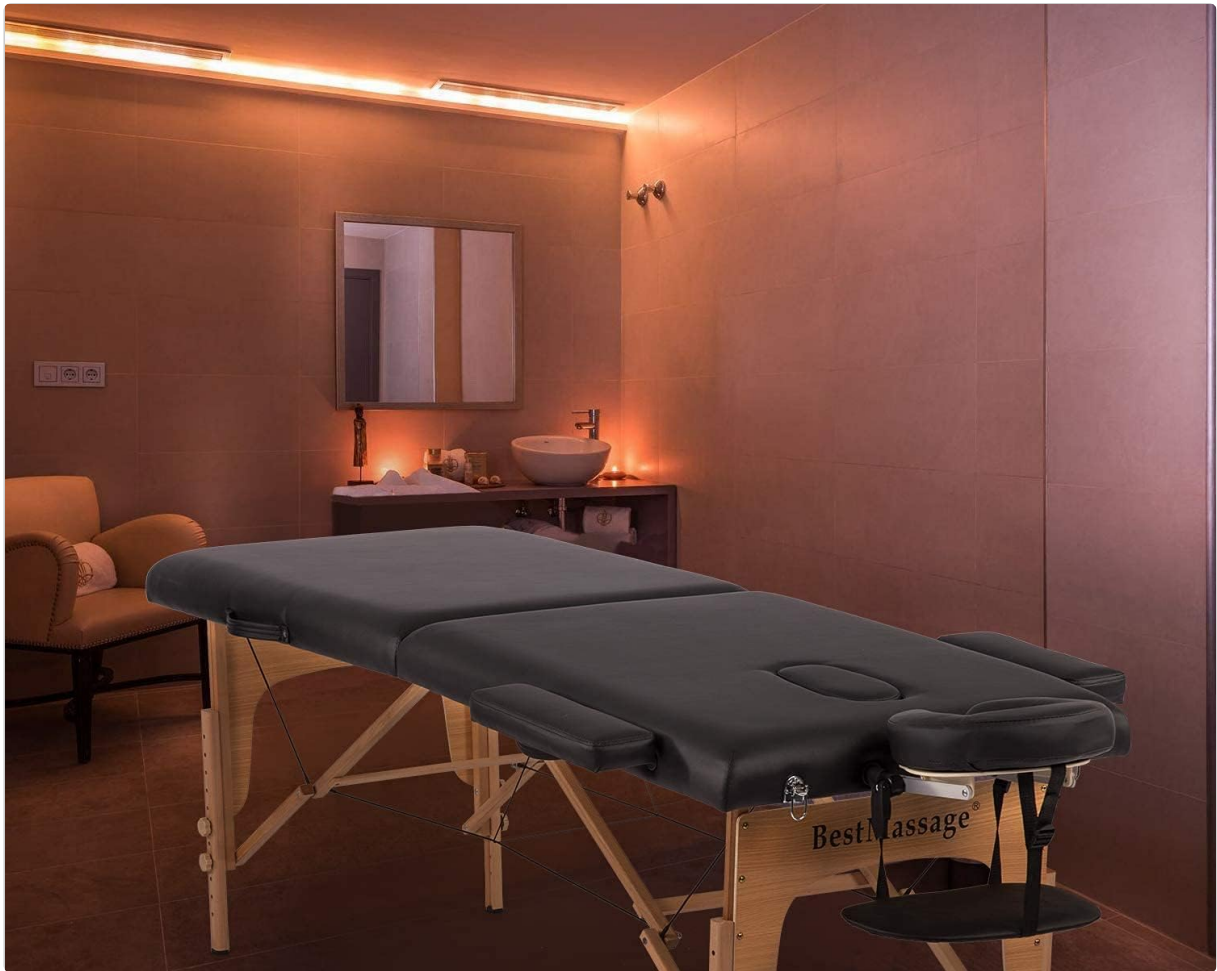


Image: The BestMassage Portable Massage Table shown in its compact, folded state, ready for transport or storage.

Your browser does not support the video tag.

Video: This video provides a detailed demonstration on how to efficiently fold and prepare the portable massage table for storage or transport.

8. Specifications

Feature	Detail
Product Dimensions (Unfolded)	84 x 28 x 34 inches (L x W x H)
Adjustable Height Range	24 inches to 34 inches
Item Weight	34 pounds
Maximum Weight Capacity	450 lbs
Material	Wooden frame, high-density sponge, PU leather upholstery
Folding Type	2-Folding
Color	Black
Product Care Instructions	Wipe with Dry Cloth



Image: Visual representation of the massage table's dimensions, including length (73 in), width (28 in), and adjustable height (24-34 in).

9. Troubleshooting

- **Table feels unstable:**

- Ensure all leg adjustment knobs are securely tightened.
- Verify that the table is placed on a flat, even surface.
- Check that the support cables underneath the table are intact and properly tensioned.

- **Difficulty unfolding/folding:**

- Ensure all accessories (headrest, armrests) are removed before folding.
- When folding, ensure the legs are fully collapsed and tucked inward before bringing the two halves of the table together.
- If the table does not lock open, gently push the legs outwards until they click into place.

- **Accessories do not fit in carrying case:**

- Ensure all accessories are correctly positioned within the folded table's internal compartments before attempting to close the table and place it in the bag.

10. Warranty and Support

For any questions, concerns, or issues regarding your BestMassage Portable Massage Table, please contact the manufacturer's customer support. Refer to your purchase documentation for specific warranty details and contact information.

Always retain your proof of purchase for warranty claims.