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## NRS Healthcare M76199

# NRS Healthcare Standard Sero Pressure Cushion User Manual

Model: M76199

## 1. INTRODUCTION

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This manual provides essential information for the proper use, care, and maintenance of your NRS Healthcare Standard Sero Pressure Cushion. Please read these instructions carefully before using the product to ensure safety and optimal performance. Retain this manual for future reference.

## 2. PRODUCT OVERVIEW

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The NRS Healthcare Standard Sero Pressure Cushion is designed to enhance comfort and assist in the prevention of pressure sores for individuals who spend extended periods seated. Its unique design promotes air circulation and even pressure distribution.



Image 1: The NRS Healthcare Standard Sero Pressure Cushion, black, fully assembled.

## 3. FEATURES

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- Reduces numbness when seated for extended periods.
- Assists in relieving pressure points and preventing pressure sores.
- Features a convoluted foam design that allows air to circulate and heat to disperse.
- Constructed from high-quality foam for comfort and durability.
- Complies with Fire Retardancy Regulations BS5852.



Image 2: The cushion with its black cover removed, revealing the convoluted foam interior designed for pressure relief and air circulation.



Image 3: Graphic indicating the cushion is suitable for low-risk pressure care applications.

## 4. SETUP

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1. **Unpack:** Carefully remove the cushion from its packaging.
2. **Inspect:** Check the cushion for any signs of damage or manufacturing defects. Do not use if damaged.
3. **Placement:** Place the cushion on the desired seating surface (e.g., wheelchair, armchair) with the convoluted (wavy) side facing upwards. Ensure it is centered and stable.

## 5. OPERATING INSTRUCTIONS

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To maximize the benefits of your pressure cushion, follow these guidelines:

- **Proper Positioning:** Sit centrally on the cushion, ensuring even weight distribution. Avoid leaning heavily to one side for prolonged periods.
- **Regular Repositioning:** Even with a pressure cushion, it is important to change your sitting position regularly to further reduce pressure on specific areas.
- **Environmental Factors:** Ensure the seating area is free from sharp objects that could damage the

cushion.



Image 4: Close-up side view of the cushion's convoluted foam structure, highlighting its design for comfort and pressure distribution.

## 6. MAINTENANCE

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Proper maintenance ensures the longevity and hygiene of your cushion.

- **Cover Care:** The cushion cover is removable and can be hand washed. Follow the care label instructions. Do not machine wash, tumble dry, iron, or bleach the cover.
- **Foam Care:** The foam insert should not be washed. If it becomes soiled, gently wipe with a damp cloth and mild detergent, then allow to air dry completely away from direct heat or sunlight.
- **Inspection:** Regularly inspect the cushion and cover for any signs of wear, tears, or damage. Replace if significant damage is present.
- **Storage:** Store the cushion in a clean, dry place away from direct sunlight and extreme temperatures.

## 7. TROUBLESHOOTING

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- **Discomfort:** If you experience discomfort, re-adjust your sitting position. Ensure the cushion is correctly placed and not bunched up. If discomfort persists, consult a healthcare professional.
- **Cushion Flattening:** Over time, foam products may show some compression. Ensure the cushion is used within its recommended weight limits. If the cushion loses its supportive properties significantly, consider replacement.
- **Cover Damage:** If the cover is torn or damaged, it should be replaced to protect the foam and maintain hygiene. Contact NRS Healthcare for replacement covers.

## 8. SPECIFICATIONS

Attribute	Detail
Model Number	M76199
Brand	NRS Healthcare
Dimensions (L x W x D)	425mm (16.75") x 410mm (16.14") x 75mm (3")
Material	Foam
Color	Black
Item Weight	0.65 Kilograms (1.43 pounds)
Product Care Instructions	Hand Wash Only (Cover)
Fire Retardancy	Complies with BS5852

## 9. WARRANTY AND SUPPORT

For information regarding warranty, returns, or additional product support, please contact NRS Healthcare directly through their official website or customer service channels. Keep your purchase receipt as proof of purchase.

**NRS Healthcare Contact Information:**

Please refer to the packaging or the official NRS Healthcare website for the most current contact details.