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Realspace MFTC 200

Realspace MFTC 200 Multifunction Ergonomic Super Task Chair

Instruction Manual

INTRODUCTION

Thank you for choosing the Realspace MFTC 200 Multifunction Ergonomic Super Task Chair. This manual provides detailed instructions for the assembly, operation, and maintenance of your new chair. Please read this manual thoroughly before assembly and use to ensure proper function and safety.



Image: Front view of the Realspace MFTC 200 chair, showcasing its black mesh back, padded seat, and multiple adjustment levers.

SAFETY INFORMATION

WARNING:

- Do not exceed the maximum weight limit of 250 pounds (113 kg).
- Ensure all bolts and screws are securely tightened before use. Periodically check and re-tighten as necessary.
- Do not stand on the chair.
- Use the chair only for its intended purpose as an office or task chair.
- Keep small parts away from children during assembly.

SETUP AND ASSEMBLY

Assembly of the Realspace MFTC 200 chair typically involves attaching the base, casters, gas lift cylinder, seat, and backrest. While specific steps may vary, the general process is as follows:

1. Unpack all components and verify against the parts list (not provided in this manual, refer to packaging).
2. Insert the casters into the holes at the end of each leg of the chair base. Push firmly until they click into place.
3. Place the gas lift cylinder into the center hole of the chair base.
4. Attach the seat mechanism to the underside of the seat cushion using the provided screws. Ensure the front of the mechanism aligns with the front of the seat.
5. Attach the backrest to the seat mechanism using the provided screws and bolts.
6. Carefully place the assembled seat and backrest onto the gas lift cylinder, ensuring it is securely seated.



Image: The Realspace MFTC 200 chair positioned in a modern home office environment, next to a desk with a laptop and plants, demonstrating its ergonomic design in a functional setting.

OPERATING INSTRUCTIONS

The Realspace MFTC 200 chair offers multiple adjustment features for personalized comfort and support.

Seat Height Adjustment

Locate the lever on the right side, typically the front-most lever. To raise the seat, lift the lever while taking your weight off the seat. To lower the seat, lift the lever while remaining seated.

Seat and Back Tilt Adjustment

The chair features adjustable and lockable tilt for both the seat and back. Use the levers located under the seat to control these functions. One lever typically controls the tilt tension, allowing you to adjust the ease of reclining. Another lever will lock the tilt in your desired position.

Arm Height Adjustment

The armrests are adjustable to alleviate strain on your arms and shoulders. Look for a button or lever on the side of each armrest. Press or lift it to unlock the armrest, then slide the armrest up or down to your preferred

height. Release the button/lever to lock it in place.





Image: A detailed close-up of the adjustment levers located beneath the seat of the Realspace MFTC 200 chair, illustrating the controls for seat height, tilt, and other ergonomic functions.

MAINTENANCE

To ensure the longevity and appearance of your Realspace MFTC 200 chair, follow these simple maintenance guidelines:

- **Cleaning:** Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners, which can damage the mesh and fabric.
- **Inspection:** Periodically inspect all bolts, screws, and moving parts to ensure they are secure and functioning correctly. Re-tighten any loose fasteners.
- **Casters:** Keep casters free of hair and debris to ensure smooth movement.

TROUBLESHOOTING

If you encounter issues with your Realspace MFTC 200 chair, refer to the following common problems and solutions:

- **Chair Sinks or Does Not Hold Height:** This usually indicates an issue with the gas lift cylinder. Ensure the height adjustment lever is not stuck in the 'up' position. If the problem persists, the gas lift may need replacement.
- **Chair Wobbles:** Check all assembly bolts and screws, especially those connecting the seat mechanism to the seat and backrest, and the base to the gas lift. Tighten any loose connections. Ensure the casters are fully inserted into the base.
- **Casters Not Rolling Smoothly:** Remove any hair, dust, or debris that may be caught in the caster wheels. Lubrication is generally not required for office chair casters.
- **Squeaking Noises:** Apply a small amount of silicone spray to moving parts or pivot points if squeaking occurs. Avoid oil-based lubricants on plastic components.

SPECIFICATIONS

Key specifications for the Realspace MFTC 200 Multifunction Ergonomic Super Task Chair:

Feature	Detail
Model Number	MFTC 200
Brand	Realspace

Feature	Detail
Overall Dimensions	41 3/4"H x 26"W x 25 3/16"D (approx. 106H x 66W x 64D cm)
Product Dimensions (packaged)	78.74 x 33.02 x 59.69 cm
Item Weight	41.5 Pounds (approx. 18.82 kg)
Color	Black
Material	Metal frame, Mesh back, Fabric seat
Special Feature	Ergonomic, Multifunction Adjustments
Standards	Meets and/or exceeds ANSI/BIFMA performance standards



Image: A visual comparison illustrating the dimensions of the MFTC 200 chair versus the MFTC 400 (Big & Tall) chair, highlighting differences in overall width, seat width, and base size.

WARRANTY AND SUPPORT

Specific warranty information and customer support contact details are not provided within this manual. Please refer to the product packaging, the retailer's website, or the manufacturer's official website for comprehensive warranty terms and support options.