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Brookstone 849265

Brookstone Mobile Sport Massager Instruction Manual

MODEL: 849265

Introduction

The Brookstone Mobile Sport Massager is designed to provide deep, penetrating percussion massage for various muscle groups. Its cordless and compact design allows for convenient use at home or on the go, aiding in muscle pain alleviation and accelerating recovery.





Image: The Brookstone Mobile Sport Massager, a silver-colored, compact, handheld device. It features a rounded massage head designed for percussion therapy and an ergonomic grip for ease of use. The device is shown from a slightly angled top-down perspective, highlighting its sleek design and portable nature.

Important Safety Information

- Always begin using the massager on the lowest speed setting.
- Do not use the massager on broken skin or areas with inflammation.
- Keep the massager away from water to prevent electrical shock.
- Allow the massager to cool down for 15 minutes between uses to prevent overheating.
- Consult a physician before use if you have any medical conditions or are pregnant.
- Do not use the massager for more than 15 minutes at a time.
- Do not overuse or apply excessive pressure to avoid injury.

Package Contents

Verify that all items are present in the package:

- Brookstone Mobile Sport Massager Unit
- Charging Cable
- Instruction Manual (this document)

Setup

Charging the Massager

1. Locate the recharging port on the massager.
2. Connect the charging cable to the massager and a suitable power source.
3. Charge the massager until the LED indicators show it is fully charged.
4. Disconnect the charging cable once charging is complete.

The massager is powered by 1 Lithium Ion battery, which is included and rechargeable.

Operating Instructions

Using the Massager

1. Ensure the massager is fully charged before use.
2. Turn on the massager using the power button.
3. Adjust the speed control to your desired intensity. Start with the lowest setting and gradually increase as comfortable.
4. Hold the massager by its dual-grip design.
5. Target specific areas such as thighs, calves, shoulders, or hips for relief.
6. Move the massager gently over the desired muscle groups. Avoid applying excessive pressure.
7. Do not use for more than 15 minutes at a time.

The massager delivers deep, penetrating percussion massage to help alleviate muscle pain and accelerate muscle recovery.

Maintenance

Cleaning and Storage

- Before cleaning, ensure the massager is turned off and unplugged from any power source.
- Wipe the massager's surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Store the massager in a cool, dry place, away from direct sunlight and moisture.
- Proper storage helps maintain the longevity of the device.

Troubleshooting

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Massager does not turn on or has weak power.	Battery is low or depleted.	Charge the massager fully. Ensure the charging cable is securely connected.
Massager stops working shortly after charging.	Battery issue or internal fault.	Ensure the massager is fully charged. If the issue persists, contact customer support.
Massager feels too heavy or unwieldy.	User preference or prolonged use.	Take breaks during use. Adjust grip or position for comfort.

Specifications

Model Number	849265
Brand	Brookstone
Product Dimensions	6.25 x 3.5 x 6.5 inches
Item Weight	2.15 Pounds (approximately 0.97 kg)
Power Source	Battery Powered (Rechargeable)
Batteries	1 Lithium Ion battery (included)
Massager Form	Massage Wand
Specific Uses	Muscle Relief and Recovery
Product Benefits	Pain Relief, Muscle Therapy
Cordless	Yes
Water Resistance Level	Not Water Resistant
Color	Silver
UPC	883594042102
Date First Available	October 1, 2013

Warranty and Support

For warranty information, technical support, or service inquiries, please refer to the official Brookstone website or contact their customer service department. Keep your purchase receipt for warranty validation.
 Manufacturer: Brookstone Stores, Inc.